

October 1991



Next Meeting: Monday, Nov 4, 7:00 p.m.
at Mt. Clemens Community Center, 300
Groesbeck at Lafayette.

New Members: The club would like to
welcome the following new members: Paul &
Darlene Duskey and family.
We hope you can enjoy many rides and
activities with the club.

Club Jerseys: The jerseys are on order
from Louis Gaurneau in Canada and should
arrive before the Christmas party. A
deposit of \$20 is required to order a
jersey with total cost to club members of
\$37.50, the CRR club pays the other 3rd.
More jerseys will be ordered if needed in
minimum quantities to get a price break
from maker.

Blue Water Ramble: BWR was good this
year although it was a little bit cool and
damp. There was some scattered rain in the
afternoon and a strong breeze from the
south.

The limit of 1500 registered riders was
reached and about 800 ferry tickets were
used. There were more ferry tickets on the
Algonac ferry going over then Marine City
tickets coming back. Hope we didn't lose
anybody over in Canada! The breakfast at
St. Clair high school had only 165 riders
buy tickets. Since the percentage is so

President:	Warren Berthelsen	781-6706
Ride Director:	Ray Dominick	776-2793
Secretary:	Dennis Audet	777-0837
Treasurer:	Bob Goebel	286-0384
Editor:	Ted Gondert	752-9466
Hot-line:		792-4670

low and the caterers will only do 300 or
more breakfasts the club loses money on
breakfast so it will be replaced by
coffee, doughnuts etc.

The extra food left over including hot
dogs and fruit etc. was donated to the Mt.
Clemens "Turning Point"(for battered
women) and the Salvation Army kitchen
which was much appreciated.

Thank you to the ham radio operators who
set up a communication network to keep
track of the riders, the rest stop
supplies and sag service.

If you have any ideas for improving the
BWR next year please write them down and
bring them to the meeting or send to Andy
Neumann. If you have any bills for
expenses for BWR present receipts to Bob
Goebel by the November 4 meeting.

Andy Neumann, 1991 BWR ride director:
Thank you all for your help on the 1991
BWR. Thanks to your efforts and hard work
the 10th BWR was a successful ride again
this year.

A special thanks to the committee heads
that put in lots of time and effort both
before and during the actual ride. Thank
you Doug MacDermaid of the t-shirt and
patch committee.

BWR cont: Thank you: John Edry of the route & mapping committee, Bob & Rose Goebel and Bob & Denise Kosen of the rest stop committee, Rick Moorman of the registration committee.

I would like to thank Sue & Jerry Pavlat for donating the mountain bike for the raffle, the fanny flags and the staff t-shirts. I would like to thank Jerry Pavlat for setting up the sag kits and organizing the sag services. Thank you Mike Kiefer for the great art work on the maps and registration forms. Thank you to each and every volunteer who gave up their Sunday to come out and work on the BWR. A special thanks to the families of club members who come out and help on the BWR even though they don't ride with the club.

First Aid Course: Sandy Altschul who taught the Coronary Pulmonary Resuscitation course in the spring to the club members for the MS-150 will make a presentation at the November meeting about a first aid course for members. The cost will be \$180 to pay for the instructors and supplies etc. Members can find out more at the November 4 meeting and vote if they wish to take the course.

Wally Ball: Saturday night, Oct 12,26 and Nov 9,23 from 6:00- 7:30 p.m. at the Gate Way racquet club, located off Van Dyke @ 14.5 mile behind Travis restaurant. Court cost is \$24 divided by the number of people there. Contact Warren Berthelsen 781-6706 so that courts can be reserved.

Christmas Party: Saturday, Dec 14 6:00 p.m.-12:00 at the American Legion Hall, 401 Groesbeck in Mt. Clemens.

Members \$7.00 guests \$12.50 children 5-10 \$4.00 under 5 free. This is the main social event of the year for the Clinton River Riders. The awards will be presented and pictures and anecdotes of the past season. All club members are invited. Please send in the application in this newsletter to reserve your spot.

Awards. Awards will be for top mileage and club member of the year for both men and women. The award for the top male and female mileage and member of the year will be on a plaque on display at Pavlat's Bicycles. Ray Dominick has gotten very few people turning in their total miles ridden for the year. Please figure out how many miles you have ridden on the road this year and turn it in to Ray if you want to receive an award. The member of the year is for total points received for participation in club activities. Club officers get 5 points, ride leaders 3, committee heads for BWR 3, workers 2, participants at club rides and events 1. Many sign-up sheets for club activities have not been turned in to Ray Dominick. Please check if you have any sign up sheets to turn in.

For Sale: Cannondale frame, 58 cm Criterium, blue with Gippiemme headset. \$150 or best offer. Dave Gaskell (313) 527-2075

Dog, friendly mutt, free to good home contact Sue Pavlat at 792-4040.

Daylight Savings: Sunday October 27 turn back your clocks one hour to Eastern Standard Time. You'll have an extra hour in the morning but it'll be dark 6:00 p.m. Get lights for evening rides.

Ride Schedule: Call the hot-line 792-4670 for updates.

Sunday, Oct 13: "Back 40 tour" in Clarkston sponsored by the Flying Rhinos. 40 miles of quiet scenic dirt roads in northern Oakland county.

Sunday, Oct 13: "Helmet Tour" in Ann Arbor sponsored by the Ann Arbor Bicycle Touring Society. routes of 25 to 62 miles

Sunday, Oct 20, 9:00 a.m.: meet John Edry at the Royal Oak Library parking lot on Main St (Livernois) and 11 mile for 30 mile ride to the Franklin cider mill @ 14-16 MPH.

Sunday, Oct 20, 9:00 a.m.: meet Bill Cleland at Eastland Shopping Center (8 mile and Beaconsfield) behind the theater. Ride to "The Original Pancake House" in Grosse Pointe for breakfast then out to Bell Isle to see the finish of the Detroit Free Press Marathon.

Friday, Oct 25, 8:00 p.m.: Halloween evening ride. meet Blake Bennett at the duck pond in Rochester by the police dept. to ride the Paint Creek trail to Lake Orion. Helmets and lights required, costumes are optional.

Saturday-Sunday, Oct 26-27, 8:00 a.m.: meet Gary Haelewyn at Erie Elementary school on Cass and Romeo Plank for camping trip to Lake Port state park. Pack your tent and sleeping bag NO SAG truck, riders carry their gear. 65 miles, easy pace.

Sunday, Oct 27, 8:00 a.m.: meet Duane & Elizabeth Nieman at Romeo High School on 32 mile (W. St Clair) west of Van Dyke for 50 mile ride @ 14-16 MPH to breakfast at

the Dryden VFW hall. Or...

meet Andy Neumann at high school for a mountain bike ride on dirt roads to Dryden for 30 mile ride at easy pace.

Sunday, November 3, 9:00 a.m.: "A Quick Canadian Ride" meet "Rocket" Ron Dossenbach at the K-Mart in Windsor 1 mile south of the bridge. This is a fast, non-stop ride to Amherstburg and back about 70km @ 35 kmh+. For you statesiders who are still stuck on the ancient "English" measurements, 44 miles at 22 MPH. Call Ron Dossenbach at (519) 972-8435 for more info.

Reccuring Rides: The weekday rides have ended for the season except for:

Thursday, 5:00 p.m.: meet Doug MacDermaid or Kirk and Katie Carolan at the shopping center on Jefferson and Marter (8.5 mi) for a 30 mile ride @ 14-16 MPH.

Saturday, 9:00 a.m.: meet at Jefferson & Marter for 30 miles @ 14-16 MPH

Bicycle Camping: Saturday, Oct 26 8:00 a.m.: meet Gary Haelewyn at Erie Elementary School on Romeo Plank and Cass, SE of high school for weekend camping trip. Ride to Lakeport state park located 5 miles north of Port Huron, about 65 miles. Camping gear will be carried on your bicycle-NO SAG-. Pace will be easy for the slowest rider. Breakfast will be in Armada with lunch in Avoca and dinner in Port Huron. Camp sites are about \$10.00 but more than one tent should fit. If weather is bad we might stay at hotel. Bring your tent, sleeping bag, ground cover, pad, rain gear, warm clothes, etc. Pack your bicycle before you come to try it out with a load on it. Next page

Camping cont: Ride back on Sunday, breakfast will be in Port Huron, lunch in New Baltimore and you should be home for dinner. Call Gary Haelewyn 643-5408 (W) or 286-5094 (H) to let him know if you want to come, maps will be provided to registered riders.

Splat Ball: Call Gary Haelewyn if you are interested in playing the warfare game where you shoot each other with paint balls to mark a "kill".

BWR 100 mile Pre-ride/1st Century by Sue Pavlat

With temperatures in the 40's, eighteen CRR and one non-member showed up at the St. Clair High School at 7:00 a.m. for the clubs 1st Century Ride. Three other club members waited for the group to show up at rest stop #1 because they didn't want to ride for the full 100 miles.

I drove sag but took my bicycle in case someone became too tired to ride. It looked promising that I would get some miles in that day as the group wasn't even 5 miles into the ride when the one non-member started falling behind. Casanova...oops...I mean Bob Latsko offered his services to stay back with the lady having difficulties.

As the ferry started across the river, the rain started coming down. It was nice to be warm and dry inside the van. It appeared the forecast of temperatures into the 70's wasn't very promising. As the group started rolling into Canada towards the lunch stop, the rain started coming down harder. Ron Dossenbach stopped me to get his rain jacket. He offered to let me ride my bike for awhile, while he drove the sag. What a buddy!! I reminded him

that I don't ride in the rain unless I HAVE to.

Just as lunch was finished and the riders started to head back towards the U.S., Bob and his friend Donna rolled into Brander Park. The rain had stopped and Donna was tired and had a sore tush. Oh boy, was this my chance to ride?? Not on your life...Donna was determined to complete the 100 miles no matter how long it took her! I stayed back with them while they ate lunch as the group took off towards the U.S. with some nice tailwinds.

The ferry going back into Marine City was quite full. Bob and Donna got off and continued on long before I was able to get off. When I approached the customs officer he naturally asked me what I was doing in Canada and did I have anything to declare? I told him that I was driving sag for the big group of cyclists that had just gone through and I had all their clothing, food, etc. with me. The officer said, "What group of cyclists? I haven't seen any cyclists!" Panic sets in as I stuttered and stammered trying to tell him what was going on and what I was doing with this van full of stuff. Then he smiled and said that he had just come on shift and for me to go ahead! Cute joke!!

When I got off the ferry I was a little upset and missed the turn but my instincts told me I was heading in the right direction. I even saw the arrows painted on the road. After driving like a crazy person for several miles wondering where Bob and Donna were, I realized I was on the 40/80 mile route going towards St. Clair while the riders were heading towards rest stop #4. How was this going to look on my resume,...Sag Driver Gets Lost? I flew by Bob and Donna telling them that I was going on to the last rest stop

Century cont: hoping I might be able to beat the main group, knowing it would be a close race. It's amazing how fast cyclists can ride as a group. Especially with a tail-wind! I pulled into the reststop with egg on my face. They beat me! There goes my resume'. After the riders refilled their empty water bottles, we all headed back towards St. Clair High School. Then as fate has it, Doug MacDermaid broke a spoke in his rear wheel! Wow, now I can finally get to ride!! Wrong...good old Doug decided he would limp in with a broken spoke.

Next thing I see is Gary Haelewyn towing Bill Duemling with a bungee cord at the front of the pack! A great Kodak moment...and I am out of film.

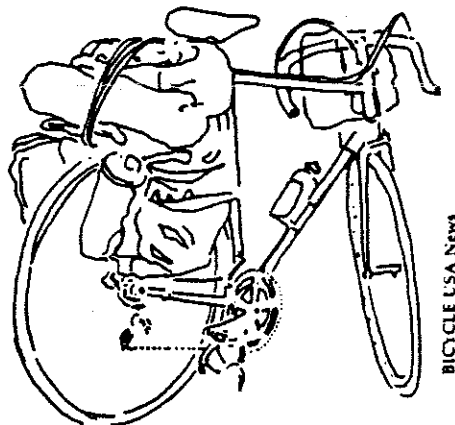
I arrived at the school ahead of the pack and was the cheering squad for the returning cyclists. Hats off to the following riders who completed their first century: Eric Shapin, Debbie Magness, Laurie Brickner, Denise Weipert, John Payne who made an attempt in 1990, to Bob Cross who hasn't ridden a century in 9 years, and to our prez, Warren Berthelsen who's last century was 4 years ago!! Jackie Kray completed her 4th century this year saying that even though this one took nine and a half hours, it was her fastest!

One hour after the riders finished, Bob Latsko and Donna Donahue came rolling in. Donna hung in there all the way completing her first century too.

A special THANKS to the 'old timers' who rode with the group: Doug MacDermaid, Gary Haelewyn, Bill Duemling, Jeff Scott, John Edry, Ron Dossenbach, Ted Gondert, David Merriwether, Ed Rodgers, Bob Latsko, Rick & Susan Moorman and ride leader Jerry Pavlat.

Other Clubs Events: Sunday, October 20, 1991 12:00 -5:00 p.m.: annual League of Michigan Bicyclists meeting at the Dearborn Civic Center on Michigan Ave near Greenfield by the Amtrak Station. Guest speakers on bicycle touring, etc.

Saturday, Oct 26: Falling Leaves Tour in Saline, MI 40-50 mile routes. Including dirt road routes. Down River Cycling club puts on this free invitational. send S.A.S.E. to:Down River Cycling Club, P.O. Box 488, Flat Rock, MI 48134



BICYCLE USA NEWS

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Gary Haelewyn

Let me start right now by saying, "STOP". Don't read anymore of this article. If you have any common sense, if you have any intelligence, any sense of honesty, worth, sanity, take my advice and go on to the next article in this newsletter. If your still reading this I must assume you and I share traits that border on the demented, twisted, slightly abnormal side of life. If your still with me, let us begin.

CFC, held each fall in SE Ohio, is 2 105 mile days of hills. Limited to 500 riders it never fills up until almost the week of the ride. I got a copy of the application early in the spring from co-worker Kathy Pfent who had done the ride the year before. In late August she asked if I had mailed it in. I rummaged through my desk, came up with the copy, made an extra for Bob Latsko who thought a cool weather ride in late September would be great and we mailed them in. On one of the DALMAC training rides I mentioned it to Ron Smith who had also done it the year before and was doing it again. "A beautiful, scenic ride" Ron called it. I watched Ron struggle on the training rides, and figured I would have no problem. I would use DALMAC as my training ride for this one. Then I started getting advice from past CFC old-timers. "Do every hill you can find", "take the lightest bike you have", take the, lowest gears you've got". I half listened as visions of Ron struggling the DALMAC training ride passed before my eyes.

Two days into DALMAC I got sick from a virus. It took almost a week of no riding to recover. A golf outing, and camping with co-workers shot two more weekends. The BWR pre-ride was to be my big training ride. Ron called the week before the ride. He had been out of town on business, but found time to do a 1 day 160 mile ride across Mi, then to Yosemite with a friend, and oh yes, Grandfather Mountain in NC which he described as tougher than Mt. Mitchell but much better organized. You got the right number? Is this the same guy who did the DALMAC training ride back in August? Uh-oh.

I rode the Thursday nite club ride as a final warmup. Wolverine Steve was there again just like last week with a brick on his mountain bike. I've seen him cruise Jefferson doing 30 like I do 15. They say he's a super-tourist. "This time tommorrow I'll be in Ohio" I hear him tell Doug MacDermaid as he pulls the pack. Looking closer I see the ride initials, "CFC", shaved in the back of his head. He later tells me he trains all year, just for this ride. I'm in deep trouble.

Thursday night before the ride, I'm down the basement taking the cogs off the Schwinn and putting them on the new Kolkoff. Unfortunately the deraileur won't accept the 28. I pack the heavy Schwinn with the low gears. That night I dream of Ron doing a track stand at the top of a huge mountain. He's laughing hideously as I claw my way up the mountain, my broken Schwinn strapped to my back.

We're up at 5:00AM, have breakfast at 6, and arrive at the junior high around 7 parking Ron's red van 20 feet from a fire hydrant in front of a small frame house. The air is cold, the conversations hushed as we unload the bikes, pick up our maps, and hit the bathrooms one last time. Kathy pedals over to a group of Wolverines. The next time we saw her she would be resting in the motel room having arrived 2 hours ahead of us. Ron and Bob take off ahead of me. I'm in another bathroom line. Finally I leave the junior high. As I'm riding out I spot Bob riding back to the school, "forgot my shirt" he yells. Thought maybe the first hill scared him off. Four miles into the ride and the hills start.

"Hill #1, ouch" is painted on the road. They define a hill as 8% or more grade for 1000 feet or more. They put 10 hill markings on the map. The ride has other hills of 18%+ grades but because they're only 900 feet long they don't qualify as a hill for the map. It would have made more sense if they had marked the flat areas on the map. They could define a flat area as any flat stretch of road for 1000 feet or more. Their would have been less markings on the map. I catch up with Ron at the first rest stop 25 miles out. We stay together for the rest of the 9 hour day. They stop marking the hill numbers on the road at hill #4. They do that to break you down mentally. Each big hill thereafter should be number 5 but it never comes. At the lunch stop I opt for a cheese sandwich and hot vegetable soup, skipping the lunchmeat for fear of an attack by the DALMAC virus. The 3rd reststop is marked on the map at mile 75. My water bottle is near empty as I start looking for signs of people to stop and ask for water. Finally at mile 82 the 3rd stop appears. We arrive in Marietta around 4:30, 120 miles for the day. Battered, we ride to our motel. Nerves are on end and tempers flare as we snap at each other in the motel. After hot showers and a little relaxing we're back to tolerating each others presence. By dinner we're joking and laughing. Analyzing tomorrows route we find they replaced last years Savage Road hill with a new Chicken Coop Hill. Just a 1/2% steeper.

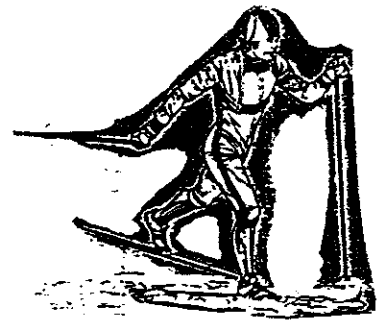
The next morning we're treated to breakfast. At 7:00AM were on our bikes headed back to Lancaster 105 guaranteed miles away. My plan to not use my granny gear for the entire ride succeeds up to mile 95 on day 2. That's where I hit Chicken Coop Hill. At 3MPH I look in my mirror hoping to see Ron off his bike and walking. No luck, the guy won't get off. We arrive back in Lancaster and prepare to load the bikes into Ron's red van before heading for the showers. Looking around I tell him, "hey Ron, they moved the fire hydrant". We were about to put the bikes in the wrong van.

All I wanted to do was finish the ride. I didn't care about the time it took. They have a SAG service but only for repairs. I heard a story of a guy whose freewheel fell apart. The SAG fixed it. If someone couldn't finish the ride, they'd probably have to saw their frame in half just to get sagged in. This was a brutal, animalistic, and yes Ron, scenic ride. Bob Latsko lost 10 pounds over the weekend. I'm so sore to even step up on the scale. Ron took Monday off. Kathy too, complains about going down stairs. The ride reminds me a lot of cross country skiing. Drenched in sweat you slowly climb to the top, crest the hill, then full tuck as you scream down the otherside trying to get enough momentum to get you up the next hill which always seems higher and steeper than the last one. And worse yet, at the top of some hills you see the "XXX" marking on the road, meaning dangerous descent. Some guys at work expressed an interest in doing this ride. I half smiled, then gave them the advice I got. Its difficult to talk someone out of a ride like this. They take it as a "challenge". Its like reading this article. You warn them not to do it and they just get more curious about it.

Skiing

3RD ANNUAL ATTACK AT STOKELY CREEK

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WHEN: Friday January 17, thru Sunday January 19, 1992

LODGING: Water Tower Inn, Sault Ste Marie, Ontario Canada
Included with 2 nights lodging is a full breakfast Saturday and Sunday, and an eventful dinner Sat night. The Inn has an outdoor whirlpool, and an indoor pool, suana, whirlpool, and cold waterfall.
2 per room: \$130 per person
3 per room: \$105 per person
4 per room: \$93 per person
Half due by November meeting, balance due by end of Dec.

X/C SKIING: Stokely Creek, 120 kilometers of groomed trails, and/or Kinsmen Ski Trail, 40 kilometers racing caliber trails.

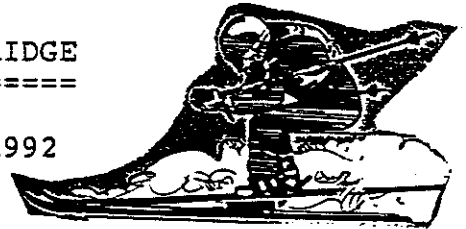
ALPINE SKIING: Searchmont, 700 foot vertical, 15 scenic trails, Dbl, Trpl, and Quad chairlifts.

TRANSPORTATION: Car pool, 6 hour drive.

OTHER INFO: Rowdiness is a MUST both on the trails and after. A "Toast" will again be required before Saturdays dinner, as well as gestures of foolishness for favorable attention. Call Gary Haelewyn 643-5408 (W) 286-5094 (H) to reserve your spot or for more information.

1ST ANNUAL ATTEMPT BELOW THE BRIDGE

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WHEN: Friday February 14, thru Sunday February 16, 1992

LODGING: Boyne Valley Lodge, Wallon Lake, Michigan
Included with 2 nights lodging is a full breakfast Saturday and Sunday, and dinner Saturday night. The lodge has dormitory rooms that sleep up to 6 per room in bunk beds. Each room has its own bathroom. The lodge has a heated outdoor pool open from 4-9PM and a great room with large fireplace and couches for socializing.

COST: \$68 per person.
Half due by November meeting, balance due by Jan 15th.

X/C SKIING: Boyne Mountain or Schuss/Shanty Creek on Saturday, Forbush Corners on Sunday.

ALPINE SKIING: Boyne Mountain or Schuss/Shanty Creek both days.

TRANSPORTATION: Car pool. (Those wishing to Alpine both days should arrange to car pool together).

OTHER INFO: This is a first attempt trip. The atmosphere is a little more quiet than the Stokely trip above. We need a minimum of 8 skiers to do this trip. Call me BEFORE the November meeting if you plan on participating so I can reserve the rooms.
Gary Haelewyn 643-5408 (W) or 286-5094 (H)

Clinton River Riders Christmas Party

SATURDAY, DECEMBER 14, 1991

6:00 pm to 12:00 midnight

AMERICAN LEGION
401 Groesbeck Highway
Mt. Clemens, MI



- *Full Buffet Style Dinner Will Be Served
- *Open Bar
- *1991 Club Awards Will Be Presented
- *Bring Photos and Slides

MEMBERS - (based on membership status)

Adult Club members -	\$7.00
Children 5 to 10 years	4.00
Children under 5 years	free
Non Member - Guest	12.50

ALL RESERVATIONS MUST BE RECEIVED BY FRIDAY NOVEMBER 15, 1991

Please mail check payable to Clinton River Riders
36558 Moravian Drive
Mt. Clemens, MI 48043

Any questions, please contact

Vicki Malloch	979-4076
Claudia Neumann	756-3369
Rose Goebel	286-0384
Sue Pavlat	792-4040

Adults Name(s) _____ \$ _____

Children Name(s) & age _____ \$ _____

Guest _____ \$ _____

Children under 12, please note age and interest (Santa will be visiting)

