

Rambler

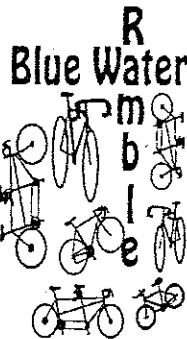


July/August 1997

produced by: Deb Angst & Sue Pavlat

BWR CHAT

Applications are out! It's time to start shifting into higher gears. We need Sag Drivers! Sign up with John Tarantino. The Publicity Committee has secured Police Patrol on bicycles. Doris is working on getting the Big Balloon, sponsored by Motor City Collision, on top of the High School. The route committee has reported that the 80 & 100 mile routes will have a 2 mile detour due to road construction. Our committees are doing a Great Job! If you haven't signed up to help, please do so at the next meeting.



Editors Note

Any article or picture submitted for the newsletter will be printed if possible. Please submit up to and including the monthly meeting. Info may be sent to my E-mail (doubletime@teleweb.net)

Thanks,
Deb & Sue

10,
9,
8,
7,
6,
5,
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Our Publicity Chair, Doris Mulligan, gets ready to compete in the Tour De Stony. Sue Pavlat counts down to the start.

Next Meeting
Monday
August 4, 1997
7 pm

Mt. Clemens Recreation Center
300 Groesbeck



792-4670

President

Gary Green 468-7351

Ride director

Rick Jones 879-2490

Secretary

Julie Windhorst 939-6073

Treasurer

Greg Schultz 775-2208

Editors

Deb Angst & Sue Pavlat
573-8089

LMB Representative

Warren Berthelsen
781-6706

Welcome New Members

Welcome John Harte. We hope that you'll enjoy our club events & rides. Feel free to make suggestions and to lead rides. We have a variety of ages & levels of riding in the club. We'd be happy to answer any questions you may have.

Thoughts & Prayers

Bill Windhorst lost his mother in June. Our deepest sympathies are with Bill and his family. Bill has expressed appreciation for all the support given to him.

Ron Smith has also expressed appreciation for the support given to him. Ron has a long road ahead, so let's continue to think & pray for him.

Club Jerseys

Club Jerseys are available for \$37.50. See Greg Schultz.

Club Polo Shirts

Club polo shirts are now available for \$25. Sizes are S,M,L,XL,XXL & fabric is pre-shrunk 100% cotton. See Rick Jones to order at the next meeting.

A Farewell

Bev & Dan Feucht are moving. They've been long standing club members & responsible for lots of fun memories for our club members. Their cross country trips will be remembered for years to come.

We would like to honor them at a dinner. At this time, the details have not been worked out. Sue Pavlat & Gail Komendera are organizing the event. Tentative plans include Marinelli's Restaurant. Time & day have not been decided.

For those of you that were at the meeting - The Club Picnic is cancelled. Unforeseen problems prevent us from moving forward with this event.

Help us send off Bev & Dan. Call Sue Pavlat or Gail Komendera.

Rides in July/August

Crystal Cruise July 27

Frankfort. 24,62,&100 mile around Crystal Lake & Lake Michigan. Awesome scenery, scrumptious food, & money for Special Olympics.

for more info call:

Special Olympics

616-929-9765 (Info & Fax line)

Shoreline Circle Tour July 28-August 3

St. Ignace-Manotowoc or Ludington. The newest adventure around Lake Michigan. Breakfasts, dinners, & camping. Includes ferry ride from Michigan's Garden Peninsula to Wisconsin's picturesque Door peninsula. Connects with the West route.

for more info call:

LMB Shoreline Tour - Circle Route

888-642-4537 or 313-379-2453

Shoreline East Tour August 2-9

Oscoda Circle Tour. 40-65 miles/day. Breakfasts, dinners, camping, & t-shirt. Visit lighthouses on the way to Mackinaw City, Mackinac Island, & the Tunnel of Trees. On the way back, tour Big Buck Brewery & Michigan's inland water shorelines. Join up with the North Tour.

for more info call:

LMB Shoreline Tour - East Route

888-642-4537 or 313-379-2453

Shoreline West Tour August 2-9

Holland. 65 miles/day. Breakfasts, dinners, camping, & t-shirt. Cycle along the beautiful Lake Michigan Shoreline. Join up with the North Tour

for more info call:

LMB Shoreline Tour - West Route Ride

888-642-4537 or 313-379-2453

Minard Mills August 3

Jackson. Multiple loops from 15-45 miles. Bicycle tour & weinie roast. Food, showers, & optional t-shirts.

for more info call:

Cascades Cycling Club

517-789-6668

Dalmac Training Aug 3 8 AM

Rick Mootman will lead an 80 mile training ride. The start is at Southfield & Beverly (13 1/2 mile). If a sag driver is available, the ride will go to Point Pelee. If not, Rick will choose an 80 mile loop.

Barbecue Ride August 10 9AM (B) (rescheduled)

Join Bill & Julie Windhorst for a 50 mile ride from Sterling Hts. to Auburn Hills. We will ride through a natural preserve/subdivision and cover some of the Hilly Hammer route. The last 5-6 miles is all down hill (guaranteed). On the way back we will stop off at some old historic buildings of Troy. The best part will be a barbecue after the ride at our house (17 & Ryan). Details for a shorter ride can be arranged. If you don't ride, meet us when we return (approx. 1:30-2:00). Cue sheets/maps will be provided. In case of rain, bring your wind trainers/rollers (we have extras for those without) & ride in our basement. We'll have contests with the bikecomputers. *Seriously!* Motivational music will be provided or bring some favorites. Please RSVP by Aug. 5 @ 810-939-6073 for directions & preference of regular or turkey dogs. BYOB (yes it means both).

Shoreline North Tour August 10-15

St. Ignace. Ride through Michigan's historic towns, scenic forested drives, Taquamenon Falls, the Soo Locks, & Iriquois Point Lighthouse.

for more info call:

LMB Shoreline Tour - North Route

888-642-4537 or 313-379-2453

Assenmacher August 17

Schwartz Creek. 20-100 miles.

for more info call:

Genesee Wanderers Bicycle Club

810-635-7844

Dalmac August 27-31

Lansing. 350-400 miles. 4 or 5 day camping tour from Lansing to & across the Mackinac Bridge.

for more info call:

Tri-County Bicycle Association

517-339-1758

Other Rides & Events

Mio to Mackinaw September 12, 13, 14

An aggressive 210 mile, 2 day ride from Mio to Mackinaw City & back
for more info call:

Doug MacDermaid or Laurie Brickner
810-939-4670

Crane's Strain September 13

Southern Indiana. 24 hour/53 mile closed loop near Naval Base.

for more info call: Gary Green
810-468-7351

The Wolverines are planning to build a Velodrome.

Adventure Cycling is working on a new mountain bike route.

Come to the next meeting for more details about both events.

CRR Awards Criteria

The Clinton River Riders award their members that participate in the club at the annual Christmas Party. The rules for getting an award are as follows:

1. You must be a member as of June 1.
2. You must work on BWR.
3. You must participate in at least 20 club functions.

Mileage Awards

1. Self monitored. Miles must be submitted at least 4 times during the season at club meetings or mail to either Rick Jones or George Zloittor.
2. 10% of total miles must be on club rides. Club rides include club rides on the hotline & in the newsletter.

Participation Awards

(based on point system from club sign in sheets)

1. Club Officers 5 pts.
2. BWR Committee heads 4 pts.
3. Club leaders & co-leaders 3 pts.
4. Each club ride, event, & meeting attended. 1 pt.
5. Riders on invitational 1 pt.

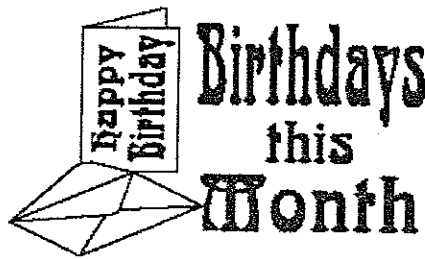
Youth Awards

Awards by age 15-18 11-14 10 & under

1. Self monitored. Submit miles same as mileage awards.

Commuter Awards

1. Self monitored. Submit mileage same as mileage awards.



- 8/1 Susan Adams
- 8/1 Douglas Pettner
- 8/3 Glen Drellishak
- 8/3 Linda Ostrowski
- 8/4 Gena Dyer
- 8/4 Jerry Pavlat
- 8/5 Bev Feught
- 8/7 Julia Schultz
- 8/8 Nancy Duemling
- 8/8 Ken Stigleman
- 8/10 Michael Sproul
- 8/11 David Heck
- 8/14 Warren Berthelsen
- 8/14 Kyle Haelewyn
- 8/15 Art Meethaeghe
- 8/16 Annemarie Bartlett
- 8/18 Ilene Hirsch
- 8/23 Kimberly LoPiccolo
- 8/24 Dee Whitmore
- 8/25 Breanna Bartley
- 8/27 Ryan Pradko

MS

MS 150 has just under 1000 riders. They expressed their appreciation for our donation & plan to have a poster with Thank You on it.

LAB

LAB is in financial trouble. They have sponsored the participants for Pedal For Power for some years now. The government is now saying they must pay FICA & other taxes for all the people who were fundraisers for Pedal For Power. We will discuss this situation at the next meeting to see if we can help in some way. LAB is asking that we all keep up our memberships. LAB goes to Washington for us. LAB fights for bicycle rights. We need LAB! Bring your suggestions to the next meeting. Or E-mail them to me.

doubletime@teleweb.net

Club ID Cards

Identification cards are available for any club member at club meetings. See Greg Schultz. 10% discount will be given at participating stores.

Participating Bike stores:

- Prestige Cycles
36558 Motavian
Clinton Twp. (810) 792-4040
- Cycle & Fitness
1109 S. Washington
Royal Oak (810) 542-7182
- Pointe Cycle & Fitness
20343 Mack
Grosse Pte. Woods (313) 886-1968
- Mountains of Bikes
42201 Garfield
Clinton Twp. (810) 412-0500
- Antoons
42918 Schoenherr
Sterling Heights (810) 247-9240
- Sterling Schwinn
2169 Metro Pkwy
Sterling Heights (810) 979-7570
878 S. Rochester Rd.
Rochester (810) 652-1555
- Big Ralphs Schwinn
23521 Nine Mile
St. Clair Shores (810) 772-3258
- Macomb Schwinn
28441 Schoenherr
Warren (810) 756-5400
- Stoney Creek Schwinn
58236 Van Dyke
Washington (810) 781-4451
- Main Street Bicycles
112B South Main St.
Romeo (810) 336-1177
- Anchor Bay Bicycles & Fitness
35241 23 Mile Rd
New Baltimore (810) 725-2878
- Continental Bike Shop
23262 John R.
Hazel Park (810) 545-1225

Pace Code:

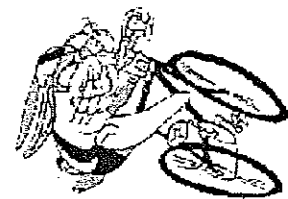
A+=20+ A=18-20

B=16-18 C=14-16 D=<14

JULY/AUGUST 1997

Hotline: (810)792-4670

MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
JULY 21 ISLAND RIDE 6:30 P.M. (B)	22 METRO BEACH 6 P.M. (A) 6:30 P.M. (B) HILLY HAMMER 6:30 P.M. (A+)	23 BLUE LIGHT SPECIAL 5:30 P.M. (C)	24 CRANBROOK 6:30 P.M. (C) RAMBLE RIDE 6:30 P.M. (D) POWER PUFFS (B) 5 P.M. OR LATER	25 LAKESHORE SPRINT 6:30 P.M. (A)	26 ARMADA 8 A.M. (B)	27 CRYSTAL CRUISE MINARD MILLS
28 ISLAND RIDE 6:30 P.M. (B) SHORELINE CIRCLE 4	29 METRO BEACH 6 P.M. (A) 6:30 P.M. (B) HILLY HAMMER 6:30 P.M. (A+) SHORELINE CIRCLE	30 BLUE LIGHT SPECIAL 5:30 P.M. (C) SHORELINE CIRCLE 6	31 CRANBROOK 6:30 P.M. (C) RAMBLE RIDE 6:30 P.M. (D) POWER PUFFS (B) 5 P.M. OR LATER SHORELINE CIRCLE 7	AUGUST 1 LAKESHORE SPRINT 6:30 P.M. (A) SHORELINE CIRCLE 8	2 ARMADA 8 A.M. (B) SHORELINE EAST SHORELINE WEST SHORELINE CIRCLE 9	3 STONY CREEK 8 A.M. (A) DALMAC TRAINING 8 A.M. (B) SHORELINE EAST SHORELINE WEST SHORELINE CIRCLE 10
11 ISLAND RIDE 6:30 P.M. (B) SHORELINE WEST SHORELINE EAST	12 METRO BEACH 6 P.M. (A) 6:30 P.M. (B) HILLY HAMMER 6:30 P.M. (A+) GEO'S RIDE 9 A.M. SHORELINE WEST SHORELINE EAST	13 BLUE LIGHT SPECIAL 5:30 P.M. (C) SHORELINE WEST SHORELINE EAST	14 CRANBROOK 6:30 P.M. (C) RAMBLE RIDE 6:30 P.M. (D) POWER PUFFS (B) 5 P.M. OR LATER SHORELINE WEST SHORELINE EAST	15 LAKESHORE SPRINT 6:30 P.M. (A) SHORELINE WEST SHORELINE EAST	16 ARMADA 8 A.M. (B) SHORELINE WEST SHORELINE EAST	17 BARBECUE 9 A.M. (B) SHORELINE NORTH
18 ISLAND RIDE 6:30 P.M. (B) SHORELINE NORTH	19 METRO BEACH 6 P.M. (A) 6:30 P.M. (B) HILLY HAMMER 6:30 P.M. (A+)	20 BLUE LIGHT SPECIAL 5:30 P.M. (C) TOUR DE STONY 7 P.M. SHORELINE NORTH	21 CRANBROOK 6:30 P.M. (C) RAMBLE RIDE 6:30 P.M. (D) POWER PUFFS (B) 5 P.M. OR LATER SHORELINE NORTH	22 LAKESHORE SPRINT 6:30 P.M. (A) SHORELINE NORTH	23 ARMADA 8 A.M. (B)	24 ASSENMACHER 100



WEEKLY RIDES

Hotline (810)792-4670

Call the hotline for updates

Pace Code

A+=20+ A=18-20

B=16-18 C=14-16 D=<14

Monday: Island Ride (B)

Ride Leaders: Rich & Pam Dyer

Distance: 25 Miles

Meets: Michigan National Bank on M-29 in Algonac

Ride: On Harson's Island

Tuesday: Metro Beach (C)

Ride Leader: Gary Haelewyn

Distance: 20 Miles

Meets: Prestige Cycles

Ride: To Metro Beach

Tuesday: Hilly Hammer (A+)

Ride Leaders: Sue & Jerry Pavlat

Distance: 25-30 Miles

Meets: MSU Training Center

Square Lake/East of Crooks
Ride: The hills in Oakland County

Wed: Blue Light Special (C)

Ride Leader: Gary Haelewyn

Distance: 25 Miles

Meets: K-Mart World Headquarters
Coolidge & Big Beaver

Ride: The west side

1st Tuesday of the month:

Geo's Ride (If it rains, come the following Tues.)

Ride Leader: George Zlotiro

Distance: 35 Miles

Meets: Schultz Funeral Home

Ride: Grosse Pointe



Thursday: Cranbrook (C)

Ride Leader: George Zlotiro

Distance: 25 Miles

Meets: Cycle & Fitness
1109 Washington, Royal Oak

Ride: To Cranbrook

Thursday: Ramble Ride (D)

Ride Leader: Bill Duemling

Distance: 20 Miles

Meets: Pat Kut I-94/North River Road

Ride: Mystery Routes

Thursday: Power Puffs (B)

Ride Leader: Marilyn Taranino

Distance: As many as you want. Will
look for riders every lap

Meets: Stony Creek Boat Launch

Ride: Laps around Stony Creek

Friday: Lakeshore Sprint (A)

Ride Leaders: Steve & Debbie Angst

Distance: 25 Miles

Meets: Matter/Jefferson

Ride: Grosse Pointe

Sprint up Lakeshore

Saturday: Armada (B)

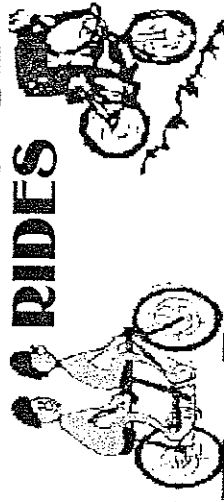
Ride Leader: Dave & Sharon

Distance: 45 miles

Meets: Stony Creek boat launch

Ride: To Armada for breakfast

OTHER CLUB RIDES



Sunday 7/13 Mitchells Bay 8AM (B) 8:30AM (C)

Ride Leader: Dave Couetter

Distance: 55 Miles (bring money & ID for ferry)

Meets: Ferry to Canada in Algonac

Park: Farmer Jack in Algonac

Ride: To Canada for breakfast

Sunday 7/20

8AM (A) Stony Creek

Ride Leader: Dave Switney

Distance: 55 Miles

Meets: Stony Creek Boat Launch

Ride: To New Baltimore for breakfast

Sunday 8/3

8AM (A) Stony Creek

Ride Leader: Dave Switney

Distance: 55 Miles

Meets: Stony Creek Boat Launch

Ride: To Richmond for breakfast

Saturday 8/3

8AM (B) Dalmac Training

Ride Leader: Rick Mootman

Distance: 80 Miles

Meets: Southfield & Beverly (13:1/2)

Ride: To Point Peely (if sag available)

Sunday 8/10 9AM (B) Barbecue

Ride Leader: Bill & Julie Windhorst

Distance: 50 Miles

Meets: R.S.V.P. for starting location 810-939-6073

Ride: The west side

Top Club Miles

708	Gary Haelewyn
598	William Lejack
598	Bill Windhorst
575	George Zloitto
537	Douglas MacDemaid
529	Steve Morauski
489	Art Meerhaeghe
469	Rick Jones
467	Gary Green
420	Julie Windhorst
400	Sandy Freeman
390	Eric Noyes
370	Dave Switney
370	Sharon Wiseman
357	Patrick Mootman
357	Susan Mootman
340	David Courter
328	Laurie Brickner
318	Marilyn Tarantino
314	Bob George
299	John Tarantino

Our Team

The team of Sue & Jerry Pavlat, John & Marilyn Tarantino, Steve & Debbie Angst, Chris Degrazia, & Gary competed in a 120 mile Bike & Run Duathlon on June 21. We finished 8th out of 16, and 3rd in our division. The course was mostly dirt, with some paved roads, and HILLY! We started at approx. 7am & finished at 6:30pm with a finishing time of 10:34:16. Sue broke her toe & was unable to compete, but came out with Jerry & did a Great Job at sag! David Heck could not compete due to his work schedule. Chris & Gary (future club members), pitched in & competed at the last minute. Tour De France was played for motivation & we all had a Great Time!

ACE DIRECTORS

RUNMICHIGAN

FINISH



Pedaler's Lament

WORDS BY JACK DINGLER

TO THE TUNE OF 'STREETS OF LAREDO'

As I was out riding, as I do every Sunday

The sun it was shining and the road it was clear

I spied a young cyclist lying sprawled on the roadside

Covered in road rash and cold as the day.

"Oh, tap your cleats slowly and say 'on your left' lowly,

Talk of the tours as you carry me along,

Take me to the green valley and lay my bike o'er me

For I am a young cyclist and I've done nothing wrong."

"I see by your lycra that you are a roadie" These words he did say as I boldly rode by.

"Come sit down beside me and hear my sad story,

I was hit by a motorist and know I must die."

"Let sixteen tandems come tow my poor my coffin,

Let sixteen racers come to draft me along,

Take me to the graveyard and lay my bike o'er me

For I am a young cyclist and I've done nothing wrong."

"My friends and relations, they live for their autos,

They know not why, their poor cyclist goes on,

Well I first started riding just to improve my condition,

For I am a young cyclist and I've done nothing wrong."

"Go write a letter to my gray-haired old mother,

And carry the same to my sister so dear,

But not a word of this shall you now mention

When a crowd gathers round you my story to hear."

"Oh, tap your cleats slowly and say 'on your left' lowly,

Talk of the tours as you carry me along,

We all love our bicycles so shiny and handsome,

We all love our bicycles although they give us such pain."

"There is another more dear than a sister She'll bitterly weep when she hears I am gone,

Still it's me that she'll blame, for all of the riding,

Riding on roadsides, where autos belong."

"Go gather around you a crowd of young riders,

And tell them the story of this, my sad fate;

Tell one and the other before they go further

To educate motorists before it's too late."

"Oh wear your best jerseys, then ride your bikes merrily

Talk of the tours as you carry me along,

And bunny hop mountain bikes, right o'er my coffin,

There goes an unfortunate rider away to his home."

"It was once in the saddle I used to go sprinting

Once in the saddle I rode all the day,

First down to the crits

and then to the road race

Got hit by a motorist, I am dying today."

"Get six jolly racers to carry my coffin,

Get six biker chicks to carry my pall,

Put bunches of roses all over my coffin,

Put roses to deaden the clouds as they fall."

"Then ride your bikes slowly, and rattle your chains lowly,

And give a wild shout as you carry me along.

And in the grave throw me and lay my bike o'er me

For I am a young cyclist and I've done nothing wrong."

"Go bring me a bottle, a bottle of sports drink

To cool my parched lips," the cyclist he said;

Before I could turn, the spirit had left him

And gone to its Giver - the cyclist was dead.

We tapped our cleats slowly and said, 'on your left' lowly,

And bitterly wept as we bore him along,

For we all loved our partner, so brave, young and handsome,

We all loved our fallen partner who'd never done wrong.

This article was forwarded to me by Bill Quemling. It was provided by Lucinda Means of the LMB.

Tour de Stony 1997

**Stony Creek
Eastwood Beach
Wednesday 7p.m.**

**July 16
August 20**

Tour De Stony was held on June 18. It was a beautiful night and fun was had by all. A Big Thank You to Jerry & Sue Pavlat, David & Heidi Heck, Bob & Rose Goebel, & Art & Carol Meethaeghe, for volunteering their time to make sure the event ran smoothly.

The next Tour De Stony will be held July 16. Come out & have some fun!

RESULTS

First Place Overall
Steve & Pennie Morauski

First Place Men
Hank Thoenes

First Place Women
Julla Schultz

First Place Mixed Tandem
Steve & Pennie Morauski

First Place Parent & Child Tandem
Steve & Jaclyn Angst

Our Volunteers



Bob Goebel



Rose Goebel



Carol Meethaeghe



David Heck

Our Kids

The Heck girls are joined by some German friends



Our Look



Greg Schultz



Bill Windhorst



Hank Thoenes

Our Seniors

Senior Olympics 1997

Our seniors competed & won the following:

Jerry Pavlat took the Gold Medal in the 5k.

Jerry Bartels took 4th place in the 5k & 5th place in the 40k.

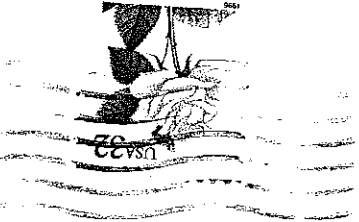
Mickey Pavlat took a Gold in both Single & Doubles Tennis.

Our Women

Dotis Mulligan & Julia Schultz strut their stuff



CLINTON TWP., MT. 48038
41706 MERRIMAC
HARLEWYN, GARY, JAN & FAMILY



Letter From The Editors

The August/Sept./Oct. newsletter will run until October 11. Your editors will be out of town in September. There will be a September meeting. There just won't be a newsletter after the September meeting. If you want any info printed up to Oct. 11, including BWR info, you **MUST** get it to us at the August meeting. There will be a October/November issue with all the news about BWR in it. Please bear with us. We realize this causes some concern about BWR info. If you need BWR info, you **MUST** come to the September meeting, or call any of the committee heads. We will publish all their names in the next issue.

Your Editors,
Deb & Sue