

May 1990

36558 MORAVIAN DRIVE, MT. CLEMENS, MICHIGAN 48043



CLINTON RIVER RIDERS

President:	Warren Berthelsen	781-6706
Ride Director:	Ray Dominick	776-2793
Secretary:	Sandra Ostrowski	362-1156
Treasurer:	Bob Goebel	286-0384
Editor:	Ted Gondert	752-9466
Hotline:		792-4670

Next Meeting: Monday June 4, 1990, 7:00 pm at the Mt. Clemens Community Center 300 Groesbeck at Laffayette.

New Members: The Clinton River Riders would like to welcome Paula Capoferi, Bob Linden, Dennis Kelly & family, Lisa Ureel, Chris Western, Christopher Trush, Patrick Pollard, Cadi Reiss, Greg Weigmann, Bill Duemling, Pat Nolan & family, Donna & Jeff Pearson, Norm Rock II & family, Maureen P. Spren, Tom Halliday. We hope to see you on many rides this summer.

Club Clothing: "Bellweather" cycling apparel will have a new line of winter jackets and tights with red and gray which are also our club colors. Contact Sue Pavlat at the store for more information and to leave a deposit of about \$40.00

Blue Water Ramble: The Blue Water Ramble will be on October 7, 1990 in St. Clair. This is the main event of our club schedule. Volunteers are needed for the different committees i.e. rest stops, registration, publicity, mapping, sag etc.

T-shirt and patch designs will be voted on at the July 2 meeting. Remember to use only 2 colors and keep the patch design from being too intricate.

Participation Awards: This year participation awards will be given for participating in Clinton River Riders rides. One point will be given for going on a ride and four points for leading a ride or doing sag driving on the "First Century" ride in September or the "Damn Long Ride" etc.

RAAM: August 5, 1990; Sue Pavlat and Ron Dosenbach will be in Irving, California for the start of the Race Across America. Sue and Ron will be riding Santana tandems and the club will help sponsor them.

RAAM Fundraiser: There will be a fund raising ride for Sue Pavlat & Ron Dosenbach's RAAM ride. **Sunday July 15, 1990, 8:00 am at Romeo High School.** Sue and Ron will lead a 40 mile "mass start" ride to Armada. Refreshments will be served and the price is \$8.00 before July 1 and \$10.00 on the day of the ride

For Sale: (1) small Clinton River Rider jacket worn once but too big. \$25.00 call Sue Hrit at 795-0908.

Graber Roof Rack, 2 bike carriers 1 yr old originally \$140, best offer.

"Cycle Shuttle" rear car carrier \$30.00 call Kirk or Katie 792-3778

Ride Schedule: Call the hotline:
792-4670 for the latest schedule.

Sunday, May 13: 8:00 am Meet Jerry Pavlat at 19 mi and Merrill for the annual mothers day castle ride.

Sunday, May 20: 6:30 am meet Frank LoPiccolo at Pavlat's for the ride to Eastern Market flower day. 40-60 miles at 14-16 mph. Bring your walking shoes and see Eastern Market and Detroit.

Sunday, May 27: 8:00 am Meet John Edry at Royal Oak Library 11 mile and Main (Livernois) for an 80 mile hilly ride to Milford 16-18 mph.

Sunday, May 27: 7:00 am meet Tom Dominick & Rose Goebel at Romeo High School 1/2 mile west of Van Dyke on 32 mile, for a 14-16 mph ride of 40 miles to Dryden for a pancakes and ham breakfast.

Sunday, June 3: Captain Aluminum in Washington. Pancake breakfast, the usual route, also chicken barbeque and art show in the afternoon.

Sunday, June 3: 5:30 am call hot line to find out about riding to: Farm Lakes tour 8:00 am in Plymouth. 62 mile tour in Plymouth, approximately 120 miles starting from MCCCSC (12 & Hayes).

Sunday, June 10: 7:00 am meet Andy Neumann at Schoolcraft College (7 mi and Haggerty, west of I-275) for the MS150 preride to Ann Arbor for brunch. This ride is recommended for Tour Leaders to familiarize them with the first part of the MS150.

Recurring Rides: Tuesdays 6:30 pm starting May 22 meet Warren Berthelsen at Pavlat's for a 25 mile ride at 14-15 mph pace ride to Metro Beach and back.
Tuesday 6:15 pm meet Gary Haelewyn at

Pavlat's for a faster paced ride. Limited to 10 riders.

Wednesday 6:00 pm: Meet at the bank at 17 and Garfield for a 30 mile 15-17 mph pace ride to Stoney Creek.

Thursday 7:00 pm: Meet Jerry Pavlat or Ed Gostin at the Hampton office complex at Berkley and Hamton for speed drills and pace line work around the 2 mile Hampton Circle.

Thursday 6:15 pm: Meet David & Sue Hrit or Kirk & Katie Carolan at the Lakeshore Mall parking lot in Grosse Pointe (Jefferson and Marter) for 15-18 mph 22 mile ride thru Grosse Pointe to Windmill Pointe and back. Led by tandem bikes but singles are welcome. Icecream afterwards.

Friday 6:00 pm: Meet Andy Neuman at MCCCSC (12 & Hayes) for a 14-16 mph pace 30-35 mile ride to Grosse Pointe.

Saturday 8:00 am: Meet Oscar Balmaceda at Stoney Creek boat launch for a 30-50 mile ride to Armada for breakfast.

Other Club Events: May 19-20:
Wolverine 200 Bell Isle 24 hr Marathon.
Meet Ed Gostin at the ride.

Sunday, May 20: Fahrrad tour in Frankenmouth, Michigan.

Saturday, June 2: The "100 Grand" tour in Grand Rapids. Routes from 25 to 100 miles Friday night camping in Westside Christian Junior High School, 955 Westend Road NW.

Saturday, June 9: "Magic Ride" for the prevention of child abuse. Holt High School, 1784 Aurelius, Holt, MI just south of Lansing. Meet Sandra Ostrowski 8:30 am for 50 miles at 14-16 mph.

TOSRV 1990: Trying to remember everything to bring to Columbus. Bicycle, helmet, shoes, shorts, jerseys, sleeping bag, etc. Drive over to pickup "Big John" load up his bike, etc. Driving on I-696, wait I forgot the sunscreen, well maybe we can get some in Ohio. We take I-275 to I-75 etc to Columbus. Go to the hotel strategically located only a few miles from registration and next to Wendy's and Bob Evan's and some railroad tracks. Wonder if any trains still use those tracks? Didn't notice any during the day.

Trains replace clock chimes after midnight every half hour. Up at 6:00 a.m., weather report calls for rain. Walk over to Bob Evan's for breakfast and see the rain start. Drive to the state house, start of TOSRV, park the car get on the bicycles and ride. What's that ambulance doing up ahead? Looks like some poor soul had a spill, we find out later it is Bob Crowley, loosing weight thru dermabrasion.

Chillicothe at last, half way and lunch. Standing out in the rain for bologna sandwiches and kool-aid wasn't appealing so we go to the Chinese restaurant. After some wonton soup and sweet and sour chicken we step out and it stopped raining for a little while. Next stop Waverly and White Lake. Just to get in an extra hill there is a subdivision on a bluff above White Lake, it is a steep climb but it is too wet to come down at full speed. Bananas, candy bars, kool-aid, dried cherries from Traverse City, etc. at the rest stop. 30 miles to go to Portsmouth, finally the bridge and the first day is done. Go across another bridge to Kentucky for the last optional hill of the day. It seems to of gotten steeper than I remember, barely make it up in a 42 X 28, ride the brakes all the way down. Put the sleeping bag on the floor next to a hundred others and take a shower and up to the C.A.Y. for dinner. The chicken and

mashed potatoes taste good even when the rain is falling on them. Back to the sleeping bag, 10:00 p.m. do you think the lights will stay on all night? Find the circuit breaker and turn them off, unplug the Coke machine with the bright lights and there is still plenty of light. Set the watch for 5:30 am but you don't need to. People start getting up at 4:00 and by 5:00 someone will turn on the lights. Is that the showers making all that noise? No, it is the rain on the roof. Put on the rain gear go to the bridge meet up with "Big John" and start back to Columbus. The McDonalds in Waverly gets a typical Sunday morning crowd of several hundred wet hungry bicyclists. Ride into Chillicothe and get lunch finally ride into Columbus. Take a shower at the YMCA and load up the bikes into the car for the drive back home. Even though it was wet and head-winds at least I didn't need the sunscreen, next year the memories will seem not so bad. Ted Gondert

Time Trial: Clinton River Riders Time Trial #1. Despite the absence of Greg Lemond and his team "Z", everyone arrived at the start in high spirits on the foggy Sunday morning. After the fog had cleared and the last rider of the international field had finished, Ron Dosenbach came out on top with a blazing time of 28:01, a new club record for the course. Sue Pavlat continued her unbeaten streak in the ladies division with a time of 33:03.

From a personal veiw point: Yep, those funny looking bars really are faster. Thanks to Richard Van Buren for loaning them to me. Also thanks to those who helped run the event, without them I would not have been able to ride. The time I turned was nearly 4 minutes faster than this time last year. I suppose everyone expects me to improve next time.

OH S---!!! Ed Gostin

Other Club Events cont:

June 23-24: The MS-150 pledge ride for the Multiple Sclerosis Society. The Clinton River Riders are helping with the ride as "tour leaders", contact Andy Neumann.

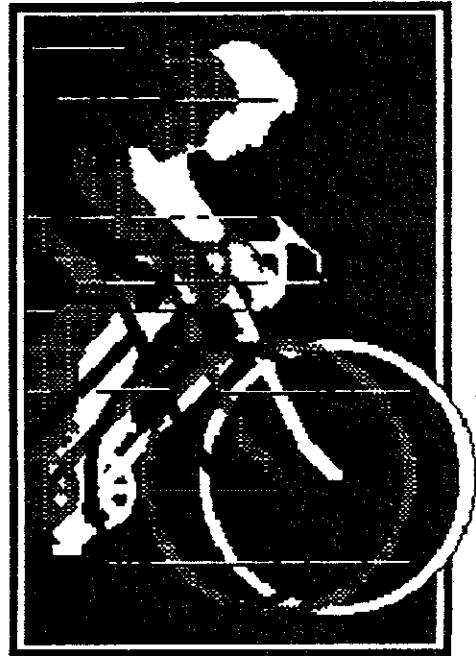
Sunday July 1: "Lakeshore" bicycle tour at Lakeveiw High School 11 mi and Little Mack 7:30 am to 12:00 noon. 25 miles
12:00 noon "Lakeshore bicycle races"
USCF and citizens sponsored by the Cadieux Bicycle Club.

Happy Birthday: May (date)

Pat Nolan 1, William J. Cleland 3,
John Unger 4, Micheal Holden 5,
Lisa Koch 5, Kristen Nolan 5/83
Melissa Bowen 6, Gary L. Fraser 10
Richard Dyer 11, Kevin Morrison 12,
Matt Dyer 12, Wendy Breckridge 13,
Sandra Studebaker 16, Jeff Hunt 16,
Mark Whitmore 16, Pam Dyer 19, Rose-
mary Johnson 19, Anita Klein 20, David
Brayton 21, Beth McWatters 24, Patrick
Nolan 25/89, Greg Franczak 27

June (date) Chris Maleszewski 2, Ed
Gostin 6, Heidi Heck 10, Ken Bowen 13,
Julie Robinson 15, Sue Graham 16, Dave
Switney 16, Curtis Bolt 17, Jenifer
Franczak 18, Donna Bowen 19, Frank
LoPiccolo 20, Lindsay Bowen 21, Kirk
Carolan 27, Rich (jr) Dyer 30, Aaron
Connor 30

Club Rambling: Doris Mulligan and
Sandra Studebaker embarked on a cross
country ride May 12, 1990 on the "Pedal
for Power" ride for the LAW and a local
charity. Starting in Los Angeles, CA the
schedule is for 47 days and 3341 miles
with 5 days off and 38 to 116 mile days



Clinton River Riders 1990 Time Trial Results
Stoney Creek Park -- 12.1 miles
Male Category

Name	Elapsed time 4-22-90	Average speed 4-22-90	Rank 4-22-90
Ron Dossenbach	28:01	25.91	1
Robert Linden	30:39	23.69	2
Brad Stanley	30:45	23.61	3
David Unger	31:06	23.34	4
Jerry Pavlat	31:50	22.81	5
Ted Gondert	32:02	22.66	6
William Gullbert	32:28	22.36	7
Ed Gostin	32:39	22.24	8
Jerry Bartels	33:22	21.76	9
Tim Phillips	33:27	21.70	10
Greg Franczak	34:58	20.76	11
Steve Angst	35:32	20.43	12
Mike Holden	36:30	19.89	13
Nate Fitzpatrick	36:32	19.87	14
Hank Thoenes	37:20	19.45	15
Ron Unger	37:30	19.36	16
Jim Cramer	38:06	19.06	17
Eric Berthelson	39:19	18.47	18
Jim Gallagher	39:50	18.23	19
Bob Latsko	40:50	17.78	20
Rick Stebbins	40:57	17.73	21
Doug MacDermaid Sr.	41:31	17.49	22
Doug Macdermaid Jr.	42:13	17.20	23
John Dekievit	42:31	17.08	24
Mark Stafford	42:59	16.89	25
Bob Goebel	43:34	16.66	26
Doug Pertner	DNF		
*Keith Ketterer	30:07	24.11	

Female Category

Sue Pavlat	33:03	21.97	1
Linda Martin	38:35	18.82	2
Sandra Studebaker	43:30	16.69	3
Carol Wilke	43:56	16.53	4
Kristin Berthelsen	44:10	16.44	5
Karen Mousseau	46:46	15.52	6

* Not a member

**INTRODUCING
WHEELS
AGUIDE
BIKECENTENNIAL LEADER**

BY LURE
McDONNELL



YOU HAVE BEEN
SELECTED AS A LEADER
FOR A BIKECENTENNIAL
KANSAS TRIP!



BIKECENTENNIAL
IT WILL BE A HARD
DIFFICULT, BACK-BR
ARDUOUS JOB LEADING
NINE DIVERSE PEOPLE
24 HOURS A DAY FOR 3
MONTHS OVER 4,000 MILE
ON RUGGED TRAILS IN
EVERY KIND OF WEATH
AND EVERY KIND OF
MECHANICAL TROU
HAVE FUN!

OBOY. MAYBE THERE'S
STILL TIME TO GET OUT
OF THIS THING.



BUT, OUR HERO LOVES
A CHALLENGE. (NOT TO
MENTION LIVERWURST
SANDWICHES).



AH, BUT IT'S
GOOD TO BE ON
THE ROAD
AGAIN.

THE SCENERY
IS AMAZING!



I JUST WISH THIS BUS
WOULD GET TO THE
TRAILHEAD SOON.

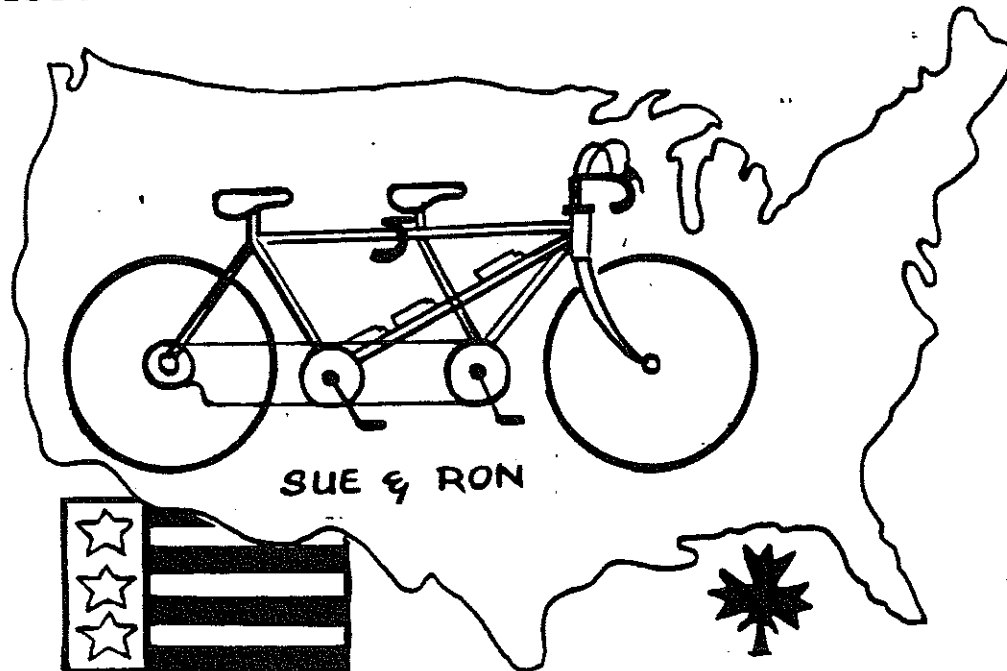


ASK FOR FREE INFORMATION ABOUT BIKECENTENNIAL! We'll send you our catalog of cycling maps, books and accessories plus information about membership and organized tours. BIKECENTENNIAL, P.O. Box 8308-NE, Missoula, MT 59807. (406) 721-1776.



RAAM (RACE ACROSS AMERICA) BENEFIT RIDE FOR SUE PAVLAT & RON
DOSSENBACH (TANDEM TEAM EXTRAORDINAIRE) SUN., JULY 15th, 1990

RACE ACROSS AMERICA



SUPPORT SUE AND RON FOR RAAM 1990

The Clinton River Riders invite you to join them in their support. These ultra-marathoners will lead a forty mile mass start ride, leaving from Romeo High School, in Romeo at 11091 St. Clair St. (32 Mile Rd.), one mile west of Van Dyke. The ride will leave promptly at 8:00 A.M.!!

\$8.00 PRE-REGISTRATION (BEFORE JULY 1st), \$10.00 DAY OF RIDE
DAY OF RIDE REGISTRATION FROM 7:00 A.M. to 8:00 A.M.
LIMITED SAG SERVICE AND REFRESHMENTS WILL BE PROVIDED
A LIMITED NUMBER OF T-SHIRTS WILL BE AVAILABLE
THE DAY OF RIDE FOR \$12.00

All proceeds from this ride go directly to Sue and Ron. If you are unable to attend, but would like to support their effort, any donation would be gratefully accepted.

REGISTRATION - PLEASE PRINT

NAME _____ ADDRESS _____
CITY _____ STATE _____ ZIP _____
AGE _____ TELEPHONE _____ AMOUNT ENCLOSED \$ _____

Every registrant must sign. If the registrant is under 18 years of age, the adult accompanying & responsible for the minor registrant must sign.

RELEASE OF SPONSORS

In signing this form for myself or another I understand and agree to absolve all of the sponsors & organizers, be they individuals or organizations, singly & collectively, of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in this ride or in any of the activities associated with this ride.

SIGNATURE _____ DATE _____

Make checks payable to: SUE PAVLAT, 36558 Moravian, Mt. Clemens, MI 48043

I am unable to attend this ride, but please accept my donation enclosed \$ _____

This form may be duplicated.

