

36558 MORAVIAN DRIVE, MT. CLEMENS, MICHIGAN 48043

## CLINTON RIVER RIDERS

President.....Ed Swar  
286-4034  
Vice-President..Sandra Cryderman  
293-0162  
Treasurer.....Tim Woodby  
286-4340  
Secretary.....Denise Cryderman  
949-6218



# DECEMBER/85



### CHRISTMAS PARTY

Our annual CRR Christmas Party will be held Saturday, December 7, at 6:30 p.m. The clubhouse will be available at 6:00 p.m. for those people who wish to assist in setting up the buffet table. Yarmouth Commons is located on Clinton River Rd. just east of Garfield, and the party will be held in the clubhouse located at the front of the subdivision.

If you wish to attend please call Robin Barton at, 979-6857 to help coordinate a dish to pass. Just a reminder to everyone attending the party, you must bring a dish for the buffet table, and BYOB, only pop will be available there.

We hope to see all of our members at the party. The evening promises fun for all; slides of club events, bicycling videos, a visit with Santa, lots of food and plenty of good company. We would like to encourage our new members to attend and come and get to know other club members. We're a friendly bunch, so come on out.

### NEW MEMBERS

We would like to welcome some new members into our club, the Agrusa Family, the Berthelsen Family and Claudia Dominick. We hope to see you at our upcoming events.

### TURKEY TROTTERS

A few of our club members participated in the Thanksgiving Turkey Trot 10K Run. Considering the two inch snowfall the previous night the streets were clear and salted, the temperatures were just above freezing and nearly 3000 runners showed up for the event. Joanne Septembre finished first in her age group with a time of 48:01. Sandra Cryderman finished fifthe in her age group with a time of 56:27 and also brought home a Mr. Turkey turkey breast. Denise Cryderman improved her time considerably over last year with a time of 54:24. And Mike Feldman participated in the one mile fun run.

On New Year's Eve, Little Caesars will again be sponsoring the 16th annual Family Fun Run. There will be a 1 mile run/walk for children 12 and under at 4:00 p.m. and at 4:30 p.m. a 4 mile run/walk open to anyone. Entry forms are available at all Little Caesars. The \$8.00 registration fee for adults and \$5.00 fee for children includes a T-shirt, spaghetti dinner, trophy, and a glass of champagne.

### LMB NEWS

Every year the LMB puts together and publishes the annual Say Yes to Michigan Bicycling Calendar. And our annual BWR touring event has always been listed on the calendar to help publicize our ride. Because of some major changes that were made within the LMB organization, clubs wishing to advertise their events must now pay for their ad. At the meeting we discussed the value of this publicity and voted in favor of funding this advertising expense. The cost will be in the area of \$130 to \$150, depending on the length of our write up. The deadline is Jan. 15, 1986, so Ken Koch and John Edry volunteered to put together a short paragraph.

Also, on the front of this bicycling calendar, there are always pictures of various bicycling events. The LMB is searching for some new photos and is asking for picture donations. Each photo that is chosen will receive a credit line with your name, the name of the event or location of the shot, if it's enclosed. The photos may be color slides, a print preferably, color prints (send a copy negative and a small print), or a black and white print (send a copy negative and a small print).

You must put your name and phone number or your LMB member # on each photo. Include the name of the event and probable date or location of the photo. All materials will be returned, but due to the risk of mailing the originals, copies are suggested. All people that submit a photo, even if it doesn't get used, will receive a copy of the '86 poster printed on hard stock suitable for framing. The deadline for pictures is also Jan. 15, 1986.

For further info call 1-517-372-0432, or 1-517-337-1344  
The League of Michigan Bicyclists  
P.O. Box 16201  
Lansing, Mich. 48901



### WALLEYBALL

The next walleyball will be scheduled on Sat., Dec. 14 from 6:00 to 7:30 p.m. Because of the holiday season, if you are planning on playing walleyball please call Denise at 949-6218 by Dec. 11, so adequate court space can be obtained.

The next walleyball session will not be until the second Saturday in January.

For new members, we play walleyball at the Clinton Racquet Club located on Groesbeck just north of 15 mile. The cost for 1½ hrs. is \$4.00 per person.

### BWR MEETING

There will be no BWR meeting to discuss the disbursement of our funds this month. The meeting will definitely be in January and the committee will present it's ideas for club vote at the Feb. meeting.

SKI SEASON

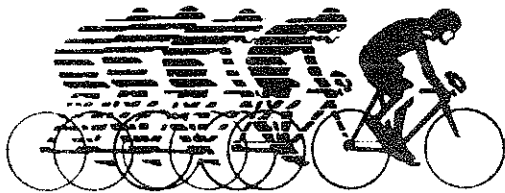
Snow is upon us, which is good news to all skiers. Since most of our bikes are hung up for the year, bring our your cross-country skis and prepare them for some use and abuse. We have tentatively scheduled a few ski outings, but as you know, will only take place if the conditions are right. Namely, snow on the ground.

On Sunday Dec. 22 and Dec. 29, we will start our season out with a trip to Stoney Creek, at the West Branch ski area. If you wish to carpool to the park meet at 16 mile and Van Dyke at the park and ride lot next to the Comerica bank at 8:30 a.m. Or you can meet us at the park at 9:00 a.m.

On Sunday, Jan. 5 we will go to Independence Oaks. A carpool will form on the NW corner at 16 mile and Rochester Road, by Pak-N-Sav at 8:30 a.m. If you wish to have breakfast first, meet at 7:30 at the Big Boys on 16 mile and Rochester. If you wish to drive to Independence Oaks and meet us there, plan on a 9:30 a.m. arrival time.

If you are in question of the weather conditions for any ski outing call Bob Crowley, our ski coordinator at 791-4024.

If anyone has any suggestions for future skiing trips, please bring your ideas to the Jan. meeting.

BIKE RIDE

For all the diehard bicyclists, the Cycling Saddlemen Bicycling Club will sponsor the first bicycling event of the new year, with it's 1986 First Dozen Bicycle Ride. The ride will be in Dearborn, with routes of 12 and 20 miles, at 2:00 p.m., and the registration fee of \$4.00 includes route sheet, coffee, hot chocolate, donuts and patches. Applications are at Pavalats, and the deadline for pre-registration is Dec. 21.

Also Tim and Rose are in the process of planning their annual bike tip to Florida, over the Christmas holidays. Anyone interested in joining them for fun in the sun may call them at 286-4340.

GUEST SPEAKER

We will be having a guest speaker at our February meeting who is a physical therapist and a triathlete. His name is Curt Best. He used to treat the Michigan Panthers when they were in town. He will discussing various aspects of sports injuries and related therapy. This would be a good opportunity to ask the many questions you may have in relation to sports medicine. Let's have a good turnout and make Curt feel welcomed.

MEETING PLACE

Our January meeting will be on Jan. 6 at 7:00 p.m., at the Fraser Library located on 14 mile, west of Utica Rd.

A holiday note from the officers of the Clinton River Riders to all our club members, we wish you a safe and happy holiday season, and wish the best for you and your family. Remember don't drink and drive, buckle up and watch out for the other guy. Merry Christmas, Happy New Year and God Bless everyone.

Your officers,

Ed, Sandra, Tim, and Denise