

in the
CRR NEWS...

for May 2003

The Red Hat Riders meet the Red Hair....

While dining at Sheila Tea's in downtown Rochester, the Red Hat Riders met up with the Red Hair. The young man was kind enough to pose with the group.

The group has decided to make "Race for the Cure" the place for the June 21 meeting. We will walk in our red hats and CRR jerseys/bike shorts. If you are interested in joining our group, please call or e-mail Sue Pavlat (Queen Mum).

248-828-3766 or Pedalpetal@aol.com

We are planning to meet at the Big Boy's at Big Beaver/Rochester Road at 7:15 and carpool downtown.

Registration is \$20 by May 30, \$25 by June 13, and \$30 after that.

Registration can be done online @

www.karmanos.org/raceforthecuredetroit



OSLO (Reuters)

Norwegian workers are being offered cash incentives to get on their bikes as part of a government drive to encourage pedal power and cut car use. The scheme, which also aims to boost fitness, started on Monday in parts of the country and will pay municipal employees about 40 cents for every kilometer they cycle while on business. "We want healthier employees and less sickness absence," Hans Ivar Soemme, leader of a "Healthy City" project at Sandnes municipality in southwest Norway, told Reuters. He said he did not know of any similar schemes elsewhere in the world.

Workers will get 43 cents for each kilometer they ride up to a maximum of 3.1 miles. The ride to and from work will not count. Meanwhile, an estimated 75,000 cyclists rode their bikes to work on Monday to mark the annual "Bicycle to Work" campaign, many stopping for a free breakfast organized along cycle paths. As part of a drive to make Norway's 4.5 million people healthier, the Nordic country will be the first in the world to outlaw smoking in bars and restaurants nationwide in 2004.

Blue Water Ramble....

It's that time again and we're ramping up for this year's activities. Sign up sheets will be out next month. Jerry Bartels has volunteered to be the Routes Chair. The BWR shirts will be dark green.

Don't forget to.....

Update your info for the Club Roster A.S.A.P.

Marilyn Tarantino will be putting out a new Club Roster with the newsletter in June. Make sure to give her any updates to your info A.S.A.P. This includes phone numbers, email, and birthdays.

Redtandom@aol.com

Rides...Hotline 586-819-0222

FOR ANY CHANGES TO THE SCHEDULE, CONTACT BRUCE FREEBURGER
586-775-8838 OR bruce@BIKESonTV.com

ANY UPDATED CHANGES WILL BE ON THE HOTLINE UNDER THE UPDATED SECTION - PRESS 4

WEEKLY RIDES

Monday...6pm

Ride with Rick Jones & Company from the MSU Management Center, at Crooks and Square Lake Roads. This is a FAST, HILLY ride of 25-30 miles. The first week of each month, this ride is moved to TUESDAY, to avoid a conflict with the club meeting on the first Monday.

Monday...6pm

Join Bill and Diane Baker for a ride that goes as far and as slow as the slowest rider. Start at Fraser Cycle & Fitness, on Utica south of 15 mile. Park in the back & side of the store. This is a great ride for new cyclists. Note: this ride does NOT occur the first Monday of the month, due to the club meeting.

Tuesday...5:30pm

Join Rick Moorman for a ride to Metro Beach and back from Prestige Cycles. The ride is 25-30 miles at 15-17 mph.

Wednesday...5:30pm

It's the Sheffield Shuffle with Gary Haelywn. Meet Gary in the Sheffield parking lot across from K-Marts in Troy (Coolidge & Big Beaver). This is a fairly hilly ride of 25-30 miles at 14-16 mph.

Thursday...6:00pm

Join Bill Duemling and Bill Baker for a ride from Prestige. They will ride at 13-16 mph for 2 - 2 1/2 hours.

Thursday...5:30pm

Part 2 of the Sheffield Shuffle. Meet Rick Moorman for a 30-35 mile ride at 15-17 mph average. Same meeting location and terrain as the Sheffield Shuffle on Wednesday.

Friday...6:30pm

Bruce Freeburger will lead this ride starting May 9. He will need a co-leader for every other week. Meet at the corner of Marter(8 1/2 mile) and Jefferson. Ride at an average pace of 16 mph and a distance of 25-30 miles.

Saturday...8am

Meet Bill & Annette Smith and Sandy Overway at the the Stony Creek Boat launch. Ride to Armada for breakfast and back at a pace of 15-17 mph. Round trip is 45 miles.

OTHER CLUB RIDES

Men's Trip...May 30-June 2

Last call for the men's trip. John is finalizing the hotel rooms and drivers. Call John for more info.

MS 150...July 12 & 13

Cathy Osip is organizing this year's CRR participation in the MS 150. Please contact Cathy if you are interested in participating.

248-879-5849

cathosip@comcast.net

Mio to Gaylord...

Laurie Brickner and Doug MacDermaid will be having a weekend ride from their cottage in Mio. The ride will be about 60 mile each way to Gaylord and back to Mio on June 7-8. On Saturday, the group will have dinner at Big Bucks Steak House. The ride will be limited, so call Laurie or Doug at 586 939-4670 or email lbrickne@wideopenwest.com

Bill W. sez...

Volunteers are needed on June 8th and June 22nd for Bicycle Rodeos at the Velodrome. The Oakland County Sheriff's Department and the City of Rochester Hills are involved with these events.

June 8th date will be a trial run of the bigger event to be held on June 22nd. Four types of courses that have been laid out by the O.C.S.D. will be set up in the back parking lots of the park. The O.C.S.D. will be giving a 45 minute talk on Safety and Rules of the Road. The Patti Wagon (from Prestige) will be on hand both days. We need help to do the complete process of setting up the courses, demonstrating and putting 50-60 (boy scouts) through the course, register and get them over to the track where they will have the opportunity to watch demonstrations and ride the track (for those who want to).

Thank You....

We received thank you's from:

Macomb Orchard Trail - Donation \$300

**League of Michigan Bicylists -
for consistently donating year after year**

Don & Linda Dahlke - for the support they received when Don's mom died. Don lost his job the same week so let's say some more prayers for Don & Linda.

From the club to:

Julie W., Marilyn T., and the Baker's for their efforts in the Stony Creek Clean-up.

John & Marilyn Tarantino for hosting the Mother's Day Ride and Brunch. The food was fabulous and the ride was wiiiiiiindy!

On the 22nd the OC.S.D. we will have officers to do the demonstrating skills sessions and set up. We will need to do more in the way of registration and coordinating between events.

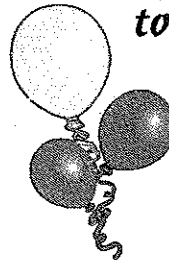
I'm estimating to need at least 5-7 people for the 8th and possibly double that for the 22nd. Please contact me at either 586-939-6073 or e-mail at wetandem@todaylink.com Please do your best to make a commitment now.

**Thanks
Bill Windhorst**

Happy Birthday...

to our members

June



06/02 Matthew McGough

06/05 Aletha Bartels

06/06 Ed Gostin

06/07 Gail Komendera

06/08 Rose Bianchini

06/10 Ken Rosiek

06/12 Steve Mastay

06/15 Bea Saleski

06/16 Sue Graham

06/16 Bill Smith

06/16 Sandy Overway

06/17 Dave Switney

06/19 Denise Schmidt

06/21 David Komendera

06/21 Laurie Brickner

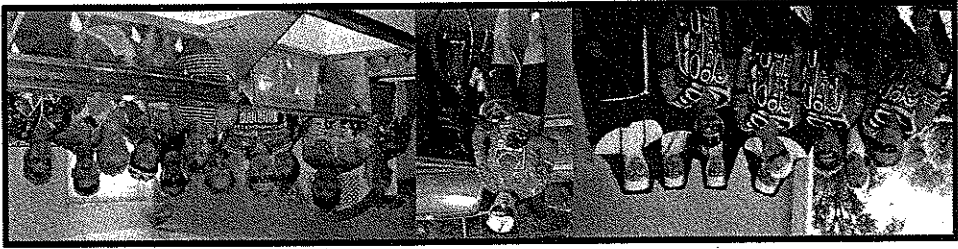
06/24 Art Anderson

06/25 Carol Meerhaeghe

06/26 Don Schumaker

06/28 Julie Windhorst

06/30 Rich Ostrowski



Gary Haelewyn
41706 Merrimac
Clinton Twp, MI 48038

Deb Angst
8676 Community Blvd.
Warren, MI. 48093



MEMBERSHIP APPLICATION FORM

Clinton River Riders Bicycle Club
Make check payable to:
Clinton River Riders
Mail to: 36558 Moravian
Clinton Township MI 48035

\$12.50 Individual (over 18)
\$15.00 Family

New Member Renewal

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Home Phone: () _____

Email: _____

Yes, please add me to your list of active volunteers who help promote bicycling at the local, state, and federal level. I understand I may be called upon on occasion to write a letter or attend a meeting supporting bicycles as a legitimate mode of transportation.

Family Names _____ Birthdate _____

RELEASE AND WAIVER OF LIABILITY,
ASSUMPTION OF RISK,
AND INDEMNITY AGREEMENT
("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in The Clinton River Riders Bicycle Club ("Club") sponsored Bicycling Activities ("Activity") for myself, my personal representatives,

assigns, heirs, and next of kin:
1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTANDING that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISK"); (b) these risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at the time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a risk of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place (each considered one of the "RELEASEES" herein), FROM ALL LIABILITY CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENCE RESCUE OPERATION.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature _____ Date _____

Signature _____ Date _____

Signature _____ Date _____
(All riding members must sign)

