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The RAMBLER



Clinton River Riders Bicycle Club *Access online at WWW.lmb.org/crr*

The **CRR Awards Banquet** is Dec 13th at The Burning Tree Golf and Country Club. 6-7pm is cocktails and visiting, 7pm is dinner, and program at 8pm. It is a great atmosphere and way to see us in other than cycling attire. Previous years payment and BWR's work standards apply. 🙌

Clinton River Riders monthly meeting is November 10th at 7pm in the Mt. Clemens Public Library. Normally the 2nd Monday of the month. The library is on Cass Ave. across from the high school. 🙌

There are lots of new club members this year and some items of putting the 2 wired wheeled steed away are not hard to do. 1st you can hang the bike by a wheel or 2 wheels without much concern. Think about a good cleaning before you do and lube it well. Do think about at least a new chain before you ride again next spring, maybe a new cassette, and what about handlebar tape. These are the things that you can sometimes find on sale as the popular riding season slows down. But do clean and dry the bike if it is not gong to be used for a while. Rust and corrosion will cost much more if you do not take the time now to give the bike a little TLC.

Membership renewal is best done in December. And CRR Officer elections are in January/February 2015. It is never to early to thing about goals in 2015 and being involved in a larger capacity.

Birthdays

11/04 Geraldine Prost

11/04 Rob Bendig

11/05 Carol Green

11/12 Al Barton

11/12 Gary Haelewyn

11/14 Jenna Kopp

11/16 Robert Balog

11/20 Diane Bendig

11/20 Bob Goebel

11/21 Joe Solonika

11/23 Larry Goike

11/24 Tom Graham

11/24 Noyes Eric

11/24 Simone Beernink

11/28 Cara Glide

11/30 Ron Robinson

11/30 Joe Monahan



Club members are entitled to purchase one club item per year at a reduced cost. Contact Deb Angst at 586-524-3657 or email digitaldeb@comcast.net to get yours today.

New Members: All are welcome in association with Clinton River Riders. We appreciate your interest in cycling and hope to enjoy many miles riding together.

Riding defensively is not the same as riding timidly (or afraid). Be smooth and predictable and this means not cringing at the unexpected horn or bike ahead maneuver.

Of interest to me (and maybe others) - There is brand new asphalt that links the trail by Shadyside park in Mt Clemens from the bridge to Wellington Crescent & Gratiot. And also the bridge to Gratiot by Clinton River Drive. About 8 feet wide and right now the edge of the asphalt has about a 2 or 3 inch drop at the side edges. But for bikes it better links Moravian (George George Park) and the downtown Mt Clemens area toward heading out toward St Clair Metro Park. Also the new extension of a bike path from New Baltimore to Richmond is also proceeding. It parallels County Line Rd. Pretty soon we can start and end at Joe's.

Some of the areas fine local bike stores –

Hamilton Bicycles & Outfitters 69329 North Main Street, Richmond, MI 48062-1144
(586) 727-5140 <http://www.hamiltonbikes.com>

Fraser Bicycle, 34501 Utica Rd, Fraser, MI 48026-3576,
(586) 294-4070 <http://fraserbicycle.com>

Paul's Bike Depot Address: , 28057 South Gratiot Ave, Roseville, MI 48066-4204
(586) 772-9084

American Cycle & Fitness, 18517 Romeo Plank Rd, Macomb, Michigan 48044
(586) 416-1000 <http://americancycleandfitness.com>

Anchor Bay Bicycle, 35214 23 Mile Road, New Baltimore, MI 48047-3650
(586) 725-2878

Macomb Bike and Fitness 28411 Schoenherr Road, Warren, MI 48088 (586) 756-
5400 <http://www.macombbike.com>

Main Street Bicycles Address: , 5987 26 Mile Road, Washington, MI 48094
(586) 677-7755 <http://www.mainstreetbicycles.com>

The Bicycle Doctor/Continental Bike Shop 24436 John R Rd, Hazel Park, MI 48030-
1114 (248) 545-1225 <http://continentalbikeshop.com>

Metro Bike-N-Sports Address: , 36649 South Gratiot Ave, Clinton Twp, MI 48035-
1726 (586) 791-3488

In your travels from and too Michigan have you ever entertained the thought of visiting the Bicycle Museum of America? It is located at 7 W. Monroe St. (SR 274), New Bremen, OH 45869, 419/629-9249, and admission is free (but donations are gratefully accepted). This is about 9 miles west of I-75 on state 274, exit 102.

<http://www.bicyclemuseum.com/>

Summer hours Mon – Fri 11 am to 7 pm, Sat . 11 am – 2 pm

Fall/Winter hours Mon – Fri 11 am to 5 pm, Sat . 11 am – 2 pm

Ride Schedule changes or announcements let Steve Angst 586-524-3657 or email crr.rides@gmail.com know.

Newsletter Changes to Les Dunham, 586-216-4135 or email lesdunham@hotmail.com

CRR Ride Schedule <http://www.lmb.org/crr/rides.htm>

Monday

6pm Joe Monahan leads an series of entry level pace rides from Anchor Bay Cycle.

Tuesday

9am Stony Cr Boat Launch meet TJ Hill for mountain bike riding on roads, paved roads, and trails. Call TJ at 586-293-0162 for more information.

9am Sheffield NW corner of Big Beaver & Cunningham (1 blk west of Coolidge) Meet the Moormans for the Sheffield Shuffle 16 -18 MPH for a distance of 35 - 50 miles

Wednesday Meet Steve and Debbie Angst Naldrett Elementary off Sugarbush. This is north of 21 mile and east of I-94. For 25-32 miles around New Baltimore. 17-21 mph.

Thursday

9am The Moormans lead a TBD ride for 35-45 miles and 15-17mph. Contact Rick atpkmoorman@wideopenwest.com

9 am Stony Cr Boat Launch meet TJ Hill for mountain bike riding on roads, paved roads, and trails. Call TJ at 586-293-0162 for more information.

Friday 6pm F Zajdel and Jodi lead a group from 25 & Shelby out to Papa's for dinner. Fred's pace is 15-17mph and Jodi's is 12-14mph.

Saturday

9 am Stony Creek Boat Launch parking lot, meet TJ Hill for mountain bike riding. Call TJ at 586-293-0162.

8am Stony Cr Boat Launch parking lot a fast group heads out to Armada for breakfast. Pace is 18 + and overall distance is 46 miles.

9 am Stony Cr Boat Launch Meet TJ Hill for 50 miles of mostly dirt road riding. With a lunch stop somewhere near the 30 mile mark. Call TJ at 586-293-0162.

In 2015 I have to be selfish due to education requirements. So I will not perform as newsletter editor next year. And also will not chair food for BWR. Sorry it is a me time. Additionally and new are a change in job position that will likely lead to me departing Michigan some time after August 2015. There will be Les' Demise (departure) ride when necessary. But there is lots of notice now for someone to learn and fill in the gaps smoothly. If processes can be accomplished with new blood and ideas so much the better. About 23 paper copies a month and some learning to provide knowledge or current events takes about 4 or 5 hours a month. I use Microsoft Office (Publisher and Word) to write the newsletter and then save it to .pdf for electronic copies. If the next newsletter person needs Microsoft Office I can help them out.

For Sale—

Jerry Pavlat is parting with a Tandem.

Santana Team black fillet brazed Columbus Encore steel tubing frame & fork custom tandem Captain stand over height 33" Stoker 31" from top of top tube to the ground. Very low mileage. \$2250.00 or make offer. Photos available. Jerry Pavlat 248 4962797 or bikebiz@yahoo.com

As near as I can recollect there has only been one ride that I have been on that anyone has been anything other than vertical on. It happened to me once but my memory is fuzzy (Thanks Bill & Annette). On the one that happened it was this year and minimal harm/damage was incurred. With my now imminent changes and my checking on cycling clubs in other potential destiny locations online it has become really evident that our club is exceptional. Even in Michigan some other clubs seem stagnant or contracting. CRR is growing, vibrant, and involved. We owe some appreciation to long time club president John Tarantino and Marilyn as well as Steve and Deb Angst. Bill Duemling and Jerry Pavlat and the Moormans are some of the long time members, where would we be without them? The group of current BWR team planners like Phil Kurrle, Ray Cronin, Herb Kengel, Art Anderson, George Kasper, and Dee give very much to the benefit of all the riders and BWR workers. And the new crew like Fred Zajdel, Mark Calamita, Dave Newton, Gary Bahlman, Rob Bendig, Kim Hinton, Veronica, Bob Kelly, Ben Giacona, Mark Labelle, Doug Light, Mark Hill, Maciej, Bill Toland, Jodi Turner, Ginnis, and Fawn. How about the life time achievers like TJ Hill and Sandra Studebaker, Doris Mulligan, and Jerry Bartels. We should all aspire to be this good some day. Sorry if I missed someone or had spelling errors. Recently on a ride I chose to ride a heavier bike and was the slow person trying to keep up. With usual CRR grace the group and some individuals pulled me along to the finish. It is in these times that the friendship, support, and special nature of our club appears. I just want you know that CRR is the exception and rises above many of my lifetime experiences as special.

More on end of season maintenance—for most riders the nicest cycling of 2014 outside is virtually over. For those who choose to not ride outdoors in the cooler temperatures before you put the 2 wheel pedal powered roller away do some cleaning, lubing, and maintenance. Cleaning and inspecting will better prepare you in the spring of 2015. Clean and lube the chain well along with the crankset and cassette gears. Look at the wheels for straightness (truing) and tires for wear or cracks. Look at the brake pads for their life and yours. Wipe down the frame. Maybe pull the seat post off and clean and reinstall with a light coat of grease. Look at the handlebar tape, sometimes this is cosmetic and sometimes the wear, comfort, and grip needs some improvement. Any ways don't put the bike away for maybe 5 or 6 months while it is dirty, greasy, and in need of some TLC. Water and other dirty items may lead to corrosion or sticky movements the next time you count on the bike for long ride. It is easier and cheaper to clean and fix early as opposed to being unsatisfied and competing with all the other novice cyclist trying to get spring time attention from the bike shop.

I have been here in Michigan for almost 12 years and I do not recall a year when the weather has been ok nice to this late in the season. We have days when about 7 rides are scheduled. It is good to see friendly competition for club mileage competitors. Just remember to not abuse Steve Angst too much. Last minute notices and sudden changes/ cancelations wear and frustrate the ride calendar and riders. Steve has set the bar amazingly high as ride director and we should applaud him (not abuse him). At the end of the day remember that we love cycling and are Clinton River Riders then maybe it can be about me somewhere later in the pecking order. If someone beats you out on mileage then shake their hand and raise their arm like a champion. We have all done amazingly well this year on the bike and as CRR members. Be happy and try again next year. The annual mileage count ends at the end of October and begins November 1st. This year November 1st is on a Saturday ... I am going to have to call Fred's boss to make sure he has to work that day so I can lead for once in my life. Fred will probably schedule a Sunday century on November 2nd. Don't forget that Nov. 2nd is the clock change ... you will be an hour early if you forget.

Oh for the newsletter it is fine to submit articles especially this time and into early spring. Not a great deal in cycling technology changes and it gets more difficult every year to think and type my thought in a coherent manner. Your experiences and insight can always help others or remind some of lessons learned or different perspective. Never a bad thing, imo.

Application Form - Clinton River Riders Bicycle Club

- \$15.00 Individual (over 18)
- \$20.00 Family

Name _____
Address _____
City _____
State _____ **Zip** _____
Home Phone(____) _____
email _____
Birthday _____

Additional Family Members

| Name | Birthday |
|-------|----------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

- New Member Renewal
- Yes, please add me to your list of active volunteers who help promote bicycling at the local, state, and federal level. I may be called upon to write a letter or attend a meeting.

Please make check payable and mail to:
Clinton River Riders Bicycle Club
34501 Utica Road
Fraser., MI 48026

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in The Clinton River Riders Bicycle Club ("Club") sponsored Bicycling Activities("Activity"), I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISK"); (b) these risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not know to me or not readily foreseeable at the time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.

3. HEARBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAW, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered on e of the "RELEASEES" herein) FROM ALL LIABLILTY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATION.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION ;OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature _____ Date _____

Signature _____ Date _____

Signature _____ Date _____

ALL RIDING MEMBERS MUST SIGN



Cocktails 6 p.m. ♦ Dinner 7 p.m. ♦ Program 8 p.m.
 The banquet will include a sit-down dinner which includes salad, rolls, choice of entrée, potato, veggies and dessert.
 Choose from *Chicken Sicillano, Whitefish Piccata or Roast Pork Tenderloin*



| Name(s) & Phone Number | Supported BWR by | Meal Choice Chicken, Fish, Pork |
|------------------------|------------------|------------------------------------|
| | | |
| | | |

Adults Attending: _____ @ \$25.00 per person \$ _____
 # Children (5-12 yrs): _____ @ \$20.00 per person \$ _____
 TOTAL ENCLOSED \$ _____

The Club may subsidize the cost of the banquet, dependent on a recommendation by the treasurer at the October meeting. If so, your check will be returned to you that evening. No shows will forfeit their check. **RSVP by Monday, December 1, 2014.**

Make check payable to **CLINTON RIVER RIDERS** and mail to:



Diana Kengel
 45778 Pat Ct.
 Chesterfield, MI 48051

