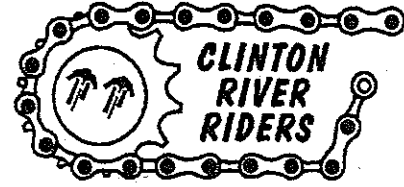


# Rambler



Aug/Sept/Oct 1997

produced by: Deb Angst & Sue Pavlat



## Bye Bye!

Bev & Dan Feucht have moved on to Oregon. The going away party was a great time with 51 people coming out to wish Bev & Dan good luck! They are already planning another trip and welcome friends to come out and visit.

Bev & Dan,  
Good Luck!

*The Clinton River Riders*

## Editors Note

Any article or picture submitted for the newsletter will be printed if possible. Please submit up to and including the monthly meeting. Info may be sent to my E-mail (doubletime@teleweb.net)

Thanks,  
Deb & Sue

## BWR CHAT

Invitation for all CRR members

### STUFFING PARTY

When: September 22, 1997

Where: 40961 Production Drive

Time: 7pm

Call 468-2947 for directions. Production Drive is one short block east of I-94 off North River Road.

### Blue Water Ramble

When: October 5, 1997

Where: St. Clair High School

Time: 6am

#### Co-Chairs

Gary H. 810-286-5094

Bob L. 810-939-2788

#### Parking

Steve M. 810-773-2213

#### Route

Eric N. 810-465-6036

#### Sag

John 810-294-0706

#### Food

E.A. 810-752-6482

Ilene 810-546-1818

#### Day of Ride

Bill D. 810-752-6310

It's time to shift into high gear. BWR is just around the bend. We had good participation at our last meeting, but we're still a little short on help. Please sign up at the next meeting. We will welcome all help at BWR, but only members that sign up will receive staff shirts. Bandanas have been ordered for the give-away. Publicity has done a GREAT JOB in getting out the word. Blue Water Ramble has been advertised every week in the Free Press and other publications. LMB has sent out our application in its monthly newsletter. Members have said that some stores are out of the applications. Please call Bill Quemling & let him know. He has a limited supply left. This will be the last newsletter before BWR. The committee heads can be your source for info.

## Next Meeting

Monday

September 8, 1997

7 pm

Mt. Clemens Recreation Center  
300 Groesbeck



792-4670

### President

Gary Green 468-7351

### Ride director

Rick Jones 879-2490

### Secretary

Julie Windhorst 939-6073

### Treasurer

Greg Schultz 775-2208

### Editors

Deb Angst & Sue Pavlat  
573-8089

### LMB Representative

Warren Berthelsen  
781-6706

## Welcome New Members

Welcome Charles Howard, Glenn & Christine O'Connor, & Ron & Ann Caraway. We hope that you'll enjoy our club rides & events. Feel free to make suggestions, ask questions, & lead rides. We have lots of variety in our people & in our events.

---

---

## Thoughts & Prayers

Pennie Morauski has injured her ankle. We miss you Pennie!

It was nice to see Ron Smith at the dinner for Bev & Dan. He has a positive attitude & is getting out when he can. He has written the club a Thank You letter. It is listed on the last page of the calendar.

---

---

## FYI

Greg Schultz will not be at the Sept. meeting. If you need reimbursement for BWR expenditures, please mail him the receipts, & he will mail you a check.

Jack Giannosa won the bike...for his winning phrase "Can't Resist Riding".

---

---

## Club Jerseys

Club jerseys are available for \$37.50. See Greg Schultz.

---

---

## Club Polo Shirts

Club polo shirts are now available for \$25. Sizes are S,M,L,XL,XXL & fabric is pre-shrunk 100% cotton. See Rick Jones to order at the next meeting. There will be shirts available to try on.

Our prez -  
Gaty Green -  
is doing a  
Great Job!  
Take time to  
say

**"Thank You"**  
to our  
officers



## Rides in August/September

### Assenmacher

August 17

Schwartz Creek. 20-100 miles.

for more info call:

Genesee Wanderers Bicycle Club  
810-635-7844

### Point Pelee

August 24

Ride with Rick & Sue Mootman to Point Pelee Provincial Park. 80 miles round trip. Sag provided to carry riders, picnic lunch, swimsuit, towel, etc. Call Hotline for any updates.

### Dalmac

August 27-31

350-400 miles. 4 or 5 day camping tour from Lansing to & across the Mackinac Bridge. Rick Mootman will lead the "Docksider" ride on Wed. Aug. 27 at 8am from Jim Muir Oldsmobile at 19 mile & Van Dyke to Lansing for the start of Dalmac.

for more info call:

Tri-County Bicycle Association  
517-339-1758

### Midwest Tandem Rally

August 29 - Sept 1

Dublin, Ohio. Those green hills of far away Ireland are okay but tandem teams deserve the flatlands of Ohio's own Dublin.

for more info call:

Dick Denning  
419-536-1125

### Maple Leaf Metric

Sept. 6

Grand Rapids. 50 & 100 km. Maps, SAG, food stops, t-shirts.

for more info call:

Rapid Wheelman Bicycle Club  
616-752-8123

### Leelanau Lakeshore

Sept. 6,7,8

A loop through the northern area of Leelanau Peninsula. Stop in shops in Leland. Then, enjoy the Sleeping Bear Dunes & towns like Empire & Glen Arbor.

for more info call:

American Lung Association  
800-263-5880

### Peach of a Ride

Sept. 8

Armada. 50 or 100 km & 100 mile. A new 25 mile dirt road route. Terrain is rural roads & rolling hills.

for more info call:

Slow Spokes of Macomb  
800-263-5880

### Mio to Mackinaw

September 12, 13, 14

An aggressive 210 mile, 2 day ride from Mio to Mackinaw City & back

for more info call:

Doug MacDemaid or Laurie Brickner  
810-939-4670

### "Big Mac" Fall Tour

September 12-14

Mackinac City. 25,50,75 & 100 mile plus mountain bike trail. Scenic tour along Lake Michigan's shoreline.

for more info call:

Mackinac Area Tourist Bureau  
616-436-5664

### Crane's Strain

September 13

Southern Indiana. 24 hour/53 mile closed loop near Naval Base.

for more info call: Gaty Green

810-468-7351

### Cereal City Century

September 14

Battle Creek. 25,40,62,&100 mile.

for more info call:

Battle Creek Bicycle Club  
616-963-5334

### Irish Hills Bicycle Tour

September 14

Sylvania, Ohio. 10,31,65 & 100 mile. Traverse the varied terrain of NW Ohio & Southeastern MI.

for more info call:

Hostelling International  
841-4510

### Leelanau Harvest Tour

September 21

Cedar. 12,25,62 & 100 mile. Mountain bike 25 miles.

for more info call:

Cheery Capital Cycling Club  
616-941-Bike

### Apple Cider Century

September 28

Three Oaks. 25,50,75 & 100 miles.

for more info call:

Three Oaks Spokes Cycling Club  
616-756-3361

## Rides in October

### Sunrise Side Sensation October 10 - 12

Oscoda. A full service, luxury, bicycling tour - on the sunrise side where the AuSable River meets Lake Huron. Enjoy private lodging, breakfasts, & dinners during a weekend of beautiful fall color bicycling.

*for more info call:*  
Sunrise Side Adventures  
313-283-1164

### Colorburst October 11

Lowell. 32 & 62 mile. Colorburst is a memorial ride for 2 Rapid Wheelman Club members struck & killed by drunk drivers. Includes pancake breakfast at beginning & homemade soup at end. A portion of the proceeds go to MADD.

*for more info call:*  
Rapid Wheelman Bicycle Club  
616-752-8123

### "Back 40" Challenge October 12

Clarkston. 17, 27, 44 & 62 miles. A full color ride on dirt roads in northwest Oakland County.

*for more info call:*  
Flying Rhino Cycling Club  
810-625-7000

### Other Rides & Events

#### Michigan Polar Equator Tour August 23-24

This will be the first tour to benefit the Polar Equator trail upkeep and public awareness; and Summer Research Scholarships at U of M.

Trail runs along the 45th parallel - very scenic, many sites of historical interest. 80% paved, 20% gravel/dirt.

120 miles roundtrip - Kewadin to Gaylord or 160 miles roundtrip - Alpena to Gaylord. Overnight camping accommodations, 4 meals, entertainment, SAG support, etc...all included. \$65-Adult \$25-Child

Pre-registration required through sponsor

Castelli Publications  
1417 Robinson Road  
Grand Rapids, MI, 49506

*for more info contact:*  
Annemarie Landman 1-800-225-7568 or  
castelli@castelli.com

## September

- 9/1 Stephanie Baker
- 9/2 David Henry
- 9/2 Bob Bartley
- 9/4 Don Bartlett
- 9/5 Brian Feucht
- 9/5 Jim Crawford
- 9/5 David Meriwether
- 9/5 Chris Caraway
- 9/6 Gary Green
- 9/8 John Kamm
- 9/9 Mike Kiefer
- 9/10 Buff Muylaert
- 9/10 Sheba Angst
- 9/11 Graciela Balmaceda
- 9/11 Kurt Liethen
- 9/11 Alan Ostrowski
- 9/12 Dan Vassallo
- 9/16 Jordan Bach
- 9/16 Sara Heck
- 9/16 George Lombardi
- 9/19 Loten Bach
- 9/19 Sue Pavlat
- 9/22 Carol Crawford
- 9/23 Paige Pradko
- 9/23 Doug Thoenes
- 9/23 Eric Noyes
- 9/25 John Edry
- 9/25 Greg Schultz
- 9/26 Carol VanSlembrouck
- 9/30 William Baker
- 9/30 Jeanette Gentilia
- 9/30 Ron Skiba



## Birthdays this Month

- 10/1 John Tarantino
- 10/2 Donald Dahlke
- 10/3 Kathy LoPiccolo
- 10/4 Linda Liethen
- 10/5 James Lucchesi
- 10/6 Rose Goebel
- 10/6 Gerald Zolna
- 10/7 Veda Meriwether
- 10/8 Howard Goldman
- 10/9 Bob Kosen
- 10/10 Janet Plzak
- 10/12 Daniel Feucht
- 10/15 Bradley Goldman
- 10/16 Mandy Anderson
- 10/20 Tom Ferrar
- 10/21 Bob George
- 10/22 Doris Mulligan
- 10/22 Tim Phillips
- 10/22 Audrey Sproul
- 10/25 Cricket Jones
- 10/26 Guiseppe Hammer
- 10/29 Terrie Giannosa
- 10/29 Michael Kortenчук
- 10/29 Susan Mootman
- 10/29 Bob Latsko
- 10/30 Shannon VanSlembrouck
- 10/31 Timm Appleton
- 10/31 Oscar Balmaceda

O  
c  
t  
o  
b  
e  
r

### Congratulations!

Andrew James Samolinski  
Born June 2, 1997

David Henry & Jan Trombley are engaged. They will be married in September 1998. (and they already have a tandem!)



Pace Code:

A+=20+ A=18-20  
B=16-18 C=14-16 D=<14

# AUGUST/SEPTEMBER 1997

Hotline: (810)792-4670

MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
<b>AUGUST 25</b> Tower Power 6:30 PM (B)	<b>26</b> METRO BEACH 6 PM (B) 6:30 PM (C) HILLY HAMMER 6:30 PM (A+)	<b>27</b> BLUE LIGHT SPECIAL 5:30 PM (A) DOCKSIDER DALMAC	<b>28</b> CRANBROOK 6 PM (C) RAMBLE RIDE 6 PM (D) POWER PUFFS (B) 5 PM OR LATER DALMAC	<b>29</b> LAKESHORE SPRINT 6:30 PM (A) MTR DALMAC	<b>30</b> ARMADA 8 AM (B) MTR DALMAC	<b>31</b> MTR DALMAC
<b>SEPT. 1</b> MTR	<b>2</b> METRO BEACH 6 PM (B & C) HILLY HAMMER 6 PM (A+)	<b>3</b> BLUE LIGHT SPECIAL 5:30 PM (A)	<b>4</b> CRANBROOK 6 PM (C) RAMBLE RIDE 6 PM (D) POWER PUFFS (B) 5 PM OR LATER	<b>5</b>	<b>6</b> ARMADA 8 AM (B) MAPLE LEAF METRIC LEELANAU LAKESHORE	<b>7</b> PEACH OF A RIDE LEELANAU LAKESHORE
<b>8</b> CLUB MEETING 7PM LEELANAU LAKESHORE	<b>9</b> METRO BEACH 6 PM (B & C) HILLY HAMMER 6 PM (A+)	<b>10</b> BLUE LIGHT SPECIAL 5:30 PM (A)	<b>11</b> CRANBROOK 6 PM (C) RAMBLE RIDE 6 PM (D) POWER PUFFS (B) 5 PM OR LATER	<b>12</b> BIG MAC M & M	<b>13</b> ARMADA 8 AM (B) CRANE'S STRAIN BIG MAC M & M	<b>14</b> CEREAL CENTURY IRISH HILLS BIG MAC M & M
<b>15</b> Tower Power 6:30 PM (B)	<b>16</b> METRO BEACH 6 PM (B & C) HILLY HAMMER 6 PM (A+)	<b>17</b> BLUE LIGHT SPECIAL 5:30 PM (A)	<b>18</b> CRANBROOK 6 PM (C) RAMBLE RIDE 6 PM (D) POWER PUFFS (B) 5 P.M. OR LATER	<b>19</b>	<b>20</b> ARMADA 8AM (B)	<b>21</b> STONY CREEK 8 AM (A) LEELANAU HARVEST TOUR
<b>22</b> STUFFING PARTY 7PM	<b>23</b> METRO BEACH 6 PM (B & C) HILLY HAMMER 6 PM (A+)	<b>24</b> BLUE LIGHT SPECIAL 5:30 PM (A)	<b>25</b> CRANBROOK 6 PM (C) RAMBLE RIDE 6 PM (D) POWER PUFFS (B) 5 PM OR LATER	<b>26</b>	<b>27</b> ARMADA 8AM (B)	<b>28</b> APPLE CIDER

## CANADA - SI VOUS PLEZ

by Gary Haelewyn

I was planning on finishing my journal entries on the train back to Windsor but the constant rocking of our car on its suspension coils closed my eyes and turned my scribe into scribble. Only the long muffled blow of the train whistle as we passed old country road crossings and back streets of small towns and big cities would wake me for a moment from my dreamy reflection on our past two weeks in this European like country.

This is our second two week adventure to Canada organized and planned by Dan and Bev Feucht. The framework of these trips are the same. Clothing and camping gear are stored on a trailer pulled by their van. Each day one member of the group has the responsibility to get the van and its gear to the next destination point, purchase and setup refreshments for the others when they arrive, and prepare the evening meal, unless we're in a city and can eat at a local restaurant. Although its still undecided who makes the best pot of coffee in the morning, everyone helps with breakfast and cleanup.

This years trip took us to two provinces whose historical backgrounds place them at odds with each other. Ontario, east of Toronto, with its Loyalists and allegiance to British rule, and Quebec, abandoned by France 300 years ago, it could very well be a country of its own someday. Trying to hold the two together by pointing to the lands original Indian heritage is Ottawa, the capital of Canada.

We began in the small town of Port Hope northeast of Toronto on Lake Ontario. The drive there was interrupted by a stop at Sunnybrook Farms for wine tasting and a personal tour of the cellars thanks to a running friendship between the owner and Dave and Sue Kanners, old friends of Dan and Bev. His barrels come in two varieties, American oak built and toasted in France

and shipped to his farm (\$600/barrel) and French oak (\$1000/barrel). Each barrel can be reused about three times before it must be refinished or replaced. Oscar Balmaceda treated us to some bottles of this delicious beverage which we enjoyed with our dinner at our first campsite.

We spent the first night at the Carlyle Inn Bed and Breakfast in Port Hope. A former bank built in 1832 the accommodations were spacious and breakfast was delicious. A scenic, 86 mile, lake view ride along shouldered Highway 2 and specially designated bike routes through quaint small Canadian towns took us to our first campsite at Sandbanks Provincial Park near Wellington on Lake Ontario. The park resembled the Pinery on Lake Huron and the sand, having the same texture found on the beaches in Sarasota FL, made it feel like we were walking on flour. Bob and Rose Goebel, who had to drive together as they were riding their tandem prepared our delicious campsite meal.

From here we rode the Loyalist Parkway to Kingston for a two day campsite at Ontario Park, which contained amusement rides for kids that the owner said was like our Cedar Point, but was no bigger than the Van Dyke Amusement Park in Utica. For our extra day here, Bob Latsko, Oscar and I rode to Gananoque for a boat tour of the 1000 Islands in the St Lawrence. Each island contained cottages from small to gigantic and owned by tum runners, conspirators, to wealthy businessmen and politicians. Irving Berlin had a cottage there as well as Kate Smith, and 1000 Island salad dressing got its name from this area. On the way back we rode around Howe Island occupied by Loyalists. Howe was the British general who signed the surrender papers in the war of 1812.

A 79 mile ride from Kingston to our Merricville campsite was followed by a 60 mile ride I missed to Ottawa as it was my day to drive. As the

crew would miss my boiled conglomerate dinner because we were eating out in Ottawa, I pointed them to a most unique lunch stop at the Millers Oven in Manitoa. The restaurant is run by



retired volunteers and local kids who earn only tips while learning how to run a business. In Ottawa it was bus rides from our hotel to the city central where I picked our dinner place at the familiar Bravo restaurant. Our extra day was spent watching the changing of the guard, eating breakfast at Zekes in the market area, viewing the Renoir exhibit at the art museum, and riding the many bike paths throughout the city. Our last night dinner in Ottawa was at the Black Tomato. My red snapper, rice with fennel, vegetable and gazpacho soup was excellent, topped off with a delicious caramel custard with sliced peaches.

At this point in the trip most everyone speaks English and most signage is in both English and French with English on top. However, leaving Ottawa the signage reverses with French on top and English on the bottom. And the closer we got to Quebec the less we saw or heard any English at all.

Our next stop is Montreal, home to the Montreaux Jazz Festival, the biosphere, Habitat 67, Notre Dame, the old city, Madelyn our hostess and two of the best restaurants on the whole trip. To get there however required the longest planned day of riding. A 75 mile ride that when completed turned out to be 95 miles. The second day was only off by 6 miles. Its difficult to calculate distances when the route leaves the highway and runs along bike paths not shown on maps. Never the less we did it and had fun doing it. In Montreal we stayed in a Brownstone 2nd floor flat on Sherbrouke right across from La Fontaine Park. We walked to our restaurants and the exciting night life. My Feuilleté

d'escargots followed by Confit de canard et salade Landoise with a Feuilleté was very good, and I topped it off with my favourite Crème Brûlée. The second place was just as good but more elegant.

We skipped the Jacques Cartier bridge out of Montreal and instead took a 5 mile extended route around the site of Expo 67 and the Montreal Grand Prix track. Our final destination Quebec City was only three days and two campsites away. Too bad we couldn't have skipped that second campsite. There we were eating Bobs Jambolia in 80 degree temps covered with all the clothing we could find and gallons of bug repellent. Yes, the black flies are vicious here in Quebec. We spent the next couple days scratching newly found welts on our already blood drained bodies.

Quebec City is like Montreal's old city only 20 times as big. It's dominated by the massive Hotel Frontenac with its huge boardwalk and many street performers including bands, jugglers, flame eaters, and various other entertainers. The brick streets are crammed with people, restaurants, outdoor cafes, swindle shops, and artists. Going past all this touristy stuff are many beautiful flowered streets and small parks. Any chance of eves dropping on another conversation are fruitless unless you've had 4 solid years of college French. They seem to talk very fast. Yes they are offended when you begin a conversation in English. You must first say hello with a Bon Jour, followed with Parle vous anglais? Most of the time we were lucky to get a oui. But it did come back with "no" on some occasions.

Our last day here was as adventurous as the entire trip. The group was leaving Quebec Friday morning after packing the trailer with our bikes, suitcases and tents. Only Oscar, Bob L, and I were staying behind to catch the 05:00AM Saturday morning train to Windsor. We were wearing shorts and T-shirts Friday morning as we waved goodbye to the oth-

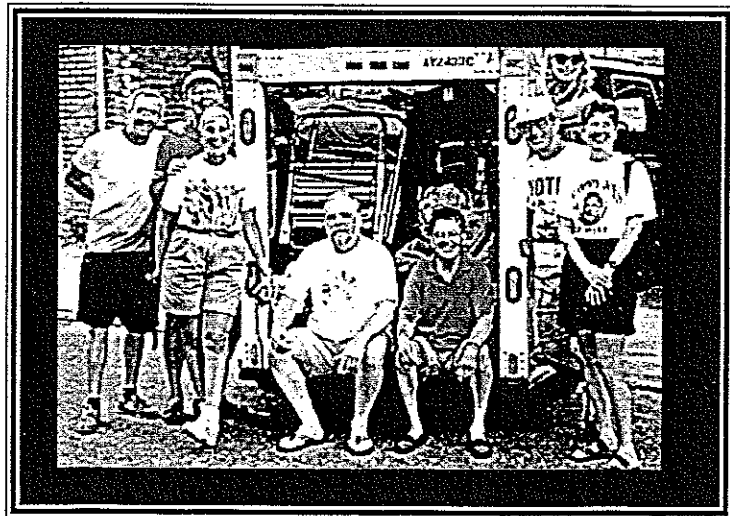
ers. It was hot and humid. We planned to stay in Quebec City until midnight, then catch the last ferry across the river to the train station in Levis. There we would sleep in the train station until our 05:00AM train departure. Everything was going to plan until 09:00PM when the weather changed. It suddenly got very cold. We shivered on the boardwalk until 11:00PM then went down to catch the 11:30 ferry. The last ferry was at 12:20. We made the crossing and went down to the train station just below the ferry dock. The place was small and empty. Then the station master came by and said we close at 12:45. "You mean we can't stay here tonight?" I asked skipping the friendly Bon Jour. "NO" he responded. We were thrown out into the cold. Oscar found a bench behind the station and a bit out of the wind and tried to sleep. I tried sleeping sitting next to him but couldn't keep my long legs crunched up on the bench. Then I got up and walked a little down the platform. There off to the side were a pile of old bike boxes. I picked one off the top, carried it over to where Oscar was sleeping, placed it down on the cold cement, crawled inside and within a few minutes warmed up and fell fast asleep. I slept so well that when Bob found the foyer to the train station was left open and went to get Oscar and me they just left me there snoring away in my cardboard box. They got me up at 03:30 when the station master arrived to open the

place. I was very stiff crawling out of that box but it was so warm I almost wanted to stay in there.

This is the last trip Dan and Bev will



be planning for our club. These dear friends are off to a new adventure in Portland Oregon. Because of them I've seen the Pacific Ocean, crossed the Golden Gate Bridge, climbed the mountain passes of Cape Breton, biked through Germany, tasted ice cold margaritas after long hot days of tiding, slept in giant redwood forests, ate blackberry cobbles, piaya (still can't spell it) and the best oatmeal ever, seen seastacks and almost green flashes from an ocean sunset. And oh yes, slept in a cardboard box. What an adventure we've had. What an opportunity they've given us. I'm sure going to miss these two special people.



Pace Code:

A+=20+ A=18-20

B=16-18 C=14-16 D=<14

# SEPTEMBER/OCTOBER 1997

Hotline: (810)792-4670

MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
SEPT. 29 TOWER POWER 6:30 PM (B)	30 METRO BEACH 6 PM (B & C) HILLY HAMMER 6 PM (A+)	OCT. 1 BLUE LIGHT SPECIAL 5:30 PM (A)	2 CRANBROOK 6 PM (C) RAMBLE RIDE 6 PM (D) POWER PUFFS(B) 5 PM OR LATER	3	4 ARMADA 8 AM (B)	5 BWR ST. CLAIR HIGH SCHOOL
6 TOWER POWER 6:30 PM (B)	7 METRO BEACH 6 PM (B & C) HILLY HAMMER 6 PM (A+)	8 BLUE LIGHT SPECIAL 5:30 PM (A)	9 CRANBROOK 6 PM (C) RAMBLE RIDE 6 PM (D) POWER PUFFS(B) 5 PM OR LATER	10	11 ARMADA 8 AM (B) COLORBURST	12 BACK "40 CHALLENGE SUNRISE SIDE

## Many Many Thanks & Other Musings

I want to thank many club members who have either called or sent me cards for their very kind & supportive thoughts & messages. This genuine support from you, fellow members of CRR, is really important to me in trying to cope & resolve things with my life's new needs. It is proving to be quite an adventure. Big hugs are also welcomed. Myasthenia Gravis is a relatively rare, chronic, neuromuscular, disease of the autoimmune system. It is somewhat similar to MS in many ways, except that it is not degenerate. Fatigue & weakness are the hallmarks of this disease. This includes general & specific muscles of the neck, breathing, chewing, & swallowing, upper arm, & eye muscles (blurred vision). It is very unpredictable, day to day and, in fact hour to hour. The various symptoms are controlled somewhat with medication. There is no cure and no known cause. One good thing

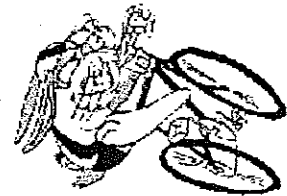
it's not contagious. For me, the medication works great one day & the next day doesn't work at all. Eating is proving a real challenge (apples are particularly difficult to eat) as is 'keeping my chin up' (due to my weak neck muscles). Dorothy is currently buying all the Pabulum & Cream of Wheat stock she can find. Eating at night has, at times, brought on an 'attack'. Breathing is sometimes very difficult & needs to be carefully controlled (I'm not really sure how, yet). I have already had my share of breathing difficulties & believe me, it is not a fun experience (sort of like slowly suffocating). Sometimes, in the best case, remission of MG can occur for a period of time. Physical exertion is not part of the MG program. I've found very little info about the possibility of things like running, biking, & climbing. I've been doing some walking at Stony Creek & Lake Orion. I managed a 10 mile & then spent 4 days

recovering (no denial here). My only tip on my mountain bike was not promising - got 2 miles out & managed to crawl back, holding my head up with 1 hand. Dorothy & I have rejoined Meadowbrook Health enhancement & have signed up for a "coping with chronic illness workshop" this fall. I am hopeful, although some part of me is still in denial. The process I must face is akin to saying good bye to a part of me that I no longer have. From worrying about catching Big John, I now worry about not having a fleeting moment of normalcy. My how one's perspective changes! I am learning to cherish simple things in life like breathing. We just never know when things will change.

**"All any of us really have, at best, is today & this particular moment."**

Love & regards to you all,

Ron Smith



# WEEKLY RIDES

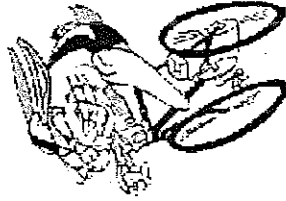
Hotline (810)792-4670

Call the hotline for updates

## Pace Code

A+=20+ A=18-20

B=16-18 C=14-16 D=<14



### Monday: Tower Power (B)

Ride Leaders: Rich & Pam Dyer

Distance: 30 Miles

Meet: New Baltimore Water Tower

Ride: Flat roads in New Baltimore

(Note: not to be confused with Power at the Tower)

### Tuesday: Metro Beach (B & C)

Ride Leader: John & Marilyn Tarantino

Distance: 25 Miles

Meet: Prestige Cycles

Ride: To Metro Beach

### Tuesday: Hilly Hammer (A+)

Ride Leaders: Sue & Jerry Pavlat

Distance: 35-40 Miles

Meet: MSU Training Center

Square Lake/East of Crooks

Ride: The hills in Oakland County

### Wed: Blue Light Special (A)

Ride Leader: Gary Haelewyn

Distance: 40 Miles

Meet: K-Mart World Headquarters

Coolidge & Big Beaver

Ride: The west side

### Thursday: Cranbrook (C)

Ride Leader: George Zlotito

Distance: 25 Miles

Meet: Cycle & Fitness

1109 Washington, Royal Oak

Ride: To Cranbrook

### Thursday: Ramble Ride (D)

Ride Leader: Bill Duemling

Distance: 20 Miles

Meet: Par Kut I-94/North River Road

Ride: Mystery Routes

### Thursday: Power Puffs (B)

Ride Leader: Marilyn Tarantino

Distance: As many as you want. Will

look for riders every lap

Meet: Stony Creek Boat Launch

Ride: Laps around Stony Creek

### Friday: Lakeshore Sprint (A)

Ride Leaders: Steve & Debbie Angst

Distance: 30-40 Miles

Meet: Manter/Jefferson

Ride: Grosse Pointe

Sprint up Lakeshore

### Saturday: Armada (B)

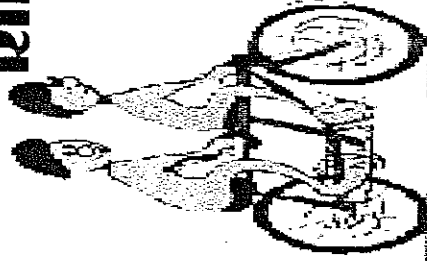
Ride Leader: Dave & Sharon

Distance: 45 miles

Meet: Stony Creek boat launch

Ride: To Armada for breakfast

# OTHER CLUB RIDES



### Sunday 8/24

#### 8AM (B) Pointe Pelee

Ride Leader: Rick & Sue Moorman

Distance: 80 Miles

Meet: Amherstburg, Canada

Route 18

Ride: To Pointe Pelee, Canada

### Wednesday 8/27

#### 8AM (B) Pointe Pelee

Ride Leader: Rick Moorman

Distance: ?

Meet: 8am @ Jim Muir Oldsmobile

19 mile & Van Dyke

Ride: To Lansing for Dalmac

### Sunday 9/21

#### 8AM (A) Stony Creek

Ride Leader: Dave Switney

Distance: 55 Miles

Meet: Stony Creek Boat Launch

Ride: To Mt. Clemens for breakfast



# Tour de Stony 1997

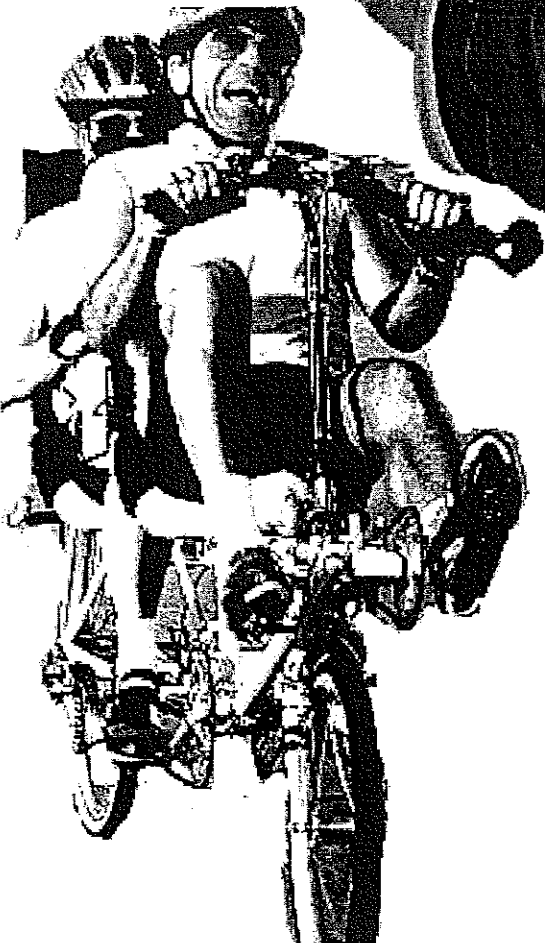
**Stony Creek  
Eastwood Beach  
Wednesday 7p.m.**

**August 20**

Tour De Stony was held on July 16. We had sun & warm weather. John & Marilyn took overall first place with a personal record of 14:50. Doug Thoenes was our first participant under the age of ten. He did great & should be very proud. A Big Thank You to Jerry & Sue Pavlat, David & Heidi Heck, Art Meethaeghe, for volunteering their time to make sure the event ran smoothly.

The last Tour De Stony will be held August 20. Come out & have some fun!

Doug  
&  
MaryAnn  
Pettner



## RESULTS

- First Place Overall  
*John & Marilyn Tarantino*
- First Place Men  
*Hank Thoenes*
- First Place Women  
*Julia Schultz*
- First Place Mixed Tandem  
*John & Marilyn Tarantino*
- First Place Parent & Child Tandem  
*Steve & Jaclyn Angst*

Doug  
Thoenes

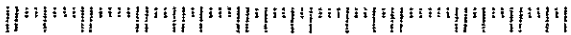
Jaclyn Angst



**No Pain...No Gain!**

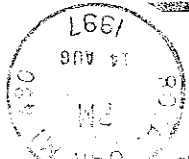
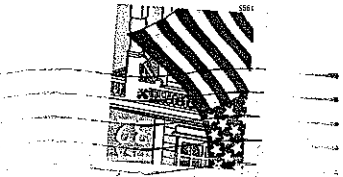
### Top Club Miles - Rick Jones - 1119

1000	Gary Green	766	Julie Windhorst
982	Gary Haelewyn	759	John Tarantino
944	Bill Windhorst	737	Eric Noyes
910	Steve Morauski	732	Sandy Freeman
880	Pennie Morauski	681	Sharon Wiseman
869	Douglas McDermaid	658	David Courter
813	Steve Angst	650	George Zloitto
806	Sheila Jones	628	Laurie Brickner
779	Dave Switney	619	Darlene Duskey
774	Marilyn Tarantino	618	Ted Gondert
774	Patrick Mootman	617	Art Meethaeghe
774	Susan Mootman	609	Debbie Angst



48038-2276 04

HARLEWYN, GARY, JAN & FAMILY  
41706 MERRIMAC  
CLINTON TWP., MI 48038



36558 Moravian Clinton Twp. MI 48035  
FORM DPK MI 480483 DCR#3 08/14/97

## A Little Humor

After intensive investigation on both the Soviet and US parts, spokespersons from both space agencies have determined the cause for the accident which has placed the station and its resident personnel in jeopardy. In terse statements at a recent press conference, Soviet and US space agency spokespersons said Thursday. We have concluded joint investigations concerning this potentially tragic accident and each nations team, separately, has arrived at identical conclusions for this incident. The accident was caused by one thing and one thing only...

**OBJECTS IN MIR ARE CLOSER  
THAN THEY APPEAR.**