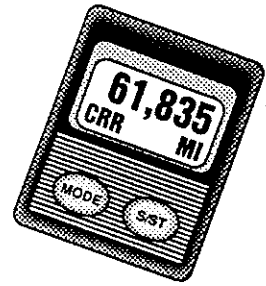




August 1993



Is Your Life Worth \$60?

by Anonymous Member

A few weeks ago Gerry and I were riding up North Ave. headed for Armada. As we hit the second curve just before town I looked in my mirror and saw a double-trailer gravel truck coming up behind us. I heard him pump the air brakes and the trailers started banging into each other. I pulled just left of the white line along the edge of the road. We were riding about 20MPH, Gerry drafting behind me. The edge of the road dropped slightly to about 6 inches of gravel and then fell to a ditch. As the red cab of the truck passed us I looked up in its side mirror and could see the driver watching us. As soon as his cab had passed us, he slowly began moving his rig to the right. As the lane ahead of me started closing I rode ever closer to the road edge and started braking. The huge wheels of the truck were inches from my shoulders. We were going off the road. Suddenly there was a loud bang and Gerry started screaming. He was going down. We came to a stop on the gravel shoulder avoiding the ditch. The truck continued on. Gerry's handlebars were wrapped through my rear spokes, his tire flat, and blood was coming from his knee and elbow. He was alive. He thinks the second trailer hit him but he's not sure. Had he fallen to the left he would have been crushed under the wheels of the truck.

On Tuesday August 3rd, new member Shirley Jones told me of how she was riding on 18 Mile road and a gravel truck passed her and then began to force her onto the gravel shoulder. There was no one coming the opposite way.

Thomas Donahue, president of the American Trucking Association is quoted in the draft copy of the Long Range Transportation Plan as saying: "We bear the huge economic cost...whenever we slow down, it costs us a lot of money, sixty dollars an hour to sit still."

The M-59 high way improvement project is getting under way. There will be a lot more of these trucks on the roads we ride. Riding single file to the far right is NOT safe enough when a gravel truck is behind you. Keep your eyes open, look for license plates, names on the truck. Above all, be careful, your life is worth more than their 60 bucks.

NEXT MEETING:

**Monday September 13, 1993, 7:00pm
at the Mount Clemens Recreation Center
300 Groesbeck at Lafayette.**

President: Bill Duemling	752-6310
Ride Director: Doug MacDermaid	774-0295
Secretary: Laurie Brickner	375-1204
Treasurer: Pennie Morauski	773-2213
Editor: Lorie Kamm	777-8726
Assistant Editor: Vicki Malloch	979-4076
Assistant Editor: Mike Kiefer	884-1052
HOTLINE:	792-4670

Roller

Ride Schedule

Call the hotline (313) 792-4670 for updates.

Recurring rides for August/September

Tuesdays, 6:00pm. Meet Gary Haelewyn at the original Pavlat's in Clinton Twp. for a 25 mile ride to Metro Beach. Pace 16-18. Rotating pace lines.

Tuesdays, 6:30pm. Meet Warren Berthelsen at the Original Pavlat's Bike Shop (Clinton Twp) for a ride to Metro Beach Pace 14-16, 20-25 mi. Join us for ice cream afterwards. Will be changing hours soon so call the hotline.

Wednesdays, 6:15pm. Meet Rick & Sue Moorman at 17 Mile/Garfield behind the doctors office for a ride out to Stoney Creek. Pace 16-18, 30 mi.

Thursdays, 5:00pm. Meet Gary Haelewyn at KMart Headquarters back parking lot (Big Beaver & Coolidge) for a ride to Bloomfield Hills and back. Pace 16-18, 30 mi.

Thursdays 6:30pm. Jackie Kray at Pavlat's Two Wheel Authority in Royal Oak for a beautiful ride through Oakland County's posher suburbs. Plenty of shaded, winding roads lead you up and down towards Cranbrook and afterwards hang out for ice cream. Pace 14-16, 25 mi.

Thursdays, 6:15pm. Meet Rich and Pam Dyer for a ride from the Water Tower in New Baltimore. Pace 18-20, 30 mi.

Fridays, 6:30pm. Doug MacDermaid at Marter and Jefferson for a ride through Grosse Pointe. Pace 16-18, 20-25 mi.

Saturdays, 8:00am. Meet Doug MacDermaid, Bill Duemling, or Oscar Balmaceda at the Stoney Creek Boat Launch for a ride to Armada for Breakfast. Pace 16-18, 45 mi.

Sundays, 8:00am. Meet John Payne at Pavlat's Two Wheel Authority in Royal Oak for a breakfast ride to Rochester. Pace 13-15.

Scheduled rides for August/September/October

Saturday, Aug. 28, 7:00a.m. DALMAC training ride. Meet Rick Moorman at Romeo High School for a ride to Ottisville. Pace 16-18, 100mi. Rick has a map for a shorter 60-70 mi. ride if your interested on your own. Call Rick

Sunday, Aug. 29, 8:30am. Meet Dave Courter (N.W. corner of shopping center parking lot (near A&P) across from ferry in Algonac) for a ride to Chatham. Need I.D. and ferry money for crossing into Canada. Pace 15, 77 mi.

Wednesday, Sept. 1, 8:00a.m. Docksider ride. Meet Rick Moorman at Jim Muir Olds (19 mi. and VanDyke) for a last minute pre-ride to Lansing to begin DALMAC.

Saturday & Sunday, Sept. 4-5. Labor Day weekend Midwest Tandem Rally 1993. Allen & Kathy Hawn (616) 651-1352 Call between 6-10 p.m.

Sunday, Sept. 12. Peach of A Ride. Come out and support the Slow Spokes. This fundraiser is their BWR.

Sunday, Sept. 19, 7:00a.m. BWR Pre-ride. Meet at the St. Clair High School for a 100 mi. ride. A second 60 mi. ride may also be scheduled. Call Doug for snack ordering.

Sunday, Sept. 26. Apple Cider Century in Three Oaks Michigan.

Sunday, Oct. 3. BWR, BE THERE!

Saturday & Sunday, Oct. 9-10. Weekend ride at Doug's cottage. Call Doug MacDermaid.

Sunday, Oct. 17, 8:30a.m. Meet Dave Switney and Sharon Wiseman at the Stoney Creek Boat Launch for their last of the season tandem led ride (singles welcome) to Emerald Lake for breakfast. Pace 16-18.

Special Events

Saturday, Sept. 18. Clinton River Riders Club Picnic. Call the Hotline.

Friday, October 15, 7:00p.m. Laurie Brickner is putting on a Hayride at the Hayride Lodge (56220 Dequindre). Advanced sign-up required by Oct. 4. Contact Laurie.

Birthdays



Stephanie Baker 9/1, Curtis Pytel 9/1, Bob Bartley 9/2, David Meriwether 9/5, Paul Patterson 9/6, Maria Robinson 9/6, Robert Crowley 9/7, Jason Dobry 9/8, John Kamm 9/8, Mike Kiefer 9/9, Lorraine Wright 9/10, Graciela Balmaceda 9/11, Kathleen Best 9/11, Alan Ostrowski 9/11, Sara Heck 9/16, Emily Wright 9/17, Karie Jones 9/19, Sue Pavlat 9/19, Dave Moran 9/19, Steven Moran 9/21, Carol Wilke 9/22, Eric Noyes 9/23, Doug Thoenes 9/23, John Edry 9/25, Greg Schultz 9/25, William Baker 9/30, Jeanette Gentilia 9/30, Craig (Kray?) 9/30, Brian Ondre 9/30, Melissa Patterson 9/30, Ron Skiba 9/30

Welcome New Members:

The Clinton River Riders proudly welcome the following new members:

Richard Emmons, Michael Flaga, and Eric Noyes

We hope you enjoy this and many future seasons cycling with us.

Motion Carried

A motion was made to eliminate all monetary donations to private individuals. The motion was carried. Future support to individuals it has been suggested, can be raised through events such as benefit rides.

Michigander Support

We wish to thank Elizabeth Neiman, Ted Gondert, Ed Rogers, and John Payne for their support of the CRR rest stop during the Rails to Trails event.

CRR Jerseys

Pennie Morauski hope to have the club jerseys for the September 13th meeting. There may be a few extras for sale. See Pennie at the next meeting

Blue Water Ramble Calendar

Volunteers are needed for the ride. Please call the indicated committee head if you can help. This is our big event & we need your help.

BWR Steering Committee Heads

Day of Ride Committee	Diane Baker	247-5694
Publicity Committee	Doug MacDermaid David Merriwether	774-0295 628-0092
Route/Sagwagon Committee	Ed Rogers Bill Cleland	755-2347 775-5125
Rest Stop Committee	Gary Haelewyn Laurie Brickner	286-5094 375-1204
Registration	Blake Bennett Bill Duemling	781-2316 752-6310

- **BWR Stuffing Party** Friday, Sept. 17, at 7p.m.
Oscar Balmaceda's home
6211 Pinetree Dr.
Shelby Twp.
- **BWR Pre-ride** Sunday, Sept. 19, at 7a.m.
St. Clair High School
- **BWR Steering Committee Meeting** Monday, Sept.20, at 7p.m.
Gary Haelewyn's home
41706 Merrimac
Mt. Clemens

The above events are open to all club members.

BWR Chairman	Oscar Balmaceda	731-3929
BWR Co-Chairman	Ron Smith	651-7346

Club Picnic

Stoney Creek, Saturday, Sept. 18, 1993. Lunch will be served at 12 noon. Look for the club to set up in the Southdale picnic area if it is available and keep yours eyes open for club posted signs. If you plan on attending, you must RSVP with one of the following before the September 13, cutoff so that the food can be ordered. Contact Vicki Malloch, Pam Dyer, or Kathy LoPiccolo.

This year the club is renting the Super Canoe at Stony Creek. This boat carries up to 18 people. It will be embarking at 1:00p.m. and again at 2:30p.m. from the boat launch. Riders must be at least 4 years old.

Gold Medal Winner

Again the club wishes to congratulate Gerald Bartels. On Au. 4, Gerry took 4 gold medals in the 14th Annual Michigan Senior Olympics held in Holland Michigan. His results:
1Mi. - 2:27, 5K - 7:47, 10K - 15:59, and 20K - 31:32



BICENTENNIAL

EC Notebook #5-Lane Positioning I or Attitude Adjustment

by Susie Jones

The Effective Cycling (EC) Program is rooted in the theory that "cyclists fare best when they act, and are treated in return, as drivers of vehicles, with the same rights and responsibilities that other drivers have." The group riding skills and emergency maneuvers covered in the last four EC columns are important skills to master, but it is this *vehicular cycling theory* which governs all decisions made by effective cyclists. The theory is really an attitude, a strong belief in the rights cyclists have as legitimate users of this country's roadways. If you have grown up believing that as a cyclist it is your responsibility to ride as far to the right as possible or that a two-ton car always has the right of way, it will take some time to change your attitude. Overcoming these feelings, which *Effective Cycling* author John Forester labels as the *Cyclist Inferiority Complex*, will not happen overnight. It takes time to reverse the well-intended but misguided bicycling education most of us have received over the years.

In each issue of *Bicycle USA* this column offers practical suggestions to improve your safety and effectiveness on the bike.

To feel comfortable executing some of the maneuvers, however, you have to first believe in the vehicular cycling theory. An Effective Cycling Instructor (ECI) can help by broadening your cycling knowledge and offering numerous opportunities to practice on-bike skills. You can also learn more about the vehicular cycling and cyclist inferiority theories by reading *Effective Cycling*. To order a copy call L.A.W.'s toll-free merchandise line (800) 288-BIKE.

Intersections are where most bicycle crashes occur, but many of them can be avoided. When you approach a multi-laned intersection, think about where you would position yourself if you were driving a car. You wouldn't be in the right-turn-only lane if you were continuing straight. And you wouldn't attempt a left turn from the right lane of a four-lane road.

Generally speaking, as a bicyclist, you should be in the right-most lane that goes in the direction you are traveling. As a bicyclist, though, you also have three positions within the lane to choose from: the right third, the center, and the left third. The specific portion of the lane depends on the dis-

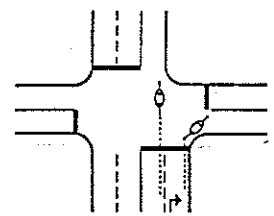
tinct characteristics of the intersection.

The diagrams below show correct lane positioning for a variety of different scenarios. Compare them to roads you travel in your regular rides. Are you where you're supposed to be?

EC Notebook #6 will delve into the factors involved in choosing the correct position for making left turns.

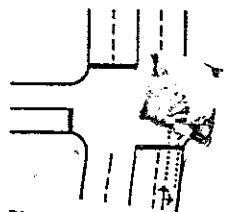
RIGHT TURN LANES

RIGHT-TURN-ONLY LANE



Right turn from right side of right-turn-only lane.
Straight from right side of next lane left.

DUAL-DESTINATION RIGHT-TURN LANE

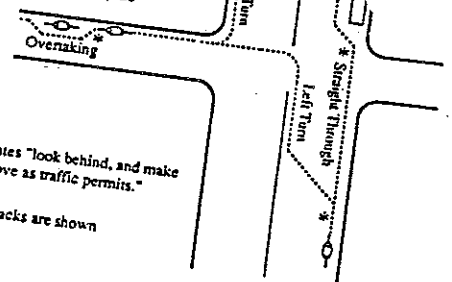


Right turn from right side of right-turn lane.
Straight from center of lane.

BICYCLING IN

BASIC MANEUVERS

1. Straight Through
2. Right Turn
3. Left Turn
4. Overtaking
5. Passing Parked Cars



* Indicates "look behind, and make your move as traffic permits."

99 Cyclist tracks are shown

The Top 25 Club Mileage Leaders

1	Laurie Brickner	2440.9	14	Richard Dyer	1110.8
2	Douglas MacDermaid	2017.5	15	Bob Goebel	1104.7
3	Gary Haelewyn	1932.8	16	Rose Goebel	1104.7
4	George Zloitro	1763.4	17	Darlene Duskey	1093.1
5	Bill Duemling	1662.9	18	Ted Gondert	1052.6
6	Pennie Morauski	1627.1	19	Dave Switney	1046
7	Steve Morauski	1446.4	20	Kathy LoPiccolo	101
8	Art Meerhaeghe	1359.1	21	Sharon Wiseman	99
9	Rick Jones	1317.5	22	John Edry	945.0
10	Vicki Malloch	1229.6	23	Bob Latsko	934.0
11	Doris Mulligan	1221.3	24	Ken Koch	905.5
12	Rick Moorman	1155.7	25	Tom Graham	876.1
13	Sue Moorman	1124.7	26	...	

"Effective Cycling Notebook,"
LAW Bicycle USA magazine.

For Ladies Only

CRR Women UNITE! Seeing as the guys have 'their' weekend every year heading out of town to do some monster bike ride in another state, it's time for the gals to get together! And what shall women do, ride their bikes? NOT! We'll do what EVERY woman loves to do... Shop till you drop, spend to the end, buy till you die! I am putting on a wild, shopping spree weekend on October 9th, 10th in Chicago. (With the option of those who choose to leave on Friday, Oct. 8th.) Complete details are unavailable at the time of this printing but here's the scoop so far:

1. We'll take the train from the Amtrack Dearborn Station. Departures/arrivals daily are as follows:

Departure times from Dearborn:	7:20a.m.	2:13p.m.	5:40p.m.
Arrival times in Chicago:	11:27a.m.	6:05p.m.	9:40p.m.
Departure times from Chicago:	7:00a.m.	3:25p.m.	6:10p.m.
Arrival times in Dearborn:	12:57p.m.	9:31p.m.	12:08a.m.
2. Round trip train fare is \$58 per person purchased the morning of the trip. If we get 15 or more ladies, we can pre-order the tickets for an additional \$12 per person and have the Club Car... Party...Party!
3. This weekend is for ladies only. Sorry, no children.
4. We will share hotel rooms with 2-4 ladies per room. Still working on where it will be.
5. Meeting for final organization will follow the CRR club meeting in September.

Please call Sue Pavlat at 792-4040 if you are interested in this WILD weekend. Oh yeah, Rich Dyer told Pam he would give her HIS credit card for the weekend! (He doesn't think that we are going.) SUPRISE!

Thanks You Clinton River Riders

I wish to thank the club for its heartfelt support for my recent Trans Canada record attempt. Happily, a nice article on the race appeared in the Detroit News, mentioning the Clinton River Riders.

During the tough times (most of the trip) I thought of the ardent backing rendered by the majority of the club and my friends in Windsor. I felt like it was my duty to press on. This made things much more bearable.

Sadly, injury forced an end to the race at the 2/3 mark or 2500 miles. Sixty hours of rain, much during mountain climbs, had aggravated my Achilles tendons. A crash at midnight on the third night hyperextended them. On the ninth night, I hit a large pothole that doubled my ankle size and halved my speed. After two hours, the following morning, the crew took me to a hospital where my doctor pulled the plug.

The final result was negative, but everything else was positive. The crew was sensational, tackling many impossible problems. We feel that we did as well as was possible for us to do, given the circumstances. In a strange, hard to explain way, it was the happiest ten days of my life.

Again, my sincere thanks go to the Clinton River Riders for helping to make the attempt possible.

Ron Dossenbach

We Ride To Eat and Eat To Ride:

by Gary Haelewyn

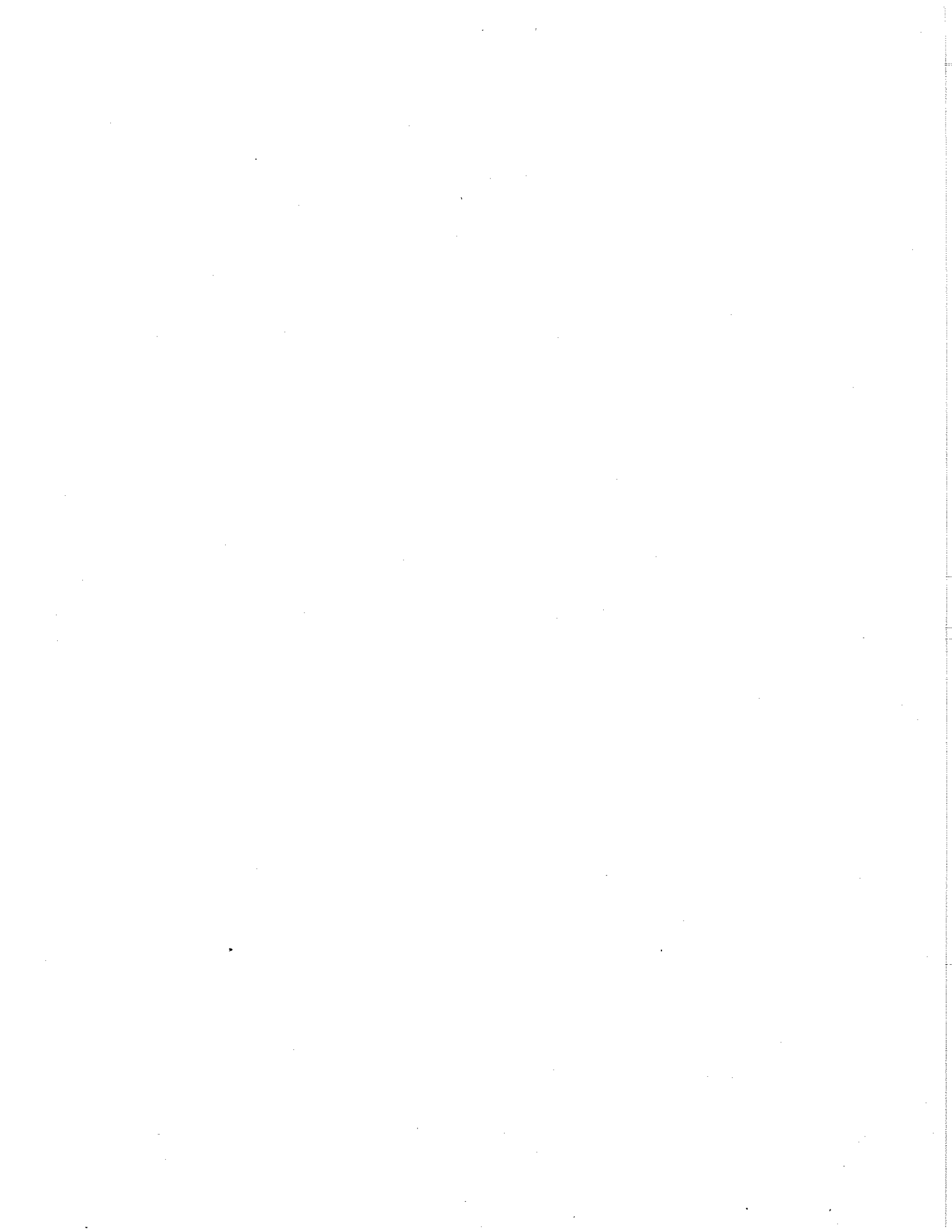
Chimes Family Restaurant
51195 Schoenherr (just north of
23 Mile), Shelby Twp
731-6161

I pass by the place whenever I drive home from Stoney Creek and always tell myself we should try that place out. So last Friday when I got home from work and Jan said lets eat out, I finally remembered Chimes. The place looks classy from the outside, but don't be put off by appearances. Jeans are ok. Lots of booths in an open area decorated in light airy tones. Our waitress was pretty honest and knowledgeable. The dinner salad was fresh and crisp with croutons, tomatoes and cukes. My Lasagna (\$5.95) was delicious and more than I could finish. Jan's Fish & Chips, tasted like they just came off the boat. The rice pudding caught my eye from the menu so when we finished I asked. Our waitress suggested to Jan the Cheese Cake claiming it was very good. Now we've heard claims from waitresses like this before where they try to pad the bill by showing you a desert tray. But Jan decided to trust her (after a little encouragement from me). It was the biggest piece of N.Y. we had ever seen and the texture was perfect, not too light, but not so heavy it bends your fork (\$2.15). Hey did they bill that correct?

I give this place 3 1/2 stars, and guess what? They serve breakfast too. Now if there was just some way riding our bikes down 23 Mile road.

(How bout it Clinton River Riders, think we could start a "dining out" column? I put in the first, although somewhat lengthy critique. Any other members eat out? Send your 3 1/2 star or better places to our newsletter editor. Include what you ate, prices, location and phone).

Bon Appetite



In Our Hearts and Our Prayers

On Saturday, August 7th, I represented the Clinton River Riders at a touching memorial service for Peter John Kamm, son of Lorie and John Kamm who was stillborn July 30th.

Their Pastor told some wonderful stories about Peter John, alias B.K. (for Baby Kamm). Lorie and John didn't want to know the sex of the baby, hence B.K. He told about the first kick, the photos (the ultrasounds), and how B.K. inspired John one day last winter during a cross country ski race. Before the race John went out and wrote a big B.K. in the snow at a difficult part in the course to encourage John and push him on to the finish. How Lorie and John read stories to B.K. every night the last few weeks before bedtime. And how B.K. had logged in 45 miles with the CRR's ride director. Rumor has it that at one point, B.K. had logged in more miles than Lorie and that was quite an accomplishment! I left the church with tears in my eyes, but yet a smile on my face as somehow I felt I knew little Peter John.

Lorie and John's request is that donations be made in memory of Peter John Kamm to, Make A Wish Foundation of Michigan, 913 W. Holmes Rd., Lansing, MI 48910. Our hearts and our prayers go out to Lorie and John at this difficult time in their lives.

A thought and a prayer:

God grant me the serenity to accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.

God bless Peter John Kamm. Hugs and prayers to Lorie and John.

Sue Pavlat

