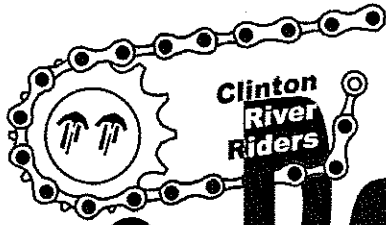
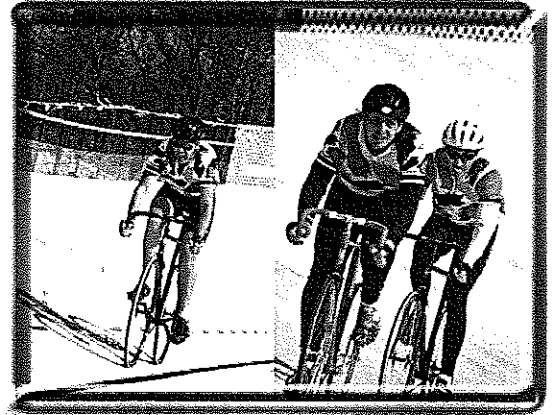


May 2002



Clinton
River
Riders

The Rambler

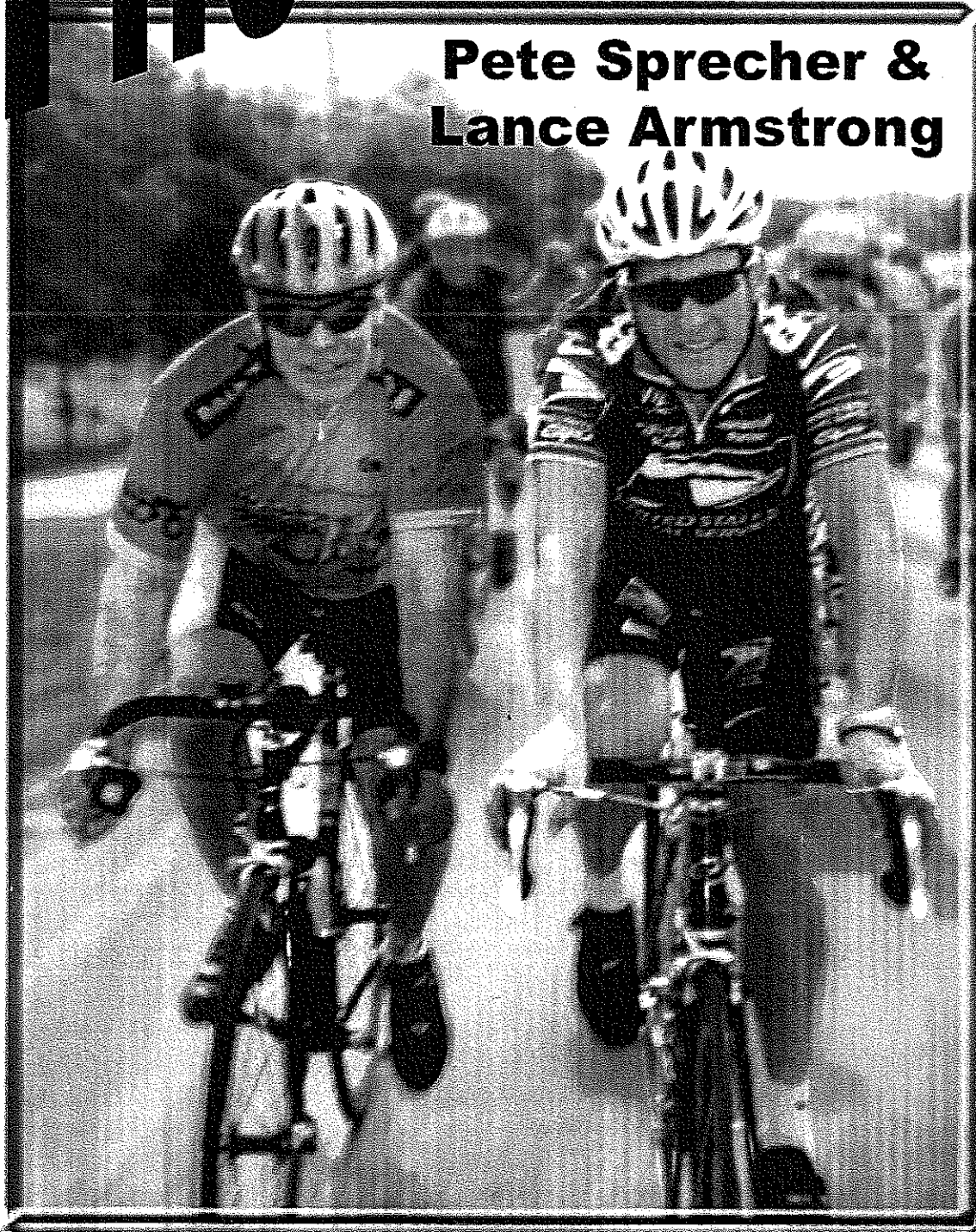


Velodrome opens...

Ed Gostin
Bruce Carlson
Bill Windhorst

...ride the track

Pete Sprecher & Lance Armstrong



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see p.3

Rides...Hotline 586-819-0222

FOR ADDITIONS, DELETIONS, OR CHANGES TO THE SCHEDULE,
CONTACT DUANE LARKIN, RIDE DIRECTOR: (313) 372-3731 or dlarkin@todaylink.com
ANY UPDATED CHANGES WILL BE ON THE HOTLINE UNDER THE UPDATED SECTION - PRESS 4

WEEKLY RIDES

Monday...6pm

Join Bill and Diane Baker for a 15-20 mile East-Side Ramble. The ride begins at Rockwell Elementary School, on Masonic between Hoover and Schoenherr. They ride at the the pace of the slowest rider, so it's a great ride for new cyclists. Note: this ride does NOT occur the first Monday of the month, due to the club meeting. Also, this ride will not occur on Memorial Day, Monday, May 27th.

Monday...6:00pm

Ride with Rick Jones & Company from the MSU Management Center, at Crooks and Square Lake Roads. This is a FAST, HILLY ride of 25-30 miles. The first week of each month, this ride is moved to TUESDAY, to avoid a conflict with the club meeting on the first Monday.



Tuesday...9am

Join Rick Okerhelm for a ride to Metro Beach and back from Prestige Cycles. The ride is about 30 miles at 14-16 mph.

Tuesday...5:30pm

Join Rick Moorman for a ride to Metro Beach and back from Prestige Cycles. The ride is 25-30 miles at 15-17 mph.

Tues. & Thurs...6:30pm

Meet Bill Duemling and Bill Baker at Prestige for 25-30 miles at 14-16mph.



Wednesday...5:30pm

It's the weekly Blue Light Special! Meet Gary at the B-3 lamp post in the K-mart parking lot in Troy(Coolidge & Big Beaver). This is a fairly hilly ride of 25-30 miles at 14-16 mph.

Wednesday...6pm

Meet Steve and Deb at the Church on Lorraine, just north of 12 mile between VanDyke and Hoover for a 30-35 mile ride around town at 16-18 mph. If you want to be on the e-mail list for updates, let us know. steve_angst@yahoo.com

Thursday...9am

Meet RichDyer at the Water Tower in New Baltimore for a 40 mile ride at 17+ mph.

Friday...6pm

Join Gary Green and Wayne Cook, on alternating weeks, for a 30 mile ride through Grosse Pte. at 14-16mph. There is usually a midway rest stop.

Saturday...8am

Ride from Stony Creek Boat Launch to Armada for breakfast and back. Round trip is 46 miles. There will be at least 1 group riding 14-16mph, but a faster group will ride if faster riders show up!

OTHER CLUB RIDES

June 1-2

Join Laurie Brickner and Doug Macdermaid for a round trip ride from Mio to Gaylord pm Saturday and Sunday. The ride will be about 60 miles each way, spending the night in Gaylord. Hotel will be about \$65 for the night in Gaylord There will be limited space in Mio on Friday night. Saturday night dinner will be at Big Buck Steakhouse. A SAG vehicle will be provided to carry overnight bags to Gaylord and back. For details:(586)939-4670 lbrickne@ix.netcom.com doug.macdermaid@eds.com

July 4

Join Eric and Mimi for a ride from Stony Creek to their house for a barbecue. Details to follow next month

Join us.....

THE FIRST MONDAY OF THE MONTH AT 7PM IN THE MT.CLEMENS RECREATION CENTER LOCATED AT 300 GROESBECK

Club Officers...

PRESIDENT...JOHN TARANTINO
redtandom@aol.com

RIDE DIRECTOR...DUANE LARKIN
dlarkin@todaylink.com
313-372-3731

SECRETARY...ERIC NOYES
ernmmg@wwnet.com

TREASURER...MARILYN TARANTINO
redtandom@aol.com

EDITOR...DEB ANGST
digitaldeb@comcast.net

SUNSHINE COMMITTEE...JULIE WINDHORST
wetandom@todaylink.com
586-939-6073

CRR CLOTHING...SANDY OVERWAY
586-781-8315

CRR ON THE WEB...www.lmb.org/crr

REGIONAL DIRECTOR...MIKE SPROUL
MFLMBRTC@aol.com



BWR Committee Heads...

DIRECTOR...DIANE BAKER
dbaker@parkut.com

FOOD...RICK OKERHJELM
Rick needs someone to take over for next year!

PUBLICITY...BILL WINDHORST
wetandom@todaylink.com

SAG...JOHN TARANTINO
redtandom@yahoo.com

REGISTRATION...BILL DUEMLING
redtandom@yahoo.com

ROUTES...DUANE LARKIN
dlarkin@todaylink.com

IT'S NOT TOO EARLY...

Sign up with these people. If you need to contact a club member, please utilize the club roster for phone numbers. This info will not be published unless requested due to member privacy on the web.

STORE DISCOUNTS FOR CRR MEMBERS

THE FOLLOWING LIST OF STORES GIVE CRR MEMBERS A 10% DISCOUNT, SO LETS SUPPORT THEM BY SHOPPING FOR THOSE NECESSARY COOL CLOTHES AND BIKE ACCESSORIES

PRESTIGE CYCLES
36558 MORAVIAN(at Garfield)
CLINTON TOWNSHIP
586-792-4040

AMERICAN CYCLE & FITNESS
2169 METRO PARKWAY
STERLING HEIGHTS
586-979-7570

ANCHOR BAY BICYCLES & FITNESS
35241 23 MILE ROAD
NEW BALTIMORE
586-725-2878



FRASER SCHWINN
3264 UTICA ROAD
FRASER
586-294-4070

CYCLE & FITNESS
1109 S. WASHINGTON
ROYAL OAK
586-542-7182

ANTOONS
42918 SCHOENHERR
STERLING HEIGHTS
586-979-7570

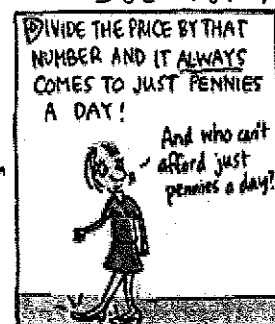
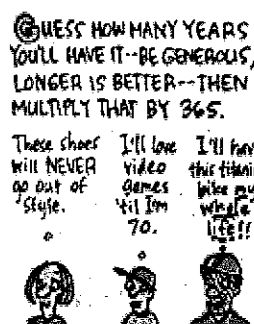
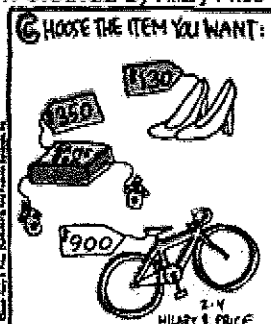
MACOMB SCHWINN
28441 SCHOENHERR
WARREN
586-586-756-5400

POINTE CYCLE & FITNESS
20343 MACK
GROSSE PTE. WOODS
313-886-1968

STONEY CREEK SCHWINN
~~28343 MACK~~ 58235 VAN DYKE
GROSSE PTE. WOODS
~~343-886-1968~~ WASHINGTON
586-781-4451

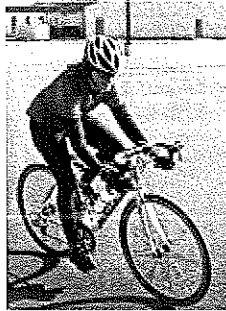
A SPECIAL THANK YOU TO FRASER SCHWINN FOR SPONSORING THE BWR FANNY FLAGS & STAFF SHIRTS

RHYMES WITH ORANGE By Hilary Price



Pete Sez...

Pete Sprecher has been involved with supporting cancer research and "Ride of the Roses" for the past 5 years. He raised almost \$6,000 this year alone. The requirements to ride with Lance Armstrong in "Ride of the Roses" are to raise at least \$5,000 for the Lance Armstrong Foundation. The Foundation puts on this ride and 80% of the money collected is put back into the programs for research and survivorship. There were 210 people that raised \$5,000 or more and 800+ total people for a total of 2.2 million dollars raised. Petes' wife Vicky has gone with him every year. This year Vicky was undergoing treatment for her 2x cancer diagnosis. She was a survivor the first time and is doing well with her treatment currently. When I asked Pete how he felt being at the event without her, he said, "LOST!" Pete feels very strongly about telling everyone to "GET INVOLVED!" Pete is already signed up for next year, so let's support Pete in this worthy cause.



Jane Sez...

"Do you put the foot cream on before or after walking the 60 miles?" Jane is thankful for all the support she has received for the upcoming Avon Breast Cancer 3 Day. She will be walking 60 miles from Ann Arbor to Detroit. This is an event to help women with undetected breast cancer find out early enough to survive. Good Luck Jane - we'll be thinking of you!

MORE RIDES

June 8 & 9, 2002

Human Powered Vehicle Rally
Waterford Sportsmans Club,
Waterford, Michigan (northern
Detroit area) Relaxed racing of
all types of human powered
vehicles. Events include time
trials, top speed over a mea-
sured distance, hill climb/coast
down, practical vehicle compe-
tition. First time participants
welcome. Overnight camping
available. Cost of the event is
approximately \$15/day for par-
ticipants, no cost for specta-
tors. For more information visit
www.LMB.org/mhpva, e-mail
wkiehler@aol.com, send a
stamped, self-addressed enve-
lope to MHPVA, 533 Hawthorne,
Grosse Pointe Woods, MI 48236
or call 313/884-0109

June 15-16 20th National 24 Hour Challenge
Personal Best Endurance Ride Middleville, MI
Bill Windhorst and Sue Pavlat will be participat-
ing in this event in an effort to achieve their per-
sonal best - to ride 400 miles in 24 hours. Let's
all think of Bill, Sue, and the support people -
especially Julie Windhorst and Jerry Pavlat -
and wish them our best!

Sunday, June 9 - EcoRide 2002

10, 30 and 60 mile routes along the Huron River
and into beautiful countryside west of Ann
Arbor and the 2 mile neighborhood loop, there
will be lots of fun and festivities! Riders collect
pledges for their ride and all the money goes to
support Ecology Center quality of life programs
that work for clean air, safe water, land preser-
vation, and healthy communities across the
state of Michigan. Get your friends, family and
co-workers to sponsor your ride, or form a team
representing your organization. Raise \$100 and
get an Ecology Center tote bag!

Website: www.ecocenter.org. You can also call
(734/761-3186 x 111) to request a brochure or
further information.

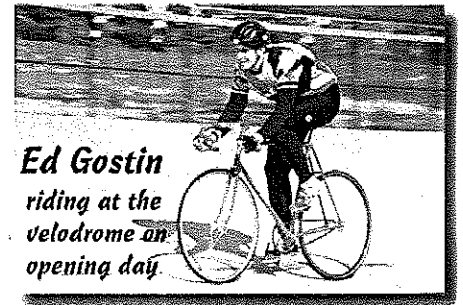
The Prez Sez...

Two exciting events happened in the past month! April 23rd was the official first trail walk and ride on the Macomb Orchard Trail. May 3rd was the ribbon cutting ceremony for the Mike Walden Velodrome. Both of these projects are supported by our club.

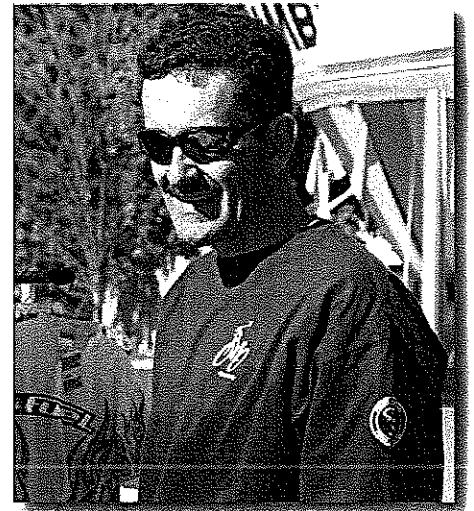
The trail walk and ride was a huge success. Many residents and local government representatives attended the walk and informational meeting afterwards. Many club members showed up and I want to thank them for their support. Metro Parks sent over a big wagon drawn by two horses. Many people took a ride on the trail in the wagon. It was very popular. This event went so well, the Friends Group hopes to organize a similar event in the Richmond area. Stay in touch for more details.

The ribbon cutting ceremony was another well attended event. They had a couple informal races and a couple of our club members were riding. Channel 4 News truck was there and the Fox 2 helicopter. Visitors were offered free ice cream. Many Clinton River Riders were present to see the official opening of the only velodrome in Michigan.

Both of these projects are supported by the Clinton River Riders and they are looking good!!! Thank you all!



Ed Gostin riding at the velodrome on opening day



John Tarantino



We're updating the birthday list. E-mail or snail mail your birthday (year not necessary) to Marilyn Tarantino and we'll celebrate you in our newsletter



Bob Crowley has volunteered to head up the MS 150 this year. Way to go Bob! The dates are July 13 & 14 See Bob to volunteer...



Bill King →
Matthew McGough
Steve & Mary Padgett
Larry & Pat Finnell

Welcome to our club. We are social, as well as being fitness oriented. Have fun.



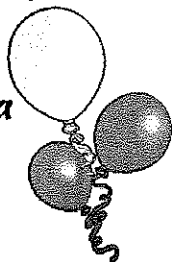
To all the CRR's,
I would like to thank you on behalf of my family for the donation to the 3 day Avon Breast Cancer Walk in Loving Memory of my sister, Linda Vandenebee. Also, I'd like to thank all of those who sent cards and their condolence.
Sincerely, Jan Haelewyn

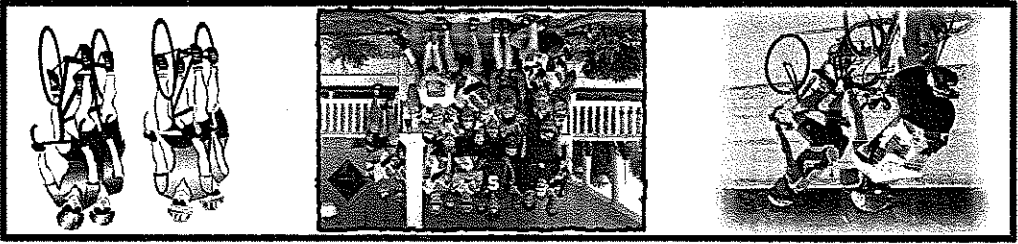
We also had thank you's from:
LMB - "Your support makes a difference in cycling across MI"
GREATER ROCHESTER COMMUNITY - for our donation of \$375 to the velodrome project
KARMANOS CANCER INSTITUTE - for the contribution we gave in place of flowers for the passing of Duane Larkins' mother

Happy Birthday... to our members

June

- 6/02 Matthew McGough
- 6/05 Aletha Bartels
- 6/06 Ed Gostin
- 6/07 Gail Komendera
- 6/10 Ken Rosiek
- 6/12 Steve Mastay
- 6/15 Bea Saleski
- 6/16 Bill Smith
- 6/16 Sandy Overway
- 6/16 Sue Graham
- 6/17 Dave Switney
- 6/19 Denise Schmidt
- 6/21 Laurie Brickner
- 6/21 David Komendera
- 6/24 Art Anderson
- 6/25 Carol Meerhaeghe
- 6/26 Don Schumaker
- 6/28 Julie Windhorst





Deb Angst
8676 Community Blvd.
Warren, MI.
48093



MEMBERSHIP APPLICATION FORM

Clinton River Riders Bicycle Club

Make check payable to:

Clinton River Riders

Mail to: 36558 Moravian

Clinton Township MI 48035

\$12.50 Individual (over 18)

\$15.00 Family

New Member Renewal

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Home Phone: () _____

Email: _____

Yes, please add me to your list of active volunteers who help promote bicycling at the local, state, and federal level. I understand I may be called upon on occasion to write a letter or attend a meeting supporting bicycles as a legitimate mode of transportation.

Family Names _____

Birthdate _____

RELEASE AND WAIVER OF LIABILITY,
ASSUMPTION OF RISK,
AND INDEMNITY AGREEMENT
("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in The Clinton River Riders Bicycle Club ("Club"), sponsored Bicycling Activities ("Activity"), I for myself, my personal representatives,

assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTANDING that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISK"); (b) these risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at the time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a risk of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place (each considered one of the "RELEASEES" herein), FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENCE RESCUE OPERATION.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature _____ Date _____

Signature _____ Date _____

Signature _____ Date _____
(All riding members must sign)