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The RAMBLER



Clinton River Riders Bicycle Club

Access online at WWW.lmb.org/crr

The next Clinton River Rider's club meeting is August 12th at 7pm in the Mt Clemens Library (downstairs). Club meetings are normally the 2nd Monday each month. The library is on Cass Ave. across from the high school.

The 2013 CRR club roster is available to those who contact the club treasurer. There was a sign in sheet at the recent meeting and probably will be at the next one as well.

At the CRR club meeting in **September (14th)** there will be information, discussion, and possibly decisions made on the future 2014 Blue Water Ramble. Everyone who wants to know and help decide (vote) on what shape the BWR takes should attend. Some intent has to be shown to LMB soon after this years event so it is likely that decisions have to be made before November. That makes September the optimum choice for participation and more.

To get CRR mass emails send an email to crr-list@20776.org , put subscribe in the subject line. No advertising or solicitation is forwarded, just items of interest to cyclists.

On August 11th a CRR ride from Algonac to Mitchell's Bay (Canada) will take place. Start time is 9am from Algonac Shopping Mall on M-29 across from the Walpole Island ferry crossing. Distance is around 40 miles with lunch in Canada. There will be 3 groups of different pace. You must have the required permissible documents for an international border crossing.

Birthdays

08/03 Jee Dunham
08/04 Jerry Pavlat
08/07 Julie Shultz
08/08 Nancy Duemling
08/10 Michael Sproul
08/14 Warren Berthelsen
08/15 Art Meerhaeghe
08/16 Tori Anabile
08/19 Laura Kasper
08/22 Jane Franks
08/24 Dee Whitmore
08/26 Bruce Freeburger



Club members are entitled to purchase one club jersey per year at a reduced cost. Contact Deb Angst at 586-524-3657 or email digitaldeb@comcast.net to get yours today.

New Members: Scott Wisnewski was a visitor to our last meeting. All are welcome in association with Clinton River Riders. We appreciate your interest in cycling and hope to enjoy many miles riding together.

WANTED for Awards Banquet:

Planning has begun for the 2013 Awards Banquet which will be held on Saturday, December 14, 2013. Once again we are asking members to submit humorous or interesting stories that happen to you or any club members. However, as December is long way off we are asking you to send them **as they happen** while your memories are fresh. Please send to Darlene Phillips at bikemobile@wowway.com

League of Michigan Bicyclists had a new **What Every Michigan Bicyclist Must Know** printed for distribution. It is quite comprehensive and useful to virtually all riders. Seek out and get your copy today. Never stop learning and becoming better. It is available to view online as well at lmb.org in the resources tab.

Virtually all Clinton River Riders are cycling enthusiasts and will assist you as best we can. But we can't pedal for you and everyone is responsible for their safe cycling decisions. If you are looking for a great group of people who love riding with friends then be a part of us.

Some of the areas fine local bike stores –

Hamilton Bicycles & Outfitters 69329 North Main Street, Richmond, MI 48062-1144
(586) 727-5140 <http://www.hamiltonbikes.com>

Fraser Bicycle, 34501 Utica Rd, Fraser, MI 48026-3576,
(586) 294-4070 <http://fraserbicycle.com>

Paul's Bike Depot Address: , 28057 South Gratiot Ave, Roseville, MI 48066-4204
(586) 772-9084

American Cycle & Fitness, 18517 Romeo Plank Rd, Macomb, Michigan 48044
(586) 416-1000 <http://americancycleandfitness.com>

Anchor Bay Bicycle, 35214 23 Mile Road, New Baltimore, MI 48047-3650
(586) 725-2878

Macomb Bike and Fitness 28411 Schoenherr Road, Warren, MI 48088 (586) 756-5400 <http://www.macombbike.com>

Main Street Bicycles Address: , 5987 26 Mile Road, Washington, MI 48094
(586) 677-7755 <http://www.mainstreetbicycles.com>

The Bicycle Doctor/Continental Bike Shop 24436 John R Rd, Hazel Park, MI 48030-1114 (248) 545-1225 <http://continentalbikeshop.com>

Metro Bike-N-Sports Address: , 36649 South Gratiot Ave, Clinton Twp, MI 48035-1726 (586) 791-3488

Our rides and ride leaders attempt to ride the safest smoothest route reasonable. That being said everyone is responsible for their own safety. CRR insists that you wear a certified safe helmet and use no earphones while riding. Please understand the difference between pace and average speed. Most of our rides predict pace and an average is probably 1.5 mph slower than the lower end predicted. Vice versa if the average is predicted than the pace is often 2mph +/- faster than this.

Ride Schedule changes or announcements let Steve Angst 586-524-3657 or email crr.rides@gmail.com know.

Newsletter Changes to Les Dunham, 586-216-4135 or email lesdunham@hotmail.com

CRR Ride Schedule <http://www.lmb.org/crr/rides.htm>

Monday no rides scheduled.

Tuesday

9am Stony Cr Boat Launch meet TJ Hill for mountain bike riding on roads and trails. Call TJ at 586-293-0162 for more information.

530pm Sheffield NW corner of Big Beaver & Cunningham (1 blk west of Coolidge) Meet the Moormans for the Sheffield Shuffle 16 -18 MPH for a distance of 35 - 50 miles

6 PM Meet Diane Baker at Shelby Twp-Department of Public Works for the 1.5 - 2 hour ride.No rider will be dropped.

Wednesday

6 pm Meet Steve and Debbie Angst Naldrett Elementary off Sugarbush. This is north of 21 mile and east of I-94. For 25-32 miles around New Baltimore. 16-20 mph.

Thursday

9 am Stony Cr Boat Launch meet TJ Hill for mountain bike riding on roads and trails. Call TJ at 586-293-0162 for more information.

9am The Moormans lead a TBD ride for 35-45 miles and 15-17mph. Contact Rick atpkmoorman@wideopenwest.com

6 pm Meet G Hess at Jefferson & Masonic through the Pointe's. Pace will be 16 -20mph for 30 miles.

Friday,

8 am or 8:30 Meet Duane Nieman or Bill & Annette for a 40 or 50 mile ride at 15 - 18 MPH ride. Call Bill at 248-652-2278 or email nlt than Wed

Saturday

9 am Stony Creek Boat Launch parking lot, meet TJ Hill for mountain bike riding. Call TJ at 586-293-0162.

8 am Stony Cr Boat Launch parking lot. Usually 2 group depart for Armada for breakfast. Fast group is 18 +. Medium group is 16-19mph. Distance about 45 miles.

Sunday

9 am Stony Creek Boat Launch parking lot, meet TJ Hill for mountain bike riding. Call TJ at 586-293-0162.

Our BWR Sponsors and Supporters are: Lets support them!!!

Metro Bike: <https://www.facebook.com/pages/Metro-bike-n-sport/151210014936486>

<http://www.fraserbicycle.com/>

<http://www.hamiltonbikes.com/>

<http://anchorbaybicycleandfitness.com/>

<http://www.stoneycreekbike.com/>

<http://americancycleandfitness.com/>

<http://www.alexanderhornung.com/>

<http://herbs-auto.com/>

Papa's of Armada Family Restaurant

Does anyone have an idea for a ride? We probably need to put something together so we can let our sponsors know that we support them. Fraser Bike, Anchor Bay Cycle, and American Cycle & Fitness could use some acknowledgment of our appreciation for their sponsorship. Plus photo's make the newsletter more entertaining. Before BWR we should also make an effort for Stoney Creek Bike and Metro-bike-n-sport as well. It is hard to say if cyclist have a good place in an auto shop (Herbs) or Alexander Hornung. If you have a plan or good suggestion I would be glad to publish it.

Make sure you remember Team Sammy and Make-a-Wish. Many of our fellow CRR members help support this cause and the 300 miles in 3 days of riding. R Jones and others carry the torch to memorialize the loss of one so early in life. St Jude's Children's Hospital is another worth mentioning. Their care and support of Sammy was extraordinary. It is never desired to feel a loss. Character and quality associations are forged in tough times.

Hopefully you got to watch the recent Tour De France. It was a tough grand tour with several interesting twists in this 100th TDF. It also looks like several young new riders are up and coming.

On My Soapbox Again -

I am nearing 10 years experience with Clinton River Riders and have the utmost respect for our cycling enthusiasm. In my humble opinion some of our rides are encroaching on false advertising when it comes to our predicted pace and ride leaders have a responsibility to stay with in their prescribed pace window. Speeds that are 2, 3, or more above the anticipated pace will only demean the reputation of CRR.

There is great excitement when preparing for significant cycling events. But on club group rides one cannot sacrifice the needs on all for the climax of a few. Some stronger/faster riders may see this as fun, while others see it as near punishment. We discuss frequently on gaining new members. My experience is that potential new members will not join an association that significantly tarnishes reasonable expectations at will.

If you lead a ride and never have new riders, there is probably a reason. Lots of riders look to advance in speed, distance, or frequency of riding. While it is nice to have lots of familiar faces, not seeing any new people on your ride might be a reflection of your reputation and possible lack of growth of CRR. Or even worse if CRR is morphing into being less useful to cycling as a whole.

Our ride director has done an outstanding job at updating the ride calendar. If a ride leader expects to change the pace of a ride it can be reflected in less than 48 hours. I don't like to speak for anyone else but the ride director also has to be on board with discipline of pace as advertised and there is no reason to expect that he is not.

I have become a better rider with Clinton River Riders and see that many others have as well. A few other cycling clubs have reputations for less favorable biking enablers. My concern is that CRR in some ways is slipping into establishing similar bad habits. Hopefully those who read this will reflect on their being cycling enthusiasts and what that truly means (especially to those who may not be as speedy). Say what you will do and then do what you say.

Stepping down

Some of you might know J Tortomasi who was involved in an incident last November. He has decided to part ways with the Ridley road bike (not involved).

Ridley Noah RS/Shimano Ultegra 6700 Complete Bike Black/Red/ Late 2011 model or early 2012. Upgraded FSA Carbon Wing bars and Vredestein Red Tires. \$2,100. Pictures and/or further details available via the newsletter editor.

From a Club President email -

Join Kevin's friends and family Sunday, August 11th in the second annual Kevin Degen BUM Ride at Kensington Metro Park, Maple Beach. This year's Ride covers new routes along beautiful Kent and Island Lakes, as well as scenic country roads in Livingston and Washtenaw counties. Proceeds benefit the Kevin Degen Open Road Foundation whose mission is to improve the lives of those with special needs, through biking.

Join us for a family-oriented event for little riders, intermediate touring riders and serious century riders alike. Choose from road routes of 40 or 60 miles or enjoy a ride of 1, 8, or 24 miles in scenic Kensington Metro-Park to help us honor the life and courageous example of biker Kevin Degen, who rode thousands of miles to raise money for his favorite charities. If he could do it, so can you! We could always use the help of volunteers, too. If you can't make the ride, please consider making a tax deductible donation. Click here for more information about the Kevin Degen Open Road Foundation and to register for the 2nd Annual BUM Ride: www.kevindegenfoundation.org.



Our July 4th Ride from New Baltimore to Marine City. Thanks to all participants including Slow Spokes for being a part of a great ride.

Application Form - Clinton River Riders Bicycle Club

- \$15.00 Individual (over 18)
- \$20.00 Family

Name _____
 Address _____
 City _____
 State _____ Zip _____
 Home Phone(____) _____
 email _____
 Birthday _____

Additional Family Members

Name	Birthday
_____	_____
_____	_____
_____	_____
_____	_____

- New Member Renewal
- Yes, please add me to your list of active volunteers who help promote bicycling at the local, state, and federal level. I may be called upon to write a letter or attend a meeting.

Please make check payable and mail to:
Clinton River Riders Bicycle Club
34501 Utica Road
Fraser., MI 48026

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in The Clinton River Riders Bicycle Club ("Club") sponsored Bicycling Activities("Activity"), I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISK"); (b) these risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not know to me or not readily foreseeable at the time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.

3. HEARBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAW, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered on e of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATION.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION ;OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature Date

Signature Date

Signature Date

ALL RIDING MEMBERS MUST SIGN