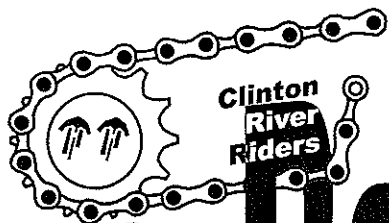
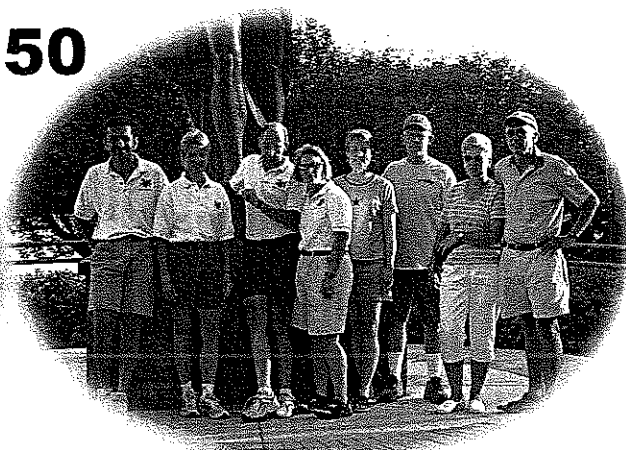
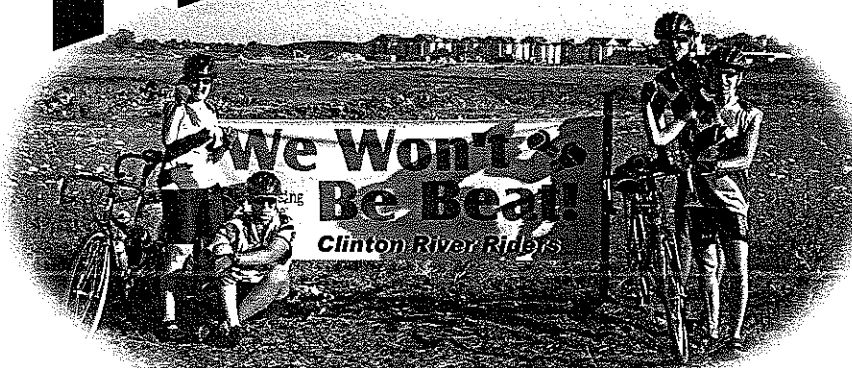


August 2002



# The Rambler

## CRR's in the MS 150



### MS 150 HIGHLITES

***This years MS 150 (Davisburg to Lansing and back) initiated 5 (I believe) new Tour Leaders. As forecasts predicted the week before the ride, the weather was absolutely perfect. Sunny blue sky, light breezes and "no" rain with temperatures in the low to mid 80's. I've noticed, the last couple years, riders have improved considerably. You don't see anywhere near the amount of hill walkers. Must be all the "Tour Leader" coaching. We now have to contend with riders "cell phoning" while riding and the still the ever popular 3 abreast.***

***Bob C. had t-shirts ready for us about 7:30 AM and the 1st couple riders headed out about 8:00 and the last "sweeps" about 9:15 after bags were dropped off. This year our bag tags for us were "lost in the mail" so improvise it was. John T. found some duct tape and a marker and we created our own (no chance of them coming off). Not that food or drink was scarce at the stops, it just wasn't quite the usual huge variety of sponsored type items as in the past. Cut backs have hit everybody I guess. The "reserves" with their Hum V's were also missing; still other volunteers watched some busy roads.***

***After us sweeps prodded some of our "Leaders" out of each cheering rest stop (the Kevin Degin spotting at lunch and the chatting with Patti B.), all "Tour Leaders," plus a few other club members (who do the ride on their own) all arrived at the same Lansing destination. This year special VIP message tents for the high collectors, were set up outside the main entrance along with a special Saturn tent with little give-a-way items. A bit later dinner was served with the usual "all you can eat" buffet style in the cafeteria (and I did). As usual, evening or (afternoon) strolls were taken around the campus or others just sat around telling their tales of the day. After some of us watched an evening movie in one of the lecture rooms, it was lights out so we could get up and enjoy the return trip in the morning and the great barbecue at the end while we sat and watched others cross the line.***

***And yes, Kevin was doing the back to back 100-mile routes. We assume he completed it.***

***Bill Windhorst  
A.K.A. (B.T.B.B.)(1st to figure it out wins?)***

# Rides...Hotline 586-819-0222

FOR ADDITIONS, DELETIONS, OR CHANGES TO THE SCHEDULE,  
CONTACT DUANE LARKIN, RIDE DIRECTOR: (313) 372-3731 or dlarkin@todaylink.com  
ANY UPDATED CHANGES WILL BE ON THE HOTLINE UNDER THE UPDATED SECTION - PRESS 4

## WEEKLY RIDES

### Monday...6pm

Join Bill and Diane Baker for a 15-20 mile East-Side Ramble. The ride begins at Rockwell Elementary School, on Masonic between Hoover and Schoenherr. They ride at the the pace of the slowest rider, so it's a great ride for new cyclists. Note: this ride does NOT occur the first Monday of the month, due to the club meeting.

### Monday...6:00pm

Ride with Rick Jones & Company from the MSU Management Center, at Crooks and Square Lake Roads. This is a FAST, HILLY ride of 25-30 miles. The first week of each month, this ride is moved to TUESDAY, to avoid a conflict with the club meeting on the first Monday.



### Tuesday...9am

Join Rick Okerhelm for a ride to Metro Beach and back from Prestige Cycles. The ride is about 30 miles at 14-16 mph.

### Tuesday...5:30pm

Join Rick Moorman for a ride to Metro Beach and back from Prestige Cycles. The ride is 25-30 miles at 15-17 mph.



### Tues. & Thurs...6:30pm

Meet Bill Duemling and Bill Baker at Prestige for 25-30 miles at 14-16mph.

### Saturday...8am

Ride from Stony Creek Boat Launch to Armada for breakfast and back. Round trip is 46 miles. The pace varies according to who shows up, but mostly 16-18+ Bruce Freeburger will be leading a mountain bike ride at the end of this ride.

## OTHER CLUB RIDES

### Saturdays...August 17, 24...Sept. 7, 14, 21, 28

Meet Pavlats/Komenderas at the shopping center at the SW corner of Crooks & South Blvd(under the clock in the corner)at 8am SHARP! Ride 35-45 miles at 16-17mph average with beautiful scenery and flat to rolling hills. Breakfast after the ride.

### Sunday...August 18

Join Rick & Susan Moorman for a 70+ ride at 16- 18 mph. Leave from Dryden High School at 8am and ride to Otisville for breakfast.

Or...Ride the 17.5 mile Potawatomi Trail. Meet at the Crystal Lake parking lot in the Pinckney State Recreation Area at 9AM. This is a challenging course. Contact Bruce Freeburger at (586) 775-8838 or Bruce@BIKESonTV.com for more info.

### Wednesday...5:30pm

It's the weekly Blue Light Special! Meet Gary at the B-3 lamp post in the K-mart parking lot in Troy(Coolidge & Big Beaver). This is a fairly hilly ride of 25-30 miles at 14-16 mph.

### Wednesday...6pm

Meet Steve and Deb at the Church on Lorraine, just north of 12 mile between VanDyke and Hoover for a 30-35 mile ride around town at 16-18 mph. If you want to be on the e-mail list for updates, let us know. s\_angst@yahoo.com

### Thursday...9am

Meet Rich Dyer at the Water Tower in New Baltimore for a 40 mile ride at 17+ mph.

### Thursday...5:30pm

Meet Rick Moorman at K-mart Headquarters for a 30-35 mile hilly ride at 16-18 mph.

### Friday...6:30pm

Join Gary Green and Wayne Cook, on alternating weeks, for a 30 mile ride through Grosse Pte. at 14-16mph.

# Join us....

THE FIRST MONDAY OF THE MONTH AT 7PM IN THE MT.CLEMENS  
RECREATION CENTER LOCATED AT 300 GROESBECK

## Club Officers...

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redtandom@aol.com

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586-781-8315

**CRR ON THE WEB...www.lmb.org/crr**  
**REGIONAL DIRECTOR...MIKE SPROUL**  
MFSLMBRTC@aol.com



## BWR Committee Heads...

**DIRECTOR...DIANE BAKER**  
dbaker@parkut.com

**FOOD...RICK OKERHJELM**  
Rick needs help now! If you can donate even an hour or 2 call him.

**PUBLICITY...BILL WINDHORST**  
wetandom@todaylink.com

**SAG...JOHN TARANTINO**  
redtandom@yahoo.com

**REGISTRATION...BILL DUEMLING**  
bduemlin@parkut.com

**ROUTES...DUANE LARKIN**  
dlarkin@todaylink.com

## BWR...

**Applications are out.**  
**BWR is right around the corner.**  
**Please sign up to volunteer.**



*Shipshewana 2002*

*article on p.3*

## Shipshewana 2002.....by Deb Angst

*Shipshewana was a real 'hoot' this year with the addition of 'The Hoots,' musical team. 'The Hoots' were Aubrey Mullings on guitar and Cindy Rosiek on clarinet. The rest of the group joined in song, and we had a regular 'Hootenany.'*

*Steve and I arrived a bit late on Friday and missed the group for lunch. Ken Rosiek greeted us and gave us the weekend itinerary. Ride at 4, dinner at 8, and breakfast next morning at 7:30. We checked into our room and headed over to the Blue Gate for lunch. The Blue Gate used to be a relatively small restaurant, but is now a mini Zehnders serving family style chicken dinners, as well as regular style menu meals. We were told it would be a 20 minute wait and decided to peruse the bakery. Steve chose peanut butter cookies and I opted for the amaretto chocolate fudge. My curiosity got the best of me and I nibbled on the delicious fudge as we waited. We only ordered sandwiches and were still served with the delicious homemade bread as an appetizer. There was the usual apple butter and something new - peanut butter & marshmallow spread...mmmmmm-delicious.*

*The group gathered together for the 4:00 ride. The weather was perfect for Steve and I - high eighties. We rode over to the Howe Military School to get our registration packet and then on to Mongo for ice cream. The roads were wonderful and there were Amish people everywhere. They were riding in buggies, on bikes, and working in the yards. We finished the ride and cleaned up for dinner.*

*After dinner, we gathered to sing with 'The Hoots.' There were many familiar songs and a few new ones. Ken came up with what I think is the start of a new Clinton River Riders song. To the tune of "On Top of Old Smoky," we sang; On top of my cycle, all covered in sweat...I've rode ninety miles, and I'm not home yet...for riding's a pleasure, and finishing a relief...I do it for eating, and not my physique. It was a hit and after an encore, we turned in for some much needed rest.*

*Next morning, we gathered for the traditional group photo and then waved good-bye to Aubrey and Mary, who had to leave us to attend a family wedding. It was another wonderful day of riding with many stops for watermelon and cookies. The Michiana Bicycle Association did a wonderful job with their routes and rest stops. This was the official "Amishland & Lakes" ride. Back in Shipshewana, everyone did their own thing in between the ride and dinner. Some shopped, some napped(me), and some just relaxed on the porch.*

*Our traditional dinner would be at Essenhaus. Essenhaus is even bigger than the Blue Gate and also serves the Frankenmuth style chicken dinners. At Essenhaus, they put a piece of pie at every plate and we scoped out what pie we wanted. Some traded pies with each other and some traded pies from the table next to us (there wasn't anyone seated there yet). The chicken, dressing, mashed potatoes, corn, noodles...were wonderful.*

*Sunday morning arrived and we packed up and drove to the Howe Military School. We had heard that the showers had been remodeled :) We did a short loop of riding and after showering, headed for the Pizza Hut for our farewell lunch.*

*A special thanks to Ken and Cindy Rosiek for organizing the weekend event. We had a great time!*



*The 'Hoots' Aubrey Mullings and Cindy Rosiek*

**Tune: Jimmy Crack Corn**  
*We bought a tandem that goes fast  
Until we met a hill at last  
The hill was a difficult climb  
It took us a very long time*

**Chorus:**  
*Last up the hill and I don't care  
Last up the hill and I don't care  
Last up the hill and I don't care  
My stoker will get us there*



## R.A.T. (Rain around Torch Lake)

by John Tarantino

Nine years ago, Marilyn & I decided to rent a tandem bicycle for a week. We wanted to give it a true test, so we rode the Cannondale around Torch Lake. Riding a tandem came very natural for us. With about twenty miles into the ride, we had two young guys sucking our wheel. After about fifteen miles, the young men were tired and dropped off the back. This was a lot of fun! .....until about fifty-five miles and it started to rain really heavy. The last ten miles were miserable. At the end of the ride there is a barbeque but we were so wet that we skipped it.

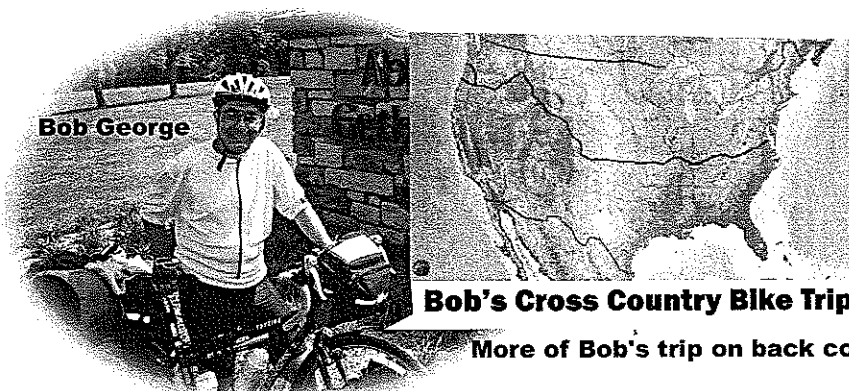
July 21, 2002 Marilyn & I decided to go back to Torch Lake. Early Sunday morning we got up and went to breakfast with Cathy & Denny. While eating, we saw lightning and it began to rain. I said that if it kept on raining we wouldn't ride. By the time breakfast was over, the rain had stopped. The start of the ride is in Elk Rapids where the sky was full of clouds but no rain.

Marilyn & I started off at 9am. The roads were smooth and a 15 mph wind at our back. This is fun! Just under an hour and we were passing a lady standing next to her bike on the side of the road. She said, "The rest stop is down this road." We were riding so fast that I didn't notice the arrow on the road so we thanked the lady and turned in.

After the rest stop the route turned from north to east and then south. This is payback time as the wind is in our faces now. Many trees on the route help block the wind so the riding isn't too hard.

As we were riding along, I looked in my mirror and an older gentleman was sucking our wheel. He asked if we minded and I told him no. We started to talk to him and he said he was seventy seven years old and also runs but not as fast as he used to. It is great to hear stories like this. At our next rest stop, we met a couple who were riding a tandem. Tom & Tama were from Lansing and were looking for someone to ride with. We rode side by side talking for a couple miles, but with cars back they took the lead and the pace increased to 23 mph against the wind. We were sucking their wheel and having fun. I apologized for not pulling as we couldn't keep the pace against the wind. At about 55 miles it started to rain...sound familiar? A one half mile climb loomed ahead and the pace didn't change. I could hear Marilyn breathing hard and my heart rate was about 175. They dropped us like a bad habit. By the time we got to the top of the hill, they were out of sight!

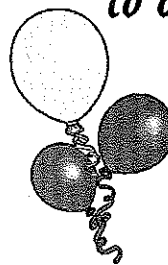
It is pouring rain and neither of us can see..... this is NOT fun! We decided to skip the barbeque and ride back to the high school...sound familiar? It might be another nine years before we go back to this ride.



## Happy Birthday...

to our members

### September



09/02 John Snethkamp

09/02 Bev Clark

09/04 Richard Kuhn

09/05 Jim Crawford

09/05 Connie Canale

09/07 Robert Crowley

09/11 Jon Canale

09/19 Sue Pavlat

09/22 Carol Crawford

09/23 Eric Noyes

09/25 Paul Franks

09/25 Gregory Schultz

09/25 John Edry

09/25 Donna Menendez

09/27 Dave Selbach

09/30 William Baker



RICK & SUSAN KUHN  
JUERGEN HORTIG  
PETER MUHL  
KATE KOBYLARZ  
JOANIE CLEMONS

Welcome to our club. We are social, as well as being fitness oriented. Have fun.

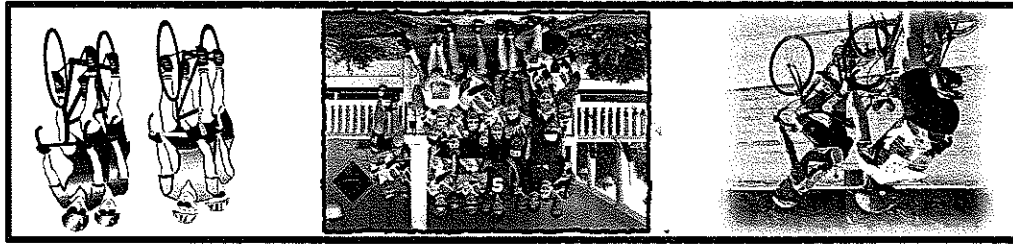


Bruce Freeburger publishes a weekly bicycle TV guide.  
website: [BIKESonTV.com](http://BIKESonTV.com)  
email: [bruce@BIKESonTV.com](mailto:bruce@BIKESonTV.com)

### We had thank you's from:

**BOB CROWLEY** - Thank you to all the CRR club members who came out and supported MS. It is a really worthy cause.

**MARINE CITY** - for the \$250 we donated for use of their park last BWR. They will be using the money to purchase trash receptacles or park benches on the Bridge to Bay Bike Trail Path.



Gary & Jan Haelewyn  
 41706 Merrimac  
 Clinton Twp, MI 48038

Deb Angst  
 8676 Community Blvd.  
 Warren, MI, 48093



Welcome Back  
 Bob

