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## *The "RAMBLER"*

July 2004

## *Clinton River Riders Bicycle Club*



What would have happened if the fellow who invented the bicycle had put the wheels next to each other instead of behind each other? Would it still be a bicycle? Should a cyclist always wear a helmet? Is the person without the helmet in danger of being hit by a passing club? We wear them sometimes when we visit the restroom, should we wear them when we cook dinner? Who is the real power on a tandem? Should the captain concentrate on steering only? These and other questions might not be answered in this month's newsletter.

# July 2004

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 M.O.T. Grand Open	20	21	22	23	24
25th Anniv Ride	26	27	28	29	30	31

## HOTLINE

586-819-0222

(Press 1 for latest updates)

## WEEKLY RIDES

## CHANGES

Call Bill Baker, Ride Director

586-739-0261

CRRrides@wideopenwest.com

### 1ST OF MONTH

### MONDAYS

**Club Meeting**, 7:00-9:00PM, Clinton Macomb Public Library, 40900 Romeo Plank (From Prestige, take Garfield (N) to Clinton River Road (E) to Romeo Plank (N). Bldg is on right at (SE) corner Romeo Plank and Canal. 1st floor on right **NOTE:** The August meeting will be held at the North Branch of the Clinton-Macomb Public Library, 16800 24 Mile Road, just west of Romeo Plank

### 6:00 PM

Meet at the M.S.U. center, Sq. Lake & Crooks. Ride as many hills as we can be found at a fast pace. Does NOT have a set leader (first person up the hill is the new leader). Pace unknown. Average will start at about 18.5 mph for 30 miles, and will increase to about 19.5 mph for 45 miles in late August. At times we will ride at 25 mph, and at times going up hills, it will slow to about 14 mph. The ride moves to Tue. after club meetings on Mon. The ride will officially start on April, 19. Call Rick Jones for more info.

### 6:00 PM

Meet Diane Baker at Fraser Cycle for an easy paced ride for 1.5 to 2 hours. The ride is the pace of the slowest rider. There will be no ride the week of the club meeting.

### 5:30 PM

### TUESDAYS

Meet at Prestige Cycles, Moravian and Garfield, for a 30—35 mile ride at an initial pace of 15-17 MPH with a destination of Metro Beach, 30 to 35 miles. Call Rick and Sue Moorman 586-792-0119 for details.

### 9:00 AM

### WEDNESDAYS:

Meet in the parking lot of the Rochester Library (turn east at the road just past Pier One Imports blue awnings), near the arch to the start of the walkway/trail) to ride the Paint Creek Trail. Pace is 10-13 MPH. There is an optional single track loop out in Lake Orion. If you don't want to ride the single track, just return to Rochester on the Paint Creek Trail. Lunch at the end of the ride with great root beer floats! Optional: Shopping in downtown Rochester.

### 5:30 PM

"Sheffield Shuffle I" Meet Ken & Cindy Rosiek at southwest corner of Sheffield Office complex Big Beaver Rd and Cunningham Dr. Approximate distance of 30-35 miles, light conditions permitting. Initial pace of 15-17 MPH. Rolling hills. Ride pace and terrain difficulty will increase as season progresses covering up to 50 miles in July. Good training ride, come early and often.

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# CLINTON RIVER RIDERS 2005 WEEKLY RIDE SCHEDULE

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<p><b>6:00 P M</b> <b>MSU Training Center</b></p> <p>Meet Rick Jones at Square Lake and Crooks for the club's fastest ride. Average shown on your cyclometer at end of ride will be 18mph. This will increase throughout the season. Distance will start at 30 miles and progress to 45 miles in August. First one up a hill is the new leader. Ride moves to Tuesday on club meeting nights.</p>	<p><b>5:30 P M</b> <b>Sheffield Shuffle I</b></p> <p>Meet Ken and Cindy Rosiek Big Beaver Rd and Cunningham Drive SW corner of parking lot for a 15-17 MPH 30-35 mile rolling hills ride. Pace and distance will increase as season progresses.</p>	<p><b>9:30 A M</b> <b>Rochester Library</b></p> <p>Meet the ladies (turn east at the road just past Pier One Imports blue awnings) to ride the Paint Creek Trail. Pace is 10-13 MPH. Optional single track loop out in Lake Orion. Lunch and/or shopping at the end of the ride. Call Annette Smith for details. Starts 5/4.</p> <p><b>5:30 P M</b> <b>Prestige Cycles</b></p> <p>Meet Rick and Sue Moorman, Moravian and Gaifield for a 15-17 MPH 30-35 mile ride with a destination to the end of South River road across from Metro Beach. Distance and pace will increase as season progresses</p> <p><b>6:00 P M</b> <b>Schyard Elementary</b> 2900 Holly, Sterling Heights</p> <p>Meet Doug MacDermaid 17 Mile Rd west, right on Pinebrook, right on Holly for a 14-16 MPH or slowest rider pace for a distance of 20-25 miles.</p>	<p><b>5:30 P M</b> <b>Sheffield Shuffle II</b></p> <p>Join Rick and Sue Moorman for a second installment of the popular Tuesday ride. Same pace, distance, hills, and weather.</p> <p><b>6:00 P M</b> <b>Prestige Cycles</b></p> <p>Meet the 2 Amigo's, Bill Baker and Bill Duemling for a 2 hour ride to unknown destinations at a 13-15MPH pace.</p>	<p><b>6:00 P M</b> <b>Marter &amp; Jefferson</b></p> <p>Meet Prez Bill Stimpson for 25-30 mile ride at a 15-17MPH pace to the Grosse Pointes and back.</p>	<p><b>8:00 A M</b> <b>Stoney Creek Boat Launch</b></p> <p>Although there is no official ride leader for this 45 mile old time favorite to Armada for breakfast and back there are usually 2 or more groups at different paces.</p> <p><b>9:00 A M</b> <b>Stoney Creek West Branch Parking lot</b></p> <p>Meet T J Hill for 50 miles of mountain biking with a lunch stop around Lake Orion.</p> <p><b>4:00 P M</b> <b>Stoney Creek Boat Launch</b></p> <p>Meet Peter Bosma for a fast 18+MPH ride to unknown destinations.</p>	<p><b>9:00 A M</b> <b>Stoney Creek Boat Launch</b></p> <p>Meet T J Hill for more mountain biking to unknown destinations at the pace of the slowest rider for a distance to be determined.</p>
<p style="text-align: center;"><b>CHANGES</b></p> <p>Call Bill Baker 586-739-0261 or email him at <a href="mailto:CRRrides@wideopenwest.com">CRRrides@wideopenwest.com</a></p> <p><b>Newsletter changes:</b> Email Blucyclist@yahoo.com</p> <p><b>HOTLINE:</b> 586-819-0222 (Press 1 for latest updates)</p>						

Refreshments served.

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<p><b>*CHANGES</b>                      Call Bill Baker 586-739-0261 or email him at <a href="mailto:CRRrides@wideopenwest.com">CRRrides@wideopenwest.com</a>                      Newsletter changes: Email Bluceyclist@yahoo.com                      HOTLINE: 586-819-0222 (Press 1 for latest updates)</p>						

# August 2004

SUN	MON	TUE	WED	THU	FRI	SAT
1 TJ's Picinic	2 Meeting	3	4	5	6	7
8	9	10—6 day races start	11	12	13	14
15 Frozen Yogurt	16	17	18	19	20	21
22 Tour D'troit	23	24	25	26	27	28
29	30	31				

**Note:** Send newsletter ride changes and/or additions to [BLUECYCLIST@YAHOO.COM](mailto:BLUECYCLIST@YAHOO.COM)

## 5:30 P M

## THURSDAYS

"Sheffield Shuffle II" same as Wednesday ride only meet leaders Rick and Sue Moorman.

## 6:00 P M

Meet Bill and Bill at Prestige Cycles, Moravian & Garfield, 2 hour ride to unknown destinations at 13-15 MPH.

## 8:00 A M

## FRIDAYS

Meet Duane Nieman in the Romeo/Armada area for 35 to 60+ mile long rides to different locations at a pace of 15 to 18 MPH with a breakfast stop. Call Duane 586-752-6482 or email Bill Smith [bsmith02@comcast.net](mailto:bsmith02@comcast.net) and Bill will add you to a distribution list for latest ride info.

## 6:00 P M

Meet Dave Baker at Marter & Jefferson, 15-18 MPH for 30-35 miles. Pace will increase to 18mph as season progresses.

## 8:00 A M

## SATURDAYS

Meet Bill and Annette Smith and Sandy Overway at the Stoney Creek boat launch for a 16-19 mph 40-45 mile ride to Armada for breakfast.

## 9:00 A M

Meet TJ Hill at the West Branch Parking Lot for a 50 miles of Mountain biking. Lunch will be in Lake Orion around the 30 mile mark.

## 9:00 A M

## SUNDAYS

Meet TJ Hill at the Stoney Creek Boat Launch for more for Mountain biking to unknown destinations at the pace of the slowest rider for a distance to be determined

## 2004 Blue Water Ramble Chairs

### **Diane Baker & Jim Crawford 2004 BWR Co-Chairs**

#### Committee Chairs

- **Food:** Tom and Sue Graham
- **SAG:** John Tarantino
- **Parking:** Jerry Pavlat
- **Cleanup:** Bill Stimpson
- **Publicity:** OPEN
- **Routes:** Gerry Bartels
- **Ferries:** Bruce Carlson
- **Registration:** Bills Baker & Duemling

#### PRAYERS AND THOUGHTS

Please keep the following members who are going through some difficult times in their lives, in your thoughts and prayers. Send a card if you can, or give them a call.

Pete and Vicki Sprecher, Al and Robyn Barton

**Long Sleeve Club Jerseys** will be ordered on July 25th. Cost is \$60.75 less a club subsidy of \$20 for anyone who has not already received a club subsidy this year. Call Sandy Overway (586-781-8315) no later than July 25th to place your order.

**Club Cookbooks** are still available for \$10. Call Julie Windhorst (586-939-6073) to order.

#### Birthdays

##### Bday First Name Last Name

08/02 Carla Pawlik  
08/03 Linda Ostrowski  
08/04 Jerry Pavlat  
08/08 Nancy Duemling  
08/10 Michael Sproul  
08/14 Warren Berthelsen  
08/14 Lynn Semproch  
08/15 Art Meerhaeghe  
08/22 Jane Benard  
08/24 Dee Whitmore  
08/25 Charles Rose  
08/26 Mary Padgett  
08/26 Bruce Freeburger  
08/26 Thomas Mesyn

#### FOR SALE

##### **2000 Litespeed- Ultimate**

\$4800 new, asking \$2000, 51cm, Shimano Ultegra components Shimano R540 wheelset, polished titanium exterior ridden 3 1/2 summers in Cadillac, MI

##### **1998 Litespeed- Natchez**

\$3500 new, asking \$1200, 51cm, Shimano Ultegra components Mavic Cosmic Expert wheelset, brushed titanium exterior ridden 2 summers in Cadillac, MI

Will deliver: Call Sonya Smith  
231-775-5273

##### **1988 Cannondale Tandem, 23/21, color: teal**

Excellent condition. Pictures and specs upon request.  
\$750.00 O.B.O. Bill Cleland 586-775-5125  
wcleland@wideopenwest.com

## SPECIAL EVENTS

Join Dave&Sharon on **July 25** at Monfort Elementary School on Montgomery St. located between 23 and 24 mile east off of Mound Rd. in Shelby Twp for our 25th Aniversary Ride. There will be two rides!! First ride leaves at 8:30am for 35 miles at 16-18mph, with some good hills into Rochester area, return to Monfort. Second ride starts at 11:30am for 15 miles at 14-16mph within Shelby subs, and is flat. Second ride occurs rain or shine!!! RSVP requested. dtswitney@nerzero.net or call 586-254-1851 before July 19th. Lunch and cake to be served after the ride! More details to follow!!!

**August 1st**—SUNDAY AUGUST 1st at Stony Creek West Branch, Bike event will cover 25 miles of dirt roads from West Branch Lot B. The Bike Ride will begin at 9AM and will cover a loop toward Lake Orion and Bald Mountain. Additional mileage may be done at your desire in the West Branch Trail system should the distance be too short or too leisurely.

The alternate road ride will meet at Stony Boat Launch at 9 AM for a ride to Wolcott Mill with John Tarantino as leader.

The Picnic begins at Noon in Lot A Pavilion and is run by the Just Right club of the Dakota Inn. Picnic includes Hot Dogs, Hamburgers, Bratwurst, Corn as well as Beer and Soda Pop.

The price for the Picnic is \$12. You may pay at the Pavilion or contact TJ Hill at tjbiker@juno.com for RSVP so that the picnic committee can plan accordingly.

The riding will be at a moderate pace so as to keep the group as a group.

Call TJ at 586-293-0162 for details.

**August 10—15** Detroit 6-Day Races. Velodrome at Bloomer Park

**August 15**—Frozen Yogurt Ride—Meet John Tarantino at the 9:00 at the Stoney Creek Boat Launch for a 40 miler at 16-18 mpg with a stop at Erma's towards the end.

**August**—Bill Stimpson is planning a Roseville to Raleigh NC sagged trip. Call Bill at 586-899-4763 for details.

**Sept 19**—African American Museum Tour planned. Call John Tarantino for details.

### Velodrome at Bloomer Park

#### Hours of Operation

Sunday 1-5  
Monday 12 noon—7PM  
Tues/Thurs 12 Noon to 8PM  
Wed/Fri 12 noon—9:00 PM  
Saturday 10:00AM—6:00PM  
Saturday 11:00PM Public TV viewing

#### Fees:

Kids: Under 18 FREE! Includes bike Rental, equip, & Coaching  
Adults: 1st Session Free  
\$10 session/\$60 season pass  
Bike Rental: \$5

#### Free Class—Track 101

Thursdays—6:00PM  
Saturdays—10:00AM

Details: 248-961-3705  
Www.velodromeatbloomerpark.com  
Or www.nas-track.com

#### Weekly Race Series

Wednesdays: 6:30 PM  
Mike Walden Races  
Fridays 7:00PM  
Elite Training & NAS-TRACK League racing  
Saturdays 3:00PM  
Michigan CAT Summer Point Series

## Fathers Day Rides by Dave Switney

Oh what a bunch of curious, alien, hungry, adventurous cyclist we be! Father's day was a great day to be outside and the Royal Oak Clay and Glass Festival was the place to be. The group of cyclist (picture) started out from Utica with tights and jackets. Many were curious as to how we would get to Royal Oak. As we headed to Troy, the curiosity became greater. My old ride to work. I exclaimed, well at least part of it.

After we reached the I-75 and Crooks area and emerged from hoping off our bikes to step over a curb, a woman walking her dog, uttered the "A" word. We appeared to be aliens emerging from a defunct business building in all sorts of delirious colors. She was amazed.

It was all downhill from here, with many a rider curious to know if we would be coming back "UP" this way. No, we will have another route home, I explained. After many stops and switchbacks into Royal Oak, we settled in at "Jimmy's" restaurant where we were guided to the "back" room. Jerry and Sue and Steve and Debbie soon joined the group. We had indicated to Jerry that we had gone fairly close to their house, so that he and Sue could have joined the group there. Jerry appeared to be distant as he answered "Oh", but we did not know what lurked behind the response, until we saw Sue excitedly exclaiming to Jerry, "You need to just see this"! That's when we knew! The poor guy had been "hooked".

After a lengthy wait for breakfast, as now another room was opened for more eaters, we were served. Still there was no Sue, and now no Debbie. Jerry and Steve sat quietly eating and the rest of us scarf up our food. We were given 15 minutes to catch up to Sue and Debbie and hoped that they could point us to all the treasures, but they had quietly returned to eat.

We quickly meandered about the 4 blocks of booths and caught glimpses of the unusual artifacts. Everyone had at least one treasure to talk about, until we saw Sandy appear with her treasure in hand. Now, Duane had to pack it carefully for the return trip.

We were treated to a few strip teases before we left. The temp was in the 70's, and a few riders needed to adjust their gear before departing.

We barely crossed the Royal Oak tracks, when one cyclist was down. Fortunately, he abandoned his bike, before it nearly was "track gobbled". This really saved bent rims, and Scott will be glad to show you his new dismount maneuver. I think he said he saw it in some Mt. Bike mag.

After the daunting ride up Livernois to Troy, we welcomed the side roads. The switchbacks were back. Just my ride to work, I exclaimed!

Another dismount for crossing the "troll's" bridge, and we were back on track. As we turned down Square Lake, the pace had increased from the downhill and the whisper of the breeze on our backs. We had a tailwind, and no one complained.

Soon, we were back in Utica, with a tour of the flood swept area. Our last climb, brought us back to the start. Now it will be another year to enjoy the sights of the Clay and Glass fest.

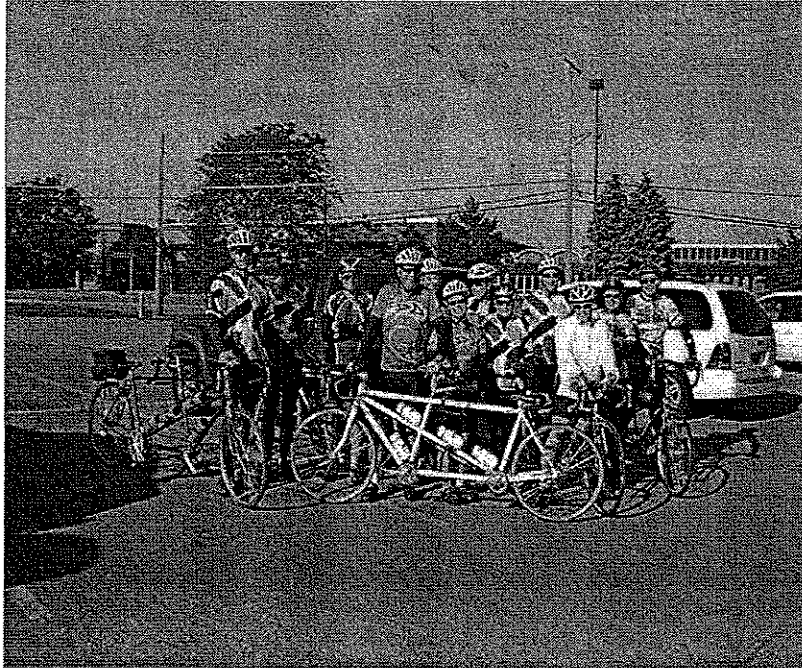
As time would have it, one partner had offered to drive the other to the festival over the years, but she had stoutly held out, so she could relive what had taken place over 5 years ago, on another bike ride, which had taken us to the first festival, quite by chance.

Sandy's object had survived the return trip, and she will be glad to show it to you any time. Just ask.

And Sue and Jerry, well, they didn't return with us, and I think I heard Sue say to Jerry, "Oh you just have to see this one thing"! So be sure and ask Sue, to show you her treasures from the festival as well,



## From Dave Switney:



The rain was more than threatening when Sunday's ride was cancelled. Not to be discouraged, Rick and Sue scheduled another ride on Monday over the July Fourth weekend.

Although the weather was very threatening, Rick and Sue, Bill and Annette, John and Marylyn, Rick and Doris, and Dave and Sharon pulled Jane and Gary all of the 54 miles thru thunderstorm conditions and gale force winds from New Baltimore to Harsen Island and back.

The old ride was back in peak form. The terrain is flat, so the real challenge is beating ole Mother Nature and staying on the correct route. Rick and Sue did a fabulous job of maintaining the pace.

We stopped for breakfast in a quaint roadside stop just before Harsen Island. Pancakes, French Toast, and omelettes were great, but don't set the milk on the napkin dispenser unless you want the milk dispensed on your plate.

The ferry ride was a nice change of pace. We arrive on the island dry as the captain of the ferry had avoided the damping waves from passing boats. One pass around the island brought us to sunset point, where the wind was so strong it was able to lift a para-sail boarder completely out of the water for at least 10 to 15 feet. We all watched in astonishment as our entertainer completed a few more laps in the air.

After gathering behind our own captain and his stoker, we proceeded back to New Baltimore which was this way or... Anyway back on course and a lovely return trip.

To treat our hard earned, Rick and Sue suggested that we go to Izzie's in New Baltimore. After stashing the bikes, we headed there for delightful surprises. There before us lay all the deserts you only dream of. Who could think of having anything else but...bread pudding, silk pie, or three layer cake. There were many others, but these were the three chosen by our weary travelers, in order to boost their energies. Thanks to Rick and Sue for a great ride.

You should receive your club roster with this newsletter. Just a reminder the roster is not to be sold or used for business purposes.