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The "RAMBLER"

October 2004



Another successful Blue Water Ramble.



October 2004

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 Time	25	26	27	28	29	30
31 Candy						

HOTLINE
 586-819-0222
 (Press 1 for latest updates)

WEEKLY RIDES

CHANGES
 Call Bill Baker, Ride Director
 586-739-0261
 CRRrides@wideopenwest.com

4th of October

MONDAYS

Club Meeting, The October meeting will be at Bill Stimpson's house 15726 Dugan, Roseville (North of Common, East of Hayes off of Calahan) during BWR cleanup. November will be at Mt Clemens Library, 150 Cass Ave, just west of Gratiot on the North side.

5:00 PM (new time)

Meet at the M.S.U. center, Sq. Lake & Crooks. Ride as many hills as we can be found at a fast pace. Does NOT have a set leader (first person up the hill is the new leader). Pace unknown. Average will start at about 18.5 mph for 30 miles, and will increase to about 19.5 mph for 45 miles in late August. At times we will ride at 25 mph, and at times going up hills, it will slow to about 14 mph. The ride moves to Tue. after club meetings on Mon. The ride will officially start on April, 19. Call Rick Jones for more info.

5:30 PM

TUESDAYS

Meet at Prestige Cycles, Moravian and Garfield, for a 30—35 mile ride at an initial pace of 15-17 MPH with a destination of Metro Beach, 30 to 35 miles. Call Rick and Sue Moorman 586-792-0119 for details.

9:00 AM

WEDNESDAYS:

Meet in the parking lot of the Rochester Library (turn east at the road just past Pier One Imports blue awnings), near the arch to the start of the walkway/trail) to ride the Paint Creek Trail. Pace is 10-13 MPH. There is an optional single track loop out in Lake Orion. If you don't want to ride the single track, just return to Rochester on the Paint Creek Trail. Lunch at the end of the ride with great root beer floats! Optional: Shopping in downtown Rochester.

5:00 PM (new time)

"Sheffield Shuffle I" Meet Ken & Cindy Rosiek at southwest corner of Sheffield Office complex Big Beaver Rd and Cunningham Dr. Approximate distance of 30-35 miles, light conditions permitting. Initial pace of 15-17 MPH. Rolling hills. Ride pace and terrain difficulty will increase as season progresses covering up to 50 miles in July. Good training ride, come early and often.

LV

November 2004

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Note: Send newsletter ride changes and/or additions to BLUECYCLIST@YAHOO.COM

5:30 PM

THURSDAYS

"Sheffield Shuffle II" same as Wednesday ride only meet leaders Rick and Sue Moorman.

6:00 PM

Meet Bill and Bill at Prestige Cycles, Moravian & Garfield, 2 hour ride to unknown destinations at 13-15 MPH.

8:00 AM

FRIDAYS

Meet Duane Nieman in the Romeo/Armada area for 35 to 60+ mile long rides to different locations at a pace of 15 to 18 MPH with a breakfast stop. Call Duane 586-752-6482 or email Bill Smith bsmith02@comcast.net and Bill will add you to a distribution list for latest ride info.

9:00 AM

SATURDAYS

Meet Jane Bernard for the Schultz Funeral Home Ride at 9:00AM at Toepfer (8-1/2Mile) and Gratiot for a 30-35 mile, 14-16mph ride with breakfast or lunch after the ride. Goes every Saturday through the winter unless it's raining at the start location, or the roads are icy.

9:00 AM

Meet TJ Hill at the West Branch Parking Lot for a 50 miles of Mountain biking. Lunch will be in Lake Orion around the 30 mile mark.

9:00 AM

SUNDAYS

Meet TJ Hill at the Stoney Creek Boat Launch for more for Mountain biking to unknown destinations at the pace of the slowest rider for a distance to be determined

Birthdays

Bday First Name Last Name

11/04 Geraldine Prost
11/05 Carol Green
11/07 Elizabeth Gondert
11/10 Ron Smith
11/12 Al Barton
11/20 Bob Goebel
11/23 Larry Goeke
11/23 Vicky Sprecher
11/24 Tom Graham
11/24 Mimi Gendreau

Club Cookbooks are still available for \$10. To order, call Julie Windhorst (586-939-6073)

Interesting websites:

<http://www.nytimes.com/pages/nyregion/thecity/index.html?th>

A note from Gail Komendera: Club participation in the Festival of Trees is cancelled for this year due to scheduling conflicts.

Adventure is rarely determined by the destination you choose, but by the method of travel and the route you take to get there. Is it worth using your limited travel time to see all the archeological or tourist sights simply to check them off a list? Or is it better to see a handful of wonders that send shivers up your spine? The bad road, the road less travelled, the hard way. Call it what you will, but be forewarned. Once you've tried it, you may discover that it's the only way. Willie Wier, Adventure Cyclist June 2004

KRYPTONITE OFFERS FREE PRODUCT EXCHANGES TO ALL CURRENT OWNERS OF KRYPTONITE TUBULAR CYLINDER LOCKS

if you currently own a Kryptonite tubular cylinder lock and are concerned about the security of this lock, Kryptonite will exchange this lock for you with a comparable non-tubular cylinder lock.

Kryptonite will exchange the following co-branded tubular cylinder locks with a comparable non-tubular cylinder lock. These co-branded products include: Giant by Kryptonite (USA product only), KHS Ultra Cycle by Kryptonite, Raleigh products by Kryptonite (Avenir U-Locks, Cycle Pro U-Locks, Diamondback U-Locks) (USA product only) and Trek by Kryptonite (Ali Baba and Sherlock U-Locks, Dreadlock Armored Cable).

Kryptonite will exchange the following Harley-Davidson branded tubular cylinder locks manufactured by Kryptonite with a comparable non-tubular cylinder lock: Harley-Davidson Brake Disc Lock and Harley-Davidson Maximum Security Chain and Padlock. (Please note that the lock applies to the padlock only. The chain does not need to be exchanged).

To participate in the exchange program, please complete and submit the lock exchange form.

We expect locks to begin shipping in mid-October.

Consumers: If you still have questions after reading this information, please contact our special Lock Exchange Program number, 1-800-240-0802. Thank you.

If you would like to exchange your Kryptonite tubular cylinder lock for a comparable lock, please fill out the information below. Once you submit your information, you will be added to our database. You will then be contacted by us with a UPS Call tag that we will send out to you. Due to the volume of e-mails it may take several days for us to contact you. The locks will be available beginning mid October.

Reminiscences from the '86 World Cycling Championships by T J Hill

Just prior to the running of the World Championships I had the good fortune to ride with a pack of the worlds best professional cyclists. The championships were contested on the grounds of the Air Force Academy in Colorado Springs. After the track events were concluded there were a couple of off days before the road events began. It was on one of these off days when my good fortune landed me in the midst a pack of the pro cyclists.

I had been cruising the course over which the road race was to be contested and was close to the start/finish line. About that time a large pack of pro cyclists passed me. This portion of the course is an upgrade of about 4 per cent. The pro's cruising speed was much faster than mine on this grade and passed me by rather quickly. A short distance beyond the finish line the course made a 90-degree turn and then descended at a fairly steep pitch. When I reached the turn at the beginning of the descent the pack was not all that far ahead of me. It didn't take me but an instant to decide to try to catch the pack as they were mostly coasting. I came out of the saddle, laid my nose over the front wheel and quickly wound up to 39 mph. In short order I caught and passed the main body of the pack. As I went into cruise mode I was closing on a single rider who I recognized as Phil Anderson. Phil turned his head, gave me a, 'shit-eatin,' grin and then pulled quickly in front of me. I quickly switched him as I came by on his left. Phil then rode up alongside me and said, "O.K. there are still two riders up there. Let me see you catch them." I complied as I came out of my saddle and accelerated up alongside the two leading riders though I did not pass them. About that time the pack consolidated and I faded into the middle of the group. As this was still part of the downhill run it wasn't difficult to keep pace with the pack as they were just cruising.

As I was riding along, in the middle of the pack, a couple of Italian Team members rode up along side me. After discerning that I was not exactly a youngster they started saying, "hey magnifico, hey colossal." I smiled and kept pedaling. When the main downhill ended the speed came down a good deal, I was still firmly attached to the pack. We then came to a short uphill section during which I faded from the front of the pack to the back. However I did manage to hang on, though just barely.

There was a giant B-52 located on the corner of the next turn, after which the road was flat. We were cruising along at about 28 mph when Franseco Moser passed the pack. He was riding his hour record, time trial bike. No one in the pack reacted as he rode past. I thought, 'what the hell, he's not going that fast.' I jumped out of the pack, quickly closed on Moser and sat on his wheel. I wasn't there long when the coach, riding in an accompanying van, yelled, "NO," in a most convincing manner. I understood, he didn't want some unknown tourist sitting on Moser's wheel where he might cause a crash. Concern over the bike or the body of the World Hour Record holder was understandable. I quickly faded back into the middle of the pack where I resumed riding. The van with the coach inside had pulled alongside the pack. The coach conversed with some riders and shortly thereafter a Dane who could speak English rode alongside me and said, "they would like for you to ride behind the pack." He then leaned on my thigh, pushing me backward, as did the next rider.

Oh well, I thought. I can still ride in last position. I rode off the back of the pack for a mile or so until we approached a sweeping right curve. Beyond the curve was a short downhill followed by a long steep ascent. I realized my ride with the pro's was about to end as there was no way I would be able to keep pace on the steep climb.

Since the fun was about to end, I thought I'd give the pack one more shot. I backed off a couple of lengths, came out of the saddle, accelerating as quickly as possible as I took a flyer on the pack. I passed the pack and opened a short gap on the downhill. As I entered the ascent I shifted into a low gear pulled over to the right and waited a few seconds until the pack closed and passed me. As the pack passed I waved greetings and thanked them for the ride. The pack cruised quickly by and soon rode out of sight. As they disappeared from my view I smiled and thought I'd certainly remember this ride for a long time to come.

A couple of days later, during the running of the 100 K team time trial, I was hailed to the sidelines by a couple of riders who were members of the Italian squad. They greeted me cordially and made an approving fuss over my Masi Grand Criterium. We then carried on a mostly unintelligible Italian-English conversation. We may have been short on understanding one another's words but there was no mistaking the good will that flowed between us. I wished them good luck in the road race and went on my way, all smiles.

As things turned out the Italian team did have good luck in the road race as they took the Gold as well as the Bronze. Moreno Argentine was the winner and Guisippe Saroni finished third, behind Frenchman, Charley Motet.

When the last of the '86 World Championship Races had been run on the road as well as on the track I departed with quite a glow from having the good fortune to mingle close up with the worlds greatest bikers. It seemed I had enough memorable experiences to last me throughout my cycling life.