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The "RAMBLER"

Clinton River Riders Bicycle Club

**November
2006**

This is an early edition of the newsletter in order to get the club's Award's Banquet application out to the members. John Tarantino, Awards chair, says the application needs to be mailed by November 15th. The banquet will be held December 2, Saturday night, at Sajo's of Clinton, 36470 Moravian, off of Garfield - south of 16 Mile Rd. See inside for banquet details and the application.

Also inside, an interesting article on bike crashes that has been generating lots of MichBike email attention as to what needs to be done to correct this problem. Some believe better laws are needed, some believe better education by all is needed. The audience for this type of information always seems to be directed at us cyclists. Too bad it can't make it over to the motor vehicle side where some truly interesting discussions might be generated.

And attention Floridians! Rick Jones informs us via League of American Bicyclists, that Florida has just passed the new three-foot gap law. Motorists must maintain a 3 foot safety gap when passing a bicyclist. Now they just need to be educated about the law.



A couple of former club members were in town October 16th. Dan and Bev Feucht led some fabulous club rides before retiring to Portland Oregon area. Both are doing well. We met them for dinner at Marinelli's where the stories and laughter



CLINTON RIVER RIDERS 2006 WEEKLY RIDE SCHEDULE

| Mondays | Tuesdays | Wednesdays | Thursdays | Fridays | Saturdays | Sundays |
|---|---|------------|---|---|--|--|
| <p><u>7:00 PM</u> CLUB MEETINGS 2nd Monday of the Month</p> <p>Mt Clemens Library (downstairs) 150 Cass Ave just west of Southbound Gratiot on the North side of Cass across from Mt Clemens High School. Refreshments served.</p> | <p><u>9:00 AM</u> <u>Stony Creek Boatr Launch</u></p> <p>Meet TJ Hill for the hardest and fastest mountain bike riding weather permitting. If weather is inclement, meet at Onyx Skate at 10:30 for ice skating. Call TJ 586-293-0162 for more info.</p> | | <p><u>9:00 AM</u> <u>Stoney Creek Boatr Launch</u></p> <p>Meet TJ Hill for mountain bike riding weather permitting. If weather is inclement, meet at Onyx Skate at 10:30 for ice skating. Call TJ 586-293-0162 for more info.</p> | <p><u>8:30 AM</u></p> <p>Meet <u>Bill</u> & Annette Smith for a 40 mile ride at 15-18MPH Call Bill at 248-652-2278 OR email him at bsmith02@comcast.net no later than Wednesday for the ride starting location.</p> | <p><u>9:00 AM</u> <u>Stony Creek West Branch Parking Lot</u></p> <p>Meet T J Hill for a ride at the pace of the slowest rider to unknown destinations (Good beginner ride)</p> <p><u>9:00 AM</u> <u>Schultz Funeral Home 8-1/2 & Gratiot</u></p> <p>Meet for a 25-30 mile ride at a 14-16 mph pace with brakfast afterwards. This ride continues throughout the winter as long as the roads are not icy or snow covered.</p> | <p><u>9:00 AM</u> <u>Stony Creek Boat Launch</u></p> <p>Meet T J Hill for 50 miles mostly dirt road ride with a lunch stop in Lake Orion at about the 30 mile mark.</p> <p><u>10:00 AM</u> <u>Cadieux Café</u></p> <p>Cadieux rd, between Warren and Mack) 30-40 mile ride at an intermediate pace. Usually the pace and route depends on who shows up.</p> |
| | | | <p>CHANGES</p> <p>Call John Tarantino 586-677-0482 or email him at redtandom@aol.com</p> <p>Newsletter changes: Email Bluecyclist@yahoo.com</p> <p>HOTLINE: 586-819-0222 (Press 1 for latest updates)</p> | <p style="text-align: center;"><u>Velodrome Events</u></p> <p>http://www.velodromeat-bloomerpark.com/</p> | | <p><u>Meeting Treat List</u> <u>Volunteers</u></p> <p>Nov—Windhorst's Dec—</p> |

L I G H T S A R E R E Q U I R E D F O R A L L E V E N I N G R I D E S

AVG = Cyclometer Average at end of ride

Ride Leaders should carry cell phones and emergency numbers

MPH = Cyclometer Speed while riding

Birthdays

| Bday | First | Last Name |
|-------|---------|-----------|
| 12/03 | Dave | Rumohr |
| 12/07 | Patrick | Moorman |
| 12/08 | MaryLou | Guisinger |
| 12/08 | Sharon | Wiseman |
| 12/09 | Pete | Sprecher |
| 12/13 | Tom | Harrison |
| 12/14 | Dan | Keifer |
| 12/14 | Bill | Windhorst |
| 12/21 | Tim | Woodby |
| 12/23 | Ray | Danford |
| 12/24 | Sheila | Jones |
| 12/24 | T.J. | Hill |
| 12/26 | Steve | Angst |
| 12/30 | Darlene | Phillips |

JANUARY

12-15, Martin Luther King Weekend—Anyone interested in a Cross Country ski Trip to Sault Ste Marie Canada call Gary Haelewyn 586-286-5094.

DECEMBER

December 15—Awards Banquet—at Sajo's of Clinton, 36470 Moravian, west of Garfield— south of 16 Mile Rd.

Cocktails 6:30 (Cash bar-soft drinks and juice)
Dinner served at 7:30.

Each person will pick 1 of 3 entrees: pecan chicken, broiled salmon or steak marsala that night. Each entree will include soft drinks, coffee or tea, house salad, angel hair pasta and bread. For dessert we have raspberry dream cake.

25 Metro Park passes will be given away and 25 will be sold providing a motion is made and passed at the November meeting. Bring wrapped gifts indicating gender preference.

Questions: Call John or Marilyn Tarantino
(586-850-2485 or 586-350-9633)

Detach and mail with check payable to CRR to:

=====
Julie Windhorst 3160 Barkway Dr., Sterling Heights MI 48310

Name _____

Phone # _____

Number of Adults (\$25.00 each): _____

Children (\$20.00 each ages 5-12): _____

Supported 2006 BWR at:

Include a list of children under 12 and a possible gift for each to be delivered by Santa

NOTE: BWR workers will have their checks returned at the Banquet, no-shows will forfeit their checks providing the club agrees on these terms at the November meeting.

Please be prompt in mailing your reservations. **The deadline is November 15.**

FOR SALE

2006 Specialized Stumpjumper Disc, 17" used. See www.specialized.com for specs. Bought used and have never ridden it. Has some wear...scratches, no dents. Retailed \$1600, asking \$850. Contact Anne @ 248-910-5112, abrabow@yahoo.com or Mark @ 734-788-4455, thunderhorn25@yahoo.com.

1994 Santana Noventa (white) repainted and new components in 2001 \$1,500. Rear 48 spoke wheel 160 mm spacing respoked by Big John in 2001 \$75. Call Steve and Pennie 941-625- 3213 OR Santandem2@yahoo.com for more info

1989 Burley Duet Tandem 6 spd Suntour Accushift Asking \$300 call Donna Menendez 586-783-3119

Message from bikerjane@comcast.net

I know I said at the last meeting that I would still be able to lead the Saturday morning off season rides from Schultz Funeral Home...but now I'm having second thoughts. I don't know if it's the change in weather or I'm doing too much or what...but I'm waking up feeling "crappy" more and more these days. In the now cooler weather, I have all I can do to ride 20 miles at a very slow pace. Throw in some wind and I really get tuckered out in a hurry. It's not a big group, so they could probably do it without a leader... but it's nice to know that someone is in charge., and knows where they're going. I will try to do it when I can... but I'm thinking if 40 degrees is challenging me... I won't be able to go much colder than that.

I'm sorry to have to wimp out like this... it's not easy for me... after all the years of calling many of you "girlie boys" for not riding in the cold! The bad part is that I really loved riding throughout the winter months... and the cold never used to bother me at all!

See you on the ride when it's possible...if not, at the next meeting...

Jane Benard Franks

Attention Floridians!

Rick Jones informs us that Florida has just passed the new 3 foot law which states that motorists must maintain a three-foot gap when passing a bicyclist. They passed the new law because of the many bicycle fatalities from cyclists being hit from behind. Again,

Greetings Everyone,

It's not quite time yet to put away those bikes, but I thought that you might enjoy reading the following article.

SFL International (Ski For Light) is a world wide group that brings cross country skiing to both visually impaired skiers and their potential guides.

People are teamed up for one week culminating in a serious/non-serious race on the final day. This year the event is being held on the east coast.

The event usually attracts about 250 individuals. For further information visit the website WWW.SFL.ORG,

ask me, or both. I can personally say that it is a great deal of fun!!! There is a local weekend of cross country skiing being held this year on January 19-21 as well. All details are on the following page.

Cheers!

Nino Pacini

Recumbent Readers:

WizWheelz Open House Nov. 17th
4525 Stauffer Ave. SE, Suite A, Kentwood, Mi 49508
Time: 3:00 pm - 7:00 pm (test rides 3-5, weather permitting)

Please R.S.V.P.: To Lori by Friday, Nov. 10th
Phone: 800-945-9910
Email: lori@wizwheelz.com

See the new facility
View the new product line and accessories!
Test rides on the new bike path!
Meet all WizWheelz staff!
All Customers, Vendors, Dealers, Family & Friends welcome!
Special End of Year pricing on demo Trikes!



Newsletter Business Advertising Monthly Rates

\$10 Business Card size, \$35 1/4 page size, \$50 1/2 page size, \$100 Full page size

Club members only may send advertisements to bluecyclist@yahoo.com, and a check, payable to Clinton River Riders mailed to Gary Haelwyn 41706 Merrimac Cir, Clinton Twp MI 48038. Up to 6 months can be prepaid.

THE 2007 INTERNATIONAL EVENT COMES TO THE EAST COAST

by Judy Dixon, Event Chair

For the first time in nine years, Ski for Light will be returning to the East Coast for its 2007 event. We are going back to New Hampshire in the heart of beautiful and historic New England with its covered bridges, village greens, and maple syrup. This is a great opportunity for all those in the Eastern part of the country who would like to attend a Ski for Light event close to home and at a nice low altitude.

The North Conway Grand Hotel is the same physical facility that housed us in 1998 but the hotel is under all new management. At our planning meeting in mid-September, we had the opportunity to meet the friendly staff and enjoy the hotel's hospitality of which the North Conway Grand is justifiably proud.

After the devastating fire shortly after our 1998 event, Great Glen Trails has moved its operations to an expanded, completely renovated facility across the road. The trails have been widened and upgraded as well.

In addition to skiing, there are many other activities being considered including sleigh rides, a local folk singer, and, contra dancing. Don't forget, North Conway is the site of a large outlet mall so there's lots of opportunity for that most aerobic of sports, shopping.

Be sure to get your application in soon. We will almost certainly have a waiting list this year so apply as soon as possible. You can apply on the SFL web site: www.sfl.org.

Michigan Regional Ski for Light

January 19-21, 2007

Higgins Lake, Ralph MacMullen Conference Center Roscommon, Michigan

Contact: Jim Ellickson at (989) 224-8288 or E-mail:msfl@msfl.org website: www.msfl.org

DALMAC 2006 Phase Two

At about 5:45 AM I was awakened by the sound of zippers, zipping, that prompted me to begin the get ready ritual. I rolled out of my sleeping bag and struggled up onto my chair. I grabbed the plastic bag with my day 2 clothing allotment and dressed. I removed the big plug from my air mattress then went about stuffing my sleeping bag into its travel bag. I then added to the chorus of zipping as I left my tent and headed for the closest John.

I don't recall if there were Porta-Johns at CMU, however wherever there was a John I went and took care of early morning necessities prior to there being a line to wait thru. With that taken care of I returned to my tent to finish off the disassembly process. One of the best things I have added to my DALMAC kit is a headlamp, as it frees both hands to take care of the preliminary packing. I removed both bags, from inside the tent, as well as the chair and any other items that hadn't found their way into one of the bags.

With thy tent empty it is time to begin the disassembly process. First off is the fly that is soaking wet from dew. Next is stake removal then release of the poles. The poles are extracted and folded then put into their bag along with the stakes. The tent then is folded toward the center then the halves folded into roll up position. Next the wet fly is placed on top of the tent, the pole bag is put at one end then the roll up begins. Eventually the tent is rolled up, tied up and slipped into its bag with a certain degree of difficulty. The tent is then put in the big bag and then it is time to leave the area and head for breakfast. My chair is still up and my bike shoes and helmet are in wait mode.

Off to breakfast I went and passed quickly thru the line. I did not attempt to find any bikers I knew, rather I sat at the closest available space. Whatever they had for breakfast, it was enough to get me thru a big portion of the upcoming ride. I soon returned to my gear area then went about the final preparations. I put on my bike shoes and placed my helmet and goggles on my bike. I packed my chair into the tent bag and stuffed in whatever else there was lying around. I zipped up the bags

then dragged them to the nearest truck.

I then returned to my bike and was ready to go. Whereas the temperature was about 50 degrees at leaving time I wore a long sleeved undershirt then my short sleeved jersey then a long sleeved jersey. I hopped that I would be able to stuff the long sleeved jersey into the back pocket of my short sleeved jersey once the temperature rose adequately. As things came to pass this amount of upper body clothing was just right for riding in my comfort zone, temperature wise.

The group gathered somewhere in the parking lot which is never an exactly timed event. However it is better to be early and have to wait a bit then to be left to fend for yourself against the wind and the miles yet to be ridden. Today I believe Mario and Amy were on one tandem. I believe Mark captained for Nino and I think Mike Samyn captained for Marie. Pat and Anne were there to start with the group after having ridden the first day alone due to last minute repairs needed on the tandem then getting off course right out of the MSU Pavilion area.

Thus it was a high powered group that rolled out of CMU headed west and north with the destination Lake City, some 104.6 miles off, that is if you managed to stay on course throughout the day. So far as I can recall I stayed with the group for 32 Miles to the city of Baryton where the group may have stopped for food or just to pee? I did not stop as I already knew my cork was about to be dislogged, and I had no need to either pee or to eat at that point.

For the next 20 miles I rode mostly alone until reaching the town of Hersey. Unlike day One during my lone ride when I saw only two bikers, today many bikers caught and passed me. I may have made a few attempts to sit on but as the packs were small the draft wasn't great and my guts had somewhat abandoned me. As I pulled into Hersey the Assenmacher pack had stopped for something. I pulled up to them, stopped and retrieved a bagel from my back pocket and took a big bite. The pack then rolled out so I rolled out with them.

(continued on next page)

For reasons unknown my body had a temporary recovery and I was able to ride in the pack within my tolerance zone. Perhaps it was the size of the pack, as well as the magic of a big bite of bagel that allowed me to keep pace with the group from Hersey the 53 Mile mark to Leroy the 68 Mile mark. During those 14 miles there had been a good deal of attrition in the size of the pack that had rolled out of Hersey. I managed to hang on to the pack over several hills and on toward Leroy before coming off as the speed cranked up for the Leroy sprint. I managed to close as we crossed the street into town as the leaders weren't quite sure of how far off the Methodist Church was located. I said it was at the top of the hill though I wasn't sure of the distance. Soon enough the church came into sight as we climbed in leisure mode in search of food.

I parked against the building and removed my gloves, helmet and goggles just as the Wolverine pack rolled in. I went inside and got into the food line. I had a bowl of Rotini noodles then a bowl of Broccoli soup as well as a turkey sandwich and a cup of lemonade. That was the 4-dollar luncheon. I add the Rotini noodles to the broccoli soup that makes the soup more to my liking. I finished my lunch before most of the Wolverine pack and then waited till they were ready to hit the road. In retrospect, I should have hit the road as soon as I was finished whether or not I was with any other riders. I should have realized my guts were gone and I would be better off beginning the ride in my own comfort zone. I guess I was hoping my body would respond as it had in days of yore. It seems the days of yore have passed and climbing is the place that saps my energy and spits me off the back of the lead pack.

"C'est la vie," I've never used age as an excuse for being unable to keep pace with the lead pack but now the reality begins to set as I just can't keep pace, especially where there are hills to be climbed at speed. So as things came to pass I waited for the Wolverine pack to assemble then joined them as we rolled out of Leroy. I made it over hill one but on hill two I was spit ignominiously out the back door. I doubt that I'd made it two miles with the pack. It is 20 Miles from Leroy to Cadillac and for the majority of those miles I rode alone. I passed a rider now and then but never came across a compatible group until quite close to Cadillac. I came by a group of 4 or 5 bikers riding at a moderate pace. As that turned out they sat on my wheel as we jiggled left on M-55 then right on North Street along the north shore of Lake Cadillac. One of that group was fading and needed a food stop. So they stopped and I continued on only to be picked up by the Frog Leggs tandem and one other tandem as well as a single. It seems we missed the oblique turn onto River and continued what seemed straight. That street teed into 13th where there was no arrow. The various stokers perused the map book then discovered the missed turn. We turned right on 13th went a short distance before we stopped for a major map check. One of the sharp eyed bikers found that 13th ran into Plett where we could turn left and be back on course. As things came to pass we located Plett, made the left turn and were back on course. At that point I no longer had the guts to ride at the pace of the group so once again I was on my own.

From that point around Mile 90 to Lake City at Mile 104 I was pretty much alone. My pace during that time seemed to be 17 to 18 when there were no hills or no head wind. Whatever the conditions were during those final 14 Miles I was feeling slow and down in the dumps, pretty much like a has been. Regardless of my view of my ability at that time I wasn't all that far behind the Wolverine pack as they were setting up their tents as I pulled into the campground at the Lake City High School.

I found my bags reasonably fast then found a spot to set up my tent. Soon my tent was up, my chair inside as well as my bags that I then searched for a set up beer. This being a High School I had to camouflage my beer in a black Piston's bag. That went down well after which it is time to get your shower bag ready and to hit the showers. As it turned out the showers were very special on this day, they were cold, I suppose freezing would be a bit extreme but you had to suffer the slings and ar-

rows of outrageous fortune while rotating quickly thru the cold water then soaping up then rinsing off in the cold water. All that can be said for this condition is that there was no one lingering in the showers.

I did my best to make up a freezing shower song on the spot but my brain wouldn't come up with any decent lyrics though that didn't stop me from repeating those I could come up with. So with the cold shower taken care of it was back to the tent for before dinner socialization. As it turned out there was a grocery store directly across the street from the campground. This was good news as I joined others for a trip to replenish my supply of juice of the barley or the high carbohydrate health drink from Milwaukee, or in this case St. Louis.

Back at the tent I managed to replenish my liquid level seeing as my water bottle still had 80% of its contents that I had filled up back in Fraser on the 30th of August. Some time after 5 I headed for dinner. Whatever we had it was less good than what we had at CMU. The line was long by comparison though nothing to really complain about overall.

With dinner over I returned to my tent and had another libation before going horizontal on my air mattress. At around 8 PM I heard a, Yo-yo-yo outside my tent. It was Mario who had brought Tim and Jenny Hoffman over to see me. I was kind of dragged out of my tent to greet Tim and Jenny. The Hoffman's now live in Marshal where Tim is a Doctor. Prior to graduation from medical school they lived in Oak Park and were regular members of my supertouring group that I led from the mid 70's thru to 1990 after which I became a Mountain Bike supertourist.

We had a pleasant reunion as they were going to ride with the group the following morning. Since I was up I decided to check on the concert that I was told would begin at 7:30. I found the concert where a seat was available in the front row. The concert featured the leader of the High School Band and a female friend of his. They played guitars as well as a small accordion. I arrived just in time for the final three selections. Just as there were about to adjourn I walked up on stage and mentioned that I had a song I wanted to share with the group. I was cordially received then went into my preamble that goes like the following.

Whereas I was born in the first third of the last century I had the good fortune to grow up in Detroit when Detroit was a wonderful place in which to grow up. However much has changed over the years and here is a song about some of those changes. I then begin the Detroit Strohs song. Now then should you want the words to the song you'll have to send me a request via e-mail and I'll send them off to you.

When the song was sung I got enthusiastic response from the audience with many of them relating their experience in Detroit way back when they shopped at Hudson's or visited the Wonder Bread factory. These comments also continued during the following two days of the ride.

With that done I was most pleased to have shared the Stroh's song with a large group most of whom had never before heard these words. So then it was back to my tent and off to horizontal position. The noises of the night mostly consisted of the local young people demonstrating that they too could light up their tires and rev up their engines just as is done at the Dream Cruise between Detroit and Pontiac.

Till next time, happy days and exhilarating trails.

TJ Hill, bicycle aficionado

NEW ORLEANS, Oct. 18 -- A portrait of a fatal bicycle accident involves a male adult rider who has been drinking and has a collision with a car on a high-speed roadway, researchers reported here. Each of these factors--alcohol, male adult, an accident involving a car, and riding on a high-speed roadway--contribute to the likelihood that a bicycle accident will be fatal, according to a review of a decade's worth of data.

Nonfatal crashes were significantly more common than fatal accidents, and tended to involve younger riders, reported Jonathan LaValley, M.D., of the University of New Mexico in Albuquerque, and colleagues. They also found that helmets were protective in both fatal and non-fatal crashes, but more than a quarter of all deaths occurred in cyclists who were wearing helmets at the time of the accident, the investigators reported at the American College of Emergency Physicians meeting here.

"Helmets definitely need to be used as much as possible, said co-author David P. Sklar, M.D., chairman of emergency medicine at New Mexico, in an interview. "They do protect you when you fall off of a bicycle, but if you get hit by a car, a helmet probably is not going to be an adequate protection."

For the purpose of recommending crash prevention and control measures, the New Mexico group conducted a retrospective review of all fatal and non-fatal bike crashes in New Mexico in over a 10-year period, to see whether they could identify at-risk groups and behavioral factors influencing injuries and deaths. Using state records and uniform police reports, they identified a total of 73 fatalities and 3,152 injuries caused by motor vehicle/bicycle run-ins. They computed descriptive characteristics for cyclist ethnicity, age, gender, crash characteristics, and contributing behaviors. They looked at age adjusted injury and fatality rates and calculated proportions and confidence intervals. The rates were directly age-adjusted to the 2000 U.S. Census, and were expressed as events per one million person-years. They found that the overall death rate was 3.8 per one million person-years, with native Americans having the highest likelihood of a fatal accident (5.0). Men were nearly 10 times more likely than women to die in a bike crash (relative rate 9.8, 95% confidence interval, 4.5-21.2). The highest death rates were among adults from ages 30 to 49 years (6.8), and children and adolescents ages 10 to 19 years (4.1). There were a total of 154 non-fatal injuries per one million person-years, with children up to age 19 having the highest rate, 258 per one million person-years. Perhaps not surprisingly, non-fatal crashes were less likely to involve cars or trucks (72% vs. 86% of fatal crashes, a difference of 14% [95% CI 4%-21%]). Behaviors that contributed to crashes included operator inattention, failure to yield, and passing traffic signals

or stop signs without stopping. In a quarter of all fatalities (24.6%), cyclists' blood tested positive for alcohol, and in nearly three-fourths of deaths (71.1%) riders were not wearing a helmet.

Twice as many fatalities occurred in the city as in rural areas (67.1% versus 32.9%, respectively), and significantly more deaths than injuries occurred at night, with 21.9% of fatalities happening after dark, versus 4.2% of injuries (odds ratio 6.42, 95% CI 3.62-11.4, $P<0.001$). Significantly more fatalities than injuries also occurred among early-morning bikers (6.8% vs. 1.1%, odds ratio 6.71, 95% CI, 2.66-17.11, $P<0.001$).

When it came to the type of roadway, the only significant predictor of a fatal crash was whether the accident occurred on an urban artery (as opposed to collector or street), with 31.5% of fatalities occurring on such highways, compared with 21.9% of non-fatal crashes (odds ratio 1.86, 95% CI, 1.14-3.02, $P=0.0100$).

"The results suggest that we really need to look at different kinds of helmet protection, especially if people start using their bicycles more and more as transportation between home and work," Dr. Sklar said. "As we look at the gas/oil crisis, with more people using their bicycles for transportation, we need to think about safer roadways for bicycles. Unfortunately, streets are pretty much designed for motor vehicles -- they're not designed for pedestrians, for bicyclists, for everybody together."

Primary source: American College of Emergency Physicians Annual Scientific Assembly

Source reference:

LaValley J et al. "Opportunities for Intervention: Epidemiology and Injury Patterns Associated with Fatal and Non-fatal Bicycle Crashes in New Mexico." Abstract 252, presented Oct. 16.

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Please pass this information on to your club/group members. We have some Good News and some Bad News. The bad news is, after 21 years in business, BIKE USA will be closing our doors at the end of this year. The Good News is now is the time for you to save BIG TIME on everything in the store during our Liquidation Sale. Right now Bikes are 20% OFF list price or more*. Everything else* - that includes clothes, helmets, shoes, parts, bags, pumps, lights, jackets, tools, cycle computers, heart rate monitors, wheels, Nike watches, Oakley & Serfas eyewear, saddles, JanSport hydration packs, pedals, tires... Are you getting the idea yet? is 25% - 75% OFF.* Some 2007 items have a smaller discount. Some GREAT Deals: We still have a lot of Road Bikes - particularly if you are looking for a 56cm Trek OCLV Carbon bike. We have 4 different OCLV bikes, all in 56cm size, up to \$940 OFF. We have quite a few other great dealson road bikes too. We are getting low on wheel sets, but we still have Mavic CrossMax SL wheels in both Disc & Rim Brake versions. At 25% OFF you will save up to \$225 on a set of these awesome wheels. We have a good selection of W.L. Gore (think Gore-Tex) Jackets. These are 25% OFF - AND you get a Gore WindStopper Skull Cap (\$26.99 value) FREE with any Gore Jacket purchase (at 25% OFF!) We have a good assortment of Nike Heart Rate Monitors, Fitness Watches and Lance Watches - all at 25% OFF. We also have a large assortment of tools and clothing as well as other assorted things scattered around the shop that are clearance priced to move NOW.

Markdowns up to 75% OFF. We have also been cleaning up some of our shop tools, signs and displays and putting them out for sale. Shops (and everyone else) are welcome to check out these items. Some things are ready to take today. For the tools, displays & computers/printers/scanners that we are still using, we can tag what you want & let you know when you can pick it up. For more info stop on by the store or visit us at www.bikeusa.net. Many items are one-of-a-kinds. Once they are gone, that's it - so hurry in for the best selection. We have about \$200,000 in inventory to clear out by the end of the year. All of it is on sale NOW! Jim & I would like to thank all of you for making this a truly fun 21 years!

Happy Cycling! Richard BIKE USA 746 E. Maple Birmingham, MI 48009 248-594-8850 www.bikeusa.net



**Clinton
River
Riders**

Gary Haelewyn
41706 Merrimac
Clinton Twp MI 48038

Application Form - Clinton River Riders Bicycle Club

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISK"); (b) these risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at the time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.

3. HEARBY RELEASE, DISCHARGE, COVENANT NOT TO SUE AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAW, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered on e of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENCE RESCUE OPERATION.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

\$12.50 Individual (over 18)

\$15.00 Family

Name _____
Address _____
City _____ Zip _____
Home Phone (____) _____
email _____
Birthday _____

Additional Family Members

| Name | Birthday |
|-------|----------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

New Member Renewal

Yes, please add me to your list of active volunteers who help promote bicycling at the local, state, and federal level. I may be called upon to write a letter or attend a meeting.

Please make check payable and mail to:

Clinton River Riders
34506 Utica Road
Fraser MI 48026

**RELEASE AND WAIVER OF LIABILITY,
ASSUMPTION OF RISK, AND INDEMNITY
AGREEMENT ("AGREEMENT")**

IN CONSIDERATION of being permitted to participate in any way in The Clinton River Riders Bicycle Club ("Club") sponsored Bicycling Activities ("Activity"), I for myself, my personal representatives, assigns, heirs, and next of kin:

Signature _____ Date _____

Signature _____ Date _____

Signature _____ Date _____

ALL RIDING MEMBERS MUST SIGN