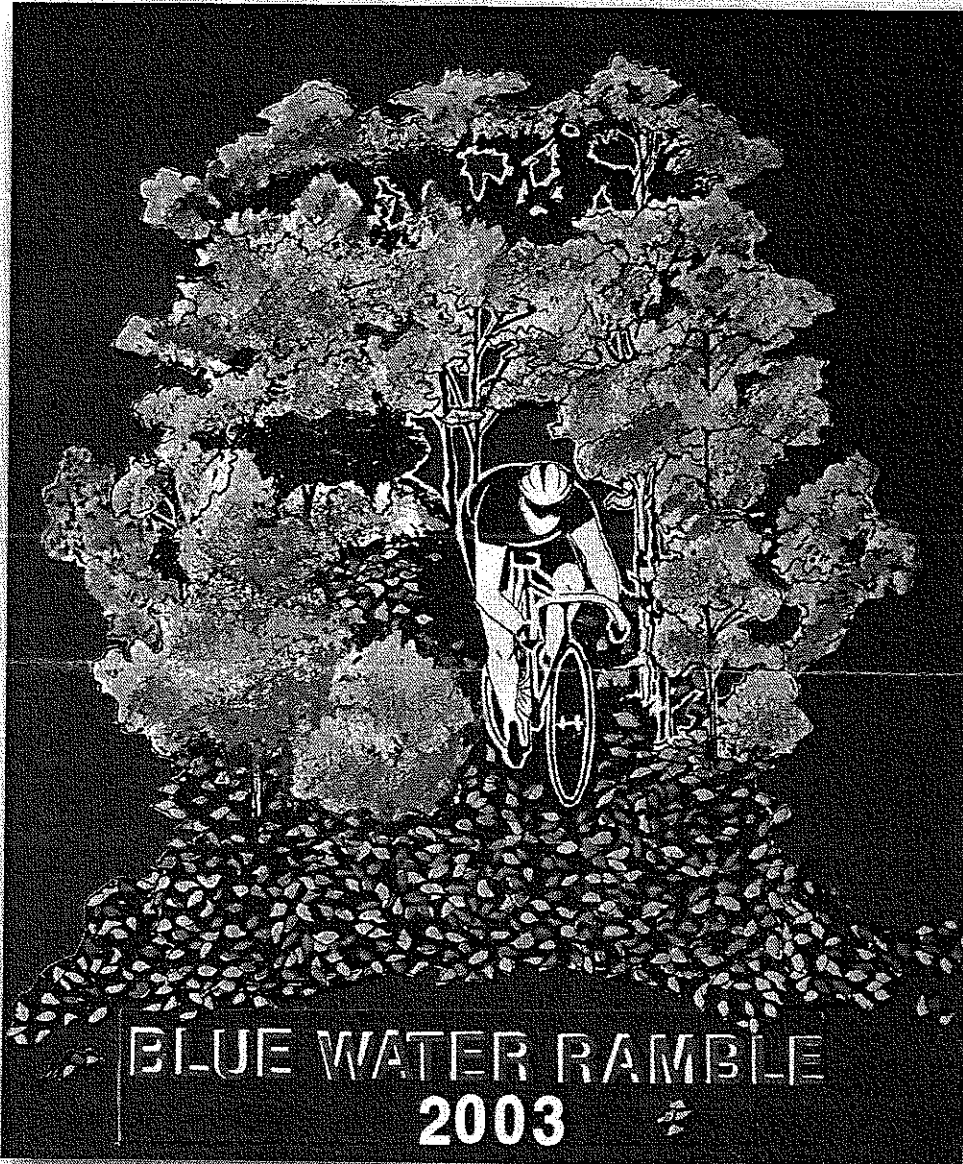


in the  
**CRR NEWS...**

for August 2003

## Blue Water Ramble...Coming Soon!



The word is Volunteer! We always end up with enough help, but it sure would be nice not to have to worry about it. Please sign up at the September meeting or contact one of the BWR chairs to volunteer. We need a lot more help at the food stops. Tom Graham would sure appreciate if you let him know what you can do. Even if you can't come early, you could sign up for the late lunch shift. We also need help at the Border Crossings - See Bruce Carlson. John Tarantino needs sag drivers. It's a Sunday that we give up for our club, but we always have fun and end up with lots of memories and stories to tell. Join in the fun and make this a Great BWR!

**Shirts...please sign up and list your size. YOU MUST SIGN UP NO LATER THAN THE SEPTEMBER MEETING AND give YOUR size OR YOU WILL NOT RECEIVE A SHIRT!** The standard shirt will be a long sleeve T. if you would like a short sleeve T or a hooded sweatshirt, **YOU MUST SPECIFY ON THE SIGN UP SHEET.** We want everyone to have a shirt they like, but **WE'RE NOT MIND READERS!** The hooded sweatshirt is only available in med., large, and xl and will require you to pay an additional \$10. Pay cash or make your check out to CRR. It would be helpful if you did that at the September meeting. **THANKS TO ALL FOR YOUR HELP!**

# Rides...Hotline 586-819-0222

PRESS 1 FOR SPECIAL RIDES. FOR ANY CHANGES TO THE SCHEDULE,  
CONTACT BRUCE FREEBURGER 586-775-8838 OR [bruce@BIKESonTV.com](mailto:bruce@BIKESonTV.com)

## WEEKLY RIDES

### Monday...6pm

Ride with Rick Jones & Company from the MSU Management Center, at Crooks and Square Lake Roads. This is a FAST, HILLY ride of 35-45 miles. The first week of each month, this ride is moved to TUESDAY, to avoid a conflict with the club meeting on the first Monday.

### Monday...6pm

Join Bill and Diane Baker for a ride that goes as far and as slow as the slowest rider. Start at Fraser Cycle & Fitness, on Utica south of 15 mile. Park in the back & side of the store. This is a great ride for new cyclists. Note: this ride does NOT occur the first Monday of the month, due to the club meeting.

### Tuesday...5:30pm

Join Rick Moorman for a ride to Metro Beach and back from Prestige Cycles. The ride is 25-30 miles at 15-17 mph.

### Wednesday...5:30pm

It's the Sheffield Shuffle with Ken Rosiek. Meet Ken in the Sheffield parking lot across from K-Marts in Troy (Coolidge & Big Beaver). The ride will be 16-20 mph with a 16-17 mph average for 30-50 miles. The terrain is flat and/or hilly depending on who shows up.



### September 1...Labor Day

Meet Bob George at Macomb Community College on 12 mile/Hayes at 8:30 for a 60 mile ride to Mexican Town at 13-15 mph.

### Sunday October 12...Sunday

Meet Bob Latsko at the McDonalds in Algonac at 9:00 for a ride to Mitchell's Bay with the Slow Spokes at 13-15 mph.

### Thursday...5:30pm

Part 2 of the Sheffield Shuffle. Meet Rick Moorman for a 30-40 mile ride at 15-17 mph average. Same meeting location and terrain as the Sheffield Shuffle on Wednesday.

### Thursday...6:00pm

Join Bill Duemling and Bill Baker for a ride from Prestige. They will ride at 13-16 mph for 2 - 2 1/2 hours.

### Friday...6:00pm

Pete Sprecher is leading this ride so meet at the corner of Marter (8 1/2 mile) and Jefferson for a 25-30 mile road through the Grosse Pte. area at 16-18 mph.

### Saturday...8am

Meet Bill & Annette Smith and Sandy Overway at the the Stony Creek Boat launch. Ride to Armada for breakfast and back at a pace of 16 mph+. Round trip is 45 miles.

## OTHER CLUB RIDES

### Sunday August 24...8am

Meet Rick Moorman at Dryden High School (1/4 mile north of Dryden road on Rochester road) for a 60 mile ride to Columbiaville for breakfast and back at a pace of 16-18 mph. For more info call Rick at 586-792-0119.

### Aug. 29...Tandem Rally

John & Marilyn Tarantino will be stopping at the New Brennan Bike Museum on the way down to the Tandem Rally on Friday. The museum is located halfway between Cleveland and Dayton. If you are interested in stopping with them, call John & Marilyn at 586-677-0482

## **The Prez Sez....**

This is a very exciting time for trails to trails projects. The most important improvement is happening in Rochester. A major connector between the Paint Creek Trail and the Clinton River Trail is in the process of being made!! This will allow users to travel north, south, east and west. We all know that the Macomb Orchard Trail is also connected to these two trails. With this key connector, we will have approximately 38 miles of trail.

Connecting trails together is the primary goal of a Greenways Project. This transforms trails into alternative routes for transportation. Another major connector in the works will be in Lake Orion. This will connect the north end of Paint Creek Trail with the Poly Ann Trail adding another 30 miles for a total of 68 miles!!

St. Clair County is aggressively looking at ways to connect the Macomb Orchard Trail to the Bay to Bridge Trail. Also we can't forget the Metro Beach to Stony Creek Trail which will cross the M.O. T.

Like I said, this is an exciting time for trails. There are many other projects that I haven't mentioned in this article. With about 200 miles of trails in south-east Michigan in some stage of development, we need to encourage our representatives to keep these projects moving forward.

John Tarantino  
President

## **Volunteer Opportunities....**

September 20...Macomb Orchard Trail Meet at the Grain Elevator on West Road (26 1/2 Mile)

September 20...Clinton River Trail Clean-Up Contact John T. for more info.

## **Senior Olympics....**

Our own Jerry Bartels and Pete Sprecher not only participated in the Senior Olympics, but brought home medals in every category they participated in.

The 5k & 10K Time Trials resulted in 2 Golds for Jerry and Bronze for Pete. The 20K & 40K Road Races were 2 more Golds for Jerry and Silver for Pete. Way to go Guys - Congratulations on all of your achievements!

## **Grayling to Oscoda....**

T.J. Hill participated in a 100 mile race from Grayling to Oscoda and finished in 4 hours, 17 minutes, and 7 seconds for a 3rd place finish in his age group. This was pretty spectacular considering the age group was 56+ and I know T.J. had his 70th birthday this year. He was 43rd overall in a field of 161 finishers. Way to go T.J. You're an inspiration for all of us!

## **Kevin Degan....**

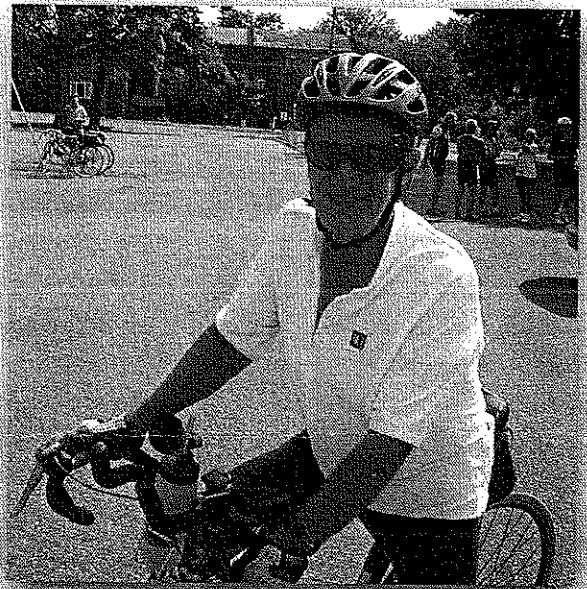
World Team Sports is sponsoring a 3 day 260 mile bike event from Ground Zero to the Pentagon. There will be over 1200 physically challenged participants for this event including our own Kevin Degan. Most of us know who Kevin is and know that he is something of a miracle. Kevin has Cerebral Palsy and only has use of one arm and one leg. That doesn't stop him from riding every weekend and most times, he will do the longest route possible. Kevin is looking for donations for this event. The donations are tax deductible, so if you can help out Kevin, contact him or John Tarantion for more info.

## **Spokesongs...**

Nancy Duemling had a number of Spokesongs books by Willie Wier that retail for \$11.95. The book contains short stories about Bicycle Adventures. She is selling them for \$1. If you are interested, come to the September meeting or contact Nancy.

# CRR Slide Show....

If you would like to share your bicycle photos and see them in this year's slide show, please send them to me **A.S.A.P.** I would prefer them on CD and at the highest resolution possible. If you have low resolution photos, I'll take them and do the best I can. I will also take paper prints and give them back to you after I copy them. I would like to have all photos with the exception of BWR by October. If your photos are exceptional, I may take them into November, but **NO GUARANTEES.** If something important has happened in your life and you want to share, i.e. weddings, grandchildren, awards, etc. I will accept photos of this kind and have a section celebrating these events and achievements. **I WILL NOT** accept any photos after the November CRR meeting. Remember folks - there's a lot work to putting a show together and a quality show takes time. I don't have a lot of time these days and would appreciate your consideration in getting me photos now. The Awards Banquet is December 12 and isn't that far away.



Thanks Bunches,  
Digital Deb



# It's a Party...

**When: 1st Monday of the Month**

**\*\*\*September meeting will be Sept. 8**

**Where: The Mt. Clemens Recreation Center  
at 300 Groesbeck**

**When: 7 pm until ? The Center closes at 9,  
but feel free to tailgate.**

**\*\*\*The Center may be closing, so if anyone  
has a facility that could accomodate us,  
please let us know.**

**Why: To plan and promote safe cycling**

**President: John Tarantino**

**redtandom@aol.com**

**Ride Director: Bruce Freeburger**

**bruce@BIKESonTV.com**

**Treasurer: Marilyn Tarantino**

**redtandom@aol.com**

**Secretary: T. J. Hill**

**tjbiker@juno.com**

**Newsletter Editor: Deb Angst**

**digitaldeb@comcast.net**

**Sunshine Committee: Julie Windhorst**

**wetandem@todaylink.com**

## Thank You From....

**The Lance Armstrong Foundation for  
our donations**

**Adventure Cycling for our support over  
the years**

**Dear CRR, thanks for the cards, thoughts,  
and well wishes following my recovery from  
an attempted new career pursuit. It  
appears the tree trimming business is not  
something I should try. Thanks again, Gary**

## Thank You to....

**Bill Stimpson for volunteering his home for  
the BWR Cleanup Party. Way to go Bill!**

**All that made the Just Right Club Picnic  
a Huge Success. T.J. gets a lot of credit  
for organizing great food, great fun, and  
great prizes all for just \$10 to those who  
participated. Next year T.J.?**

## New Members....

**Please welcome:**

**Randall & Barbara Angell**

**Jill Jeszke**

# BWR...

**\*\*\*The October Meeting will be at the Clean-  
Up Party to be held at Bill Stimpson's House**

## BWR CHAIRS...

**Diane Baker - Chair...**

**dmbaker@wideopenwest.com**

**Bill Baker - Registration...**

**dmbaker@wideopenwest.com**

**Gary H. - Publicity...bluecyclist@yahoo.com**

**John Tarantino - Sag...redtandom@aol.com**

**Tom Graham - Food**

**Gerry B. - Routes...gbartels@ameritech.net**

**Bruce - Border Crossings...**

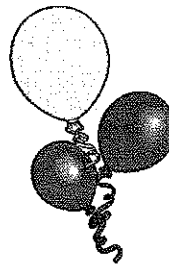
**bicarlson@juno.com**

**Jerry Pavlat - Parking...**

**tandemdepo@aol.com**

## Happy Birthday...

*to our members*



### September

**09/02 Bev Clark**

**09/04 Richard Kuhn**

**09/05 Jim Crawford**

**09/07 Robert Crowley**

**09/17 Kathy Cota**

**09/19 Sue Pavlat**

**09/22 Carol Crawford**

**09/23 Eric Noyes**

**09/25 Donna Menendez**

**09/25 Paul Franks**

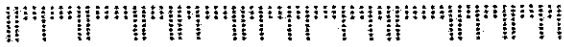
**09/25 John Edry**

**09/25 Gregory Schultz**

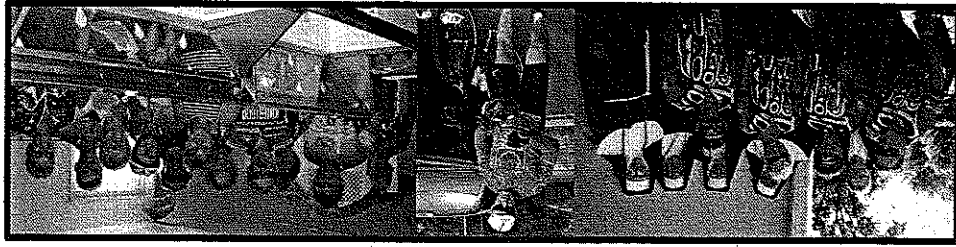
**09/27 Dave Selbach**

**09/30 William Baker**





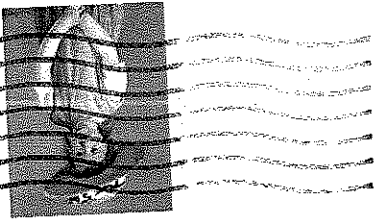
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Gary Haelwyn  
41706 Meritmac  
Clinton Twp, MI 48038

Deb Angst  
8676 Community Blvd.  
Warren, MI. 48093

MARY CASSATT USA37



**On Top of the World**

Lyrics by Ken Rosiek  
Sung to the tune of "On Top of Old Smokey"

On top of our tandem  
All covered with sweat,  
We've rode ninety miles  
and we're not finished yet.

For riding's a pleasure  
and finishing's sweet,  
We do it for eating,  
and not our physique.

The stokers are shopping,  
the captains drink beer,  
Everyone's happy  
that dinner is near.

We eat lots of chicken  
and corn is a must,  
But we don't eat our pies,  
cause our stomachs will bust.

