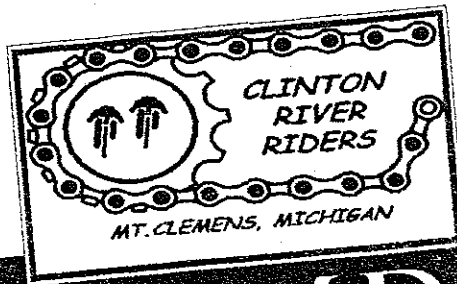


April/May 2000



# RAMBLER

## CRR OFFICERS

**President: John Taran-  
tino (810) 677-0482**  
**Ride Directors: Bev  
Clark and Duane Larkin  
(313) 372-3731**  
**Hotline Updates: Bruce  
Carlson (810) 254-9322**  
**Secretary: Julie Wind-  
horst (810) 939-6073**  
**Treasurer: Sandy Over-  
way (810) 781-8315**  
**Rambler Editor: Loren  
Bach (248) 656-1750**  
**Email [bachmar-  
tus@mindspring.com](mailto:bachmar-<br/>tus@mindspring.com)**  
**LMB Representative: Mi-  
chael Sproul (810) 445-  
2868**

## BIKE FEAST 2000 WRAP UP.

Well, amazingly, we did it. In fact, we actually had fun putting on this year's Bike Feast. I think the reason it went so smooth is because of the support this club puts out for each challenge it takes on. Here's some thoughts on how the event shaped up.

Although we lost the coziness of the hall in Westland and the great price Bill Smith got for it, I think people were pleased with the extra room at the St. Lawrence K of C in Utica. We lost a few West siders due to the location change but gained a few East-siders. We sold 210 tickets and had 178 show up from 16 different clubs. Hopefully, when those that missed this year's event, hear what a great time everyone had, they'll try and make it next year.

New this year, we ran 5 different games for people to play. Ed Gostin took the helm for the Gaming Committee. They were played 359 times. Once people found out their table position in the chow line was determined by how many times they tried playing the games, the games became very popular. The tables were numbered thanks to the crafty Decorations Committee run by Sue Moorman.

We handed out over 50 door prizes donated by bike shops; Prestige Cycles, Big Ralph's Schwinn, Macomb Schwinn, Continental Bike Shop, Ann Arbor Cyclery, and Al Petrie & Son. We also gave out invitational rides from Slow Spokes, ODRAM, LMB, Cycling Saddlemen, Downriver Cycling Club, and of course the Clinton River Riders. Bill and Julie Windhorst ran our Prize Committee.

Our kitchen team was organized by our BWR Food Chair Rick Okerhjelm, who with volunteers from various clubs (my wife included), did a great job keeping warm and passing out all the dishes brought in by everyone. They have some recommendations for next year we will definitely need to follow, such as, having 2 people at the table end passing out the chicken. A few people at the end of the chow line lost out on getting any meat. They also want anyone whose dish needs extra preparations be available when it's time to start serving to do the prep work themselves, and have any desserts already cut when brought in. Can you guess what Jan and I talked about on the way home?

Another hit was the slide show. I considered it a really big highlight of the event. Of course, my being in most of the slides had nothing to do with my evaluation of that fabulous part of the event.

And once again, Patti Brehler of Prestige Cycles dazzled everyone with the latest in high-tech gizmo-wear sure to be a hit on anyone's birthday or Christmas wish list.

Our Registration Committee Chair, Mr. Billy Baker and his energetic crew ably handled keeping track of all those people coming through the door, as well as selling additional tickets.

# NEWS BITS

From the Kitchen of Marilyn Tarantino, here is the recipe for my Bikefeast dish  
**CAULIFLOWER AND HORSE RADISH GRATIN**

Taken from Bon Appetit Magazine

3-1/2 lbs. Cauliflower, trimmed, cut into florets (about 8 cups)

6 tablespoons unsalted butter

3 tablespoons all purpose flour

2 cups half and half

7 tablespoons prepared white horseradish

1 teaspoon white wine vinegar

Ground nutmeg

1 cup packed grated Fontina cheese (about 4 ounces)

1/2 tablespoon Dijon mustard

2 cups fresh French breadcrumbs

Preheat oven to 375 degrees F.

Steam cauliflower until crisp-tender, about 9 minutes. Transfer to 13x9x2-inch glass baking dish. Melt 3 tablespoons butter in heavy large saucepan over medium heat. Add flour and stir 2 minutes (do not brown). Gradually whisk in half and half. Cook until sauce boils and thickens, whisking constantly, about 4 minutes. Mix in 5 tablespoons horseradish and vinegar. Season to taste with nutmeg, salt and pepper. Pour sauce over cauliflower and mix to coat. Sprinkle cheese over. (Can be made 1 day ahead. Cover & chill).

Melt 3 tablespoons butter in heavy medium skillet over medium heat. Mix in mustard and remaining 2 tablespoons horseradish.



Editor Email (NEW)

[martusbach@home.com](mailto:martusbach@home.com)

CRR Website

[www.lmb.org/crr/](http://www.lmb.org/crr/)

LMB Website

[www.lmb.org](http://www.lmb.org)

LOB Website

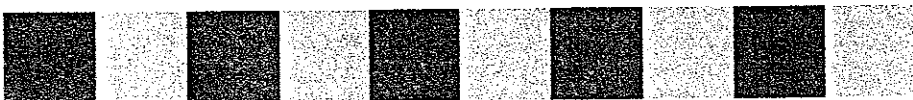
[www.bikeleague.org](http://www.bikeleague.org)

M.U.T.S and Midwest Tandem

Rally

[www.accn.org/kvanden/](http://www.accn.org/kvanden/muts/mtr/)

[muts/mtr/](#)



## Monthly Meetings

1st Monday of the month

Meeting time is 7 PM

Dates

May 1

June 5

July 10

Mt. Clemens Recreation Center, 300 Groesbeck Mt. Clemens, MI (next to ice arena) Call John Tarantino (810) 677-0432 or Bruce Carlson (810) 254-9322 for more info or club applications. Volunteers needed to bring treats. (Club subsidizes cost)

Add breadcrumbs; stir until crumbs are golden brown, about 9 minutes. Sprinkle over cauliflower. Bake until cauliflower is heated through, about 25 minutes.



(continued from pg. 1)

For the emcee we hired that great well-known orator of theatre, film, and web, Bill Duemling. He not only officiated the event, but also created the map on the back of the tickets that showed everyone how to get there. And finally, Doug MacDermaid lent us his creative juices to design and print the game and club awards that were passed out.

So the bottom line is we had a blast of fun and in the process learned a little more about putting on such events.

Thanks to all those who volunteered their time both in the planning and at the event. I'm sure you had as good a time at this as I did.

Gary Haelewyn

# CLUB RIDES



Call the Hotline for updates.  
(810) 819-0222

## Recurring Rides

(More details on each ride can be obtained by calling the ride leaders listed with each ride.)

### Weekend Rides

#### Saturday

##### Armada Ride

Saturdays at 8:00 A.M. ride with Sandy Overway (810) 781-8315 from the Stoney Creek boat launch to Armada for breakfast and back. The distance is about 43 miles. This ride usually breaks into two groups to accommodate both slower and faster riders, but 14 miles per hour will be the slowest pace.

##### Grosse Pointe Ride

Saturdays at 9:00 A.M. ride with Jane Bernard starting at the Schultz Funeral Home, Gratiot at Toepfer (8 1/2 Mile Rd). The ride is approximately 30 miles, at 14 to 16 miles per hour, with a stop for breakfast or lunch after the ride. This ride will continue through May 6th.

#### Sunday

##### Wimp Ride

Sundays at 8:30 A.M. join the Duemlings and

Bakers for a Wimp Ride! This is a 20-30 mile ramble at an easy 13-15 mile per hour pace or slower if it's windy, with a stop midway for breakfast. The starting location varies each week. Call (810) 307-8801 or 739-0261 for details.

## Weekend Rides

Remember that head and tail lights are required for all evening rides.

### Mondays

#### Eastside Ramble

Mondays at 6:00 P.M., join Diane and Bill Baker (810) 739-0261 for a 20 to 25 mile ride. This begins at Rockwell Elementary School, on Masonic between Hoover and Schoenherr. The pace will be 13-15 miles per hour, or the pace of the slowest rider. Note: this ride will not be held on April 24.

### Tuesdays

#### Hilly Hammer

Tuesdays at 6:00 P.M., Ride from the MSU Management Center, at Crooks and Square Lake Roads. This is a FAST, HILLY ride of about 30 miles.

### Wednesdays

#### Blue Light Special

Wednesdays at 5:30 P.M., ride from the Kmart Center at Coolidge and Big Beaver Roads. This is a fairly hilly ride of about 25 miles, at 15-17 miles per hour.

### Thursdays

#### Prestige Ride

Thursdays at 6 P.M., ride with Bill Duemling (810) 307-8801 (new phone #) and Bill Baker (810) 739-0261 leaving from Prestige Cycles, on Moravian just east of Garfield. This is a 20 to 30 mile ride at a 14-16 mile per hour pace. The route will vary each week.

#### Hilly Hammer Encore

Also Thursdays at 6:00 P.M., ride from the MSU Management Center at Crooks and Square Lake Roads. As with the Tuesday night ride from this location, this is a FAST, HILLY ride of about 30 miles.

### Fridays

#### Grosse Pointe Ride

Fridays at 6:00 P.M., beginning April 14. Ride through Grosse Pointe from the parking lot at Marter and Jefferson. The ride is 30 to 35 miles, and is paced at 14-15 miles per hour.

## Ride Events (Also check the Hotline (810) 819-0222)

### Good Friday Ride

On Good Friday, April 21, join Bill and Julie Windhorst at 9:00 A.M. to ride from the Stoney Creek boat launch to Armada for breakfast. This will be a 46 mile round trip ride. For details call the Windhorsts at (810) 939-6073.

### Breakfast Ride

On Sunday April 30 at 8:30 A.M., join Ted Gonder for a 40 mile ride to Dryden for the VFW Pancake Breakfast. The ride begins at Romeo High School, on 32 Mile Rd. one mile west of Van Dyke.

## Non-Ride Events

### Clean up at Stoney Creek

A clean up day is scheduled at Stoney Creek Metropark on Saturday April 22, 8 A.M. until noon. While this is not a Clinton River Riders sponsored event, we as a club, use the park frequently for ride starts and other activities. We should consider pitching in to help as this new season begins. Refreshments will be served at this event, for this reason advance registration is necessary. Call Diane Baker, who is coordinating our participation in this event. (810) 739-0261

### Paint Creek Millenium Event

On June 3rd at Kem and Clarkston Roads there will be a celebration of the Paint Creek Trail, a rail trail in Oakland County. The Clinton River Riders will have a booth at this event, and we need volunteers! From 9:00 A.M. to 10:30 A.M. is a bike rodeo for children and 3-4 people are needed for this activity. Also, 3-4 others are needed for the day or portions of the day to help staff our informational booth from 9:00 A.M. to 2 P.M. We will give out membership and safety info. and Blue Water Ramble applications. Come to help get the word out about our wonderful club and show support for our priceless resources in the rail trails. Our club has contributed \$100 to this event, but we need you too. Call Sandy Overway at (810) 781-8315 or Diane Baker at (810) 739-0261 to schedule yourself and friends.

# The Clinton River Riders

## Ride Decorum Rules of the Road

### I. General

- A. Riders must obey all traffic laws just as a motor vehicle.
- B. The use of a "hard shell" helmet is mandatory.
- C. No headphones are allowed.

### II. Riding in an organized group:

#### A. Ride Leader's Responsibilities:

- 1. Explain the rules of the ride, pace, and distance.
- 2. Collect signatures from all riders on the release form.
- 3. Maintain the advertised pace.
- 4. Appoint a co-leader or get volunteers to help.
- 5. Stop the ride for any breakdown.
- 6. Ask disruptive riders to leave the ride.

#### B. Rider's Responsibilities:

- 1. Obey and cooperate with the ride leader.
- 2. Notify the ride leader if leaving the ride.
- 3. Notify the ride leader if having difficulty (this can be done by relaying a message).
- 4. Obey the rules and courtesies of group riding.
- 5. Ride in a safe and responsible manner.
- 6. Leave rest stops with the group.
- 7. Know his/hers riding capabilities.

#### C. Group Responsibilities:

- 1. Ride as far to the right as possible.
- 2. Use no more than one half the lane.
- 3. A maximum of two abreast is allowed on clear roads.
- 4. Make changes in speed and direction in a predictable manner.

#### D. Warnings:

- 1. Use warnings only when following riders need to take evasive action.
- 2. Never use "clear" at an intersection and never assume that an intersection is clear.
- 3. Over used warnings are generally ignored and, therefore, of little use.

#### E. Dealing with Motor Vehicle Traffic:

- 1. When "car back" is heard, merge to the right.
- 2. Do not signal a motor vehicle to pass.
- 3. Watch for opening doors when passing parked vehicles.
- 4. Do not make obscene or unfriendly gestures towards motorists.

## Editor's Most Heartfelt Apology

I apologize most profusely for my error last month in giving the date of the April meeting wrong. But, I do not know that you all read the newsletter, cover-to-cover, so that is wonderful. I won't explain how I came to make the mistake, because that would needlessly embarrass the voice on the Hotline who faithfully records the ride info and keeps it up to date. And indeed, he corrected his error; however, as they say, the newsletter was already "put to bed". But, all is well that ends well (Shakespeare) and you can now find the correct dates for the meetings in the area entitled Monthly Meetings, as you, dear reader, will see.

### Dull Trivia

Taken from the website [www.dullmen.com](http://www.dullmen.com)  
(Or, things to talk about while biking!)

No NFL team which plays its home games in a domed stadium has ever won a Super Bowl.

The first toilet ever seen on television was on "Leave It To Beaver."

In Cleveland, Ohio, it's illegal to catch mice without a hunting license.

There are an average of 178 sesame seeds on a McDonald's Big Mac bun.

The world's termites outweigh the world's humans 10 to 1.

On average, 100 people choke to death on ball-point pens every year.

### Dull Jokes

• If a canyon ate too much, do you think it would gorge itself?

• What would happen if pigs could fly?

⇒ Bacon would go up.

• Do you know why cannibals don't eat clowns?

⇒ Because they taste funny.

• Mahatma Gandhi walked barefoot most of the time, which produced an impressive set of calluses on his feet. He also ate very little, which made him very frail. And with his odd diet, he suffered from bad breath.

• This made him what?

⇒ A super callused fragile mystic plagued with halitosis.

• An electric guitar makes sounds when electricity runs through it.

⇒ So would anyone.

OK, OK, so I won't bore you anymore. Thanks to everyone who submitted items for the newsletter. Keep it up, or unfortunately I have the Dullmen website bookmarked...

## All The News That is News

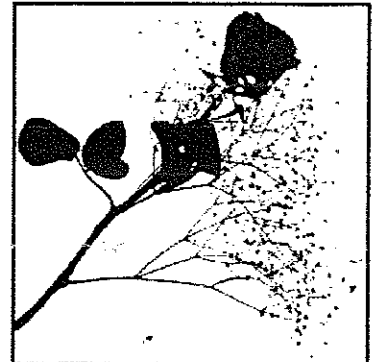
For our special viewing pleasure, Sue will show her slide show of CRR highlights at the June Meeting for those members who might have missed it at the Awards Banquet. We think that

is a great idea! Sue puts a lot of time & effort into all her slide shows. Thank you.

**We have a new BWR Chairperson - Diane Baker is our chair and Nancy Duemling will be co-chair. Thank you Diane and Nancy!**

**CRR has made a donation to the "Trail Celebration" for the Paint Creek Trail. The celebration will be held on 6/3/00. (See ride schedule).**

**The annual clean up for the Polly Ann Trail is scheduled for May 13, 2000.**



Diane Sontag's mother recently passed away. On behalf of the CRR we would like to extend our deepest sympathy to Diane Sontag and her family on the passing of her mother - Ann Filipowicz.

## Club Discounts

Identification cards are available for any club member at club meetings. A 10% discount has been given at the following stores. To avoid disappointment, please check with the store to verify participation.

### Prestige Cycles

36558 Moravian Clinton Twp.  
(810) 792-4040

### Pointe Cycle and Fitness

20343 Mack  
Grosse Pte. Woods  
(810) 886-1968

### Mountains of Bikes

42201 Garfield  
Clinton Township  
(810) 412-0500

### Antoon's

42918 Shoenherr  
Sterling Hts.  
(810) 247-9240

### Big Ralph's Schwinn

23521 Nine Mile  
St. Clair Shores  
(810) 772-3258

### Macomb Schwinn

28441 Schoenherr  
Warren (810) 756-5400  
Stony Creek Schwinn

### 58236 Van Dyke

Washington (810) 781-4451  
Main Street Bicycles

112 B South Main St.  
Romeo (810) 336-1177  
Anchor Bay Bicycles

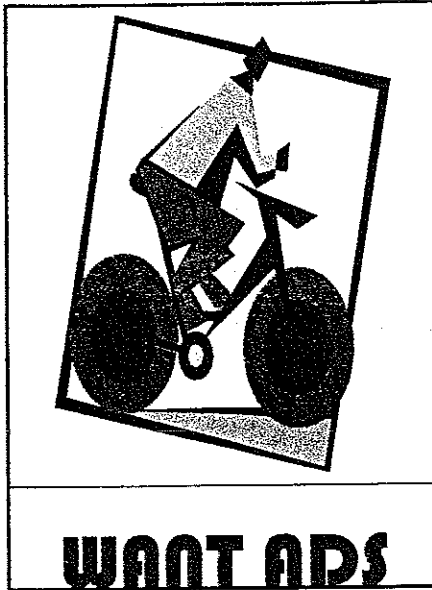
### 35214 23 Mile Rd.

### New Baltimore

(810) 725-2878  
Continental Bike Shop

24436 John R  
Hazel Park (248) 545-1225

New Address 1/2 mile north on the corner of Mapledale and John R.



**Santana Tandem for sale:** 1994 Santana Visa, Med. Frame, seafoam green w/ white trim. Shimano XT components, Syntec mustache front bar w/ bar end shifting, Sun Chinook rims w/ Wheelsmith spokes & Continental tires, Rear V brake, Dual Avocet computers, four bottle cages, Blackburn rear rack, Leather gel front seat, Tailbones gel rear seat, Zefal HPX pump, Stoker handlebar mirror. Asking \$1800. Call Doug McDermaid (248) 593-9113.  
**Trek 400 Road Bike**, red 19" steel frame, very good condition. \$150.00  
Call Jay at (248) 360-4792

**Trek 850 Mountain Bike**, gray 18 steel frame, very good condition, \$150.00  
Call Doug or Laurie at (810) 939-4670

**Vision VR42 Recumbent** (1997 Model). Above seat steering. Very low miles, like new. \$1600.00

**Night Rider Classic 12/20/32 watt dual beam system.** New in box. \$155.00

**Terry Men's Liberator Saddle.** Just two rides. \$25.00

**Wanted!!! Cinelli Volare SLX Saddle.** (Came on bikes in the mid '80's with Nuovo Record and Superbe Pro Class components.)

For above call Bruce Carlson (810) 254-9322 or email bicarlson@juno.com

## New Members

April 2000

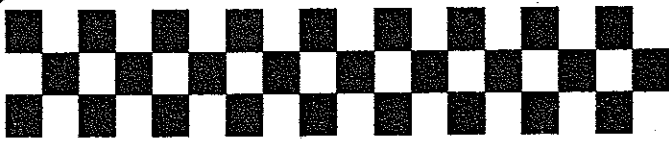
Philip Pimental



## BIRTHDAYS For APRIL AND MAY

4/2	Rick Jones	5/04	Jim McKinnie
4/7	Will Lajack	5/15	Barabara Selbach
4/11	Dorothy Smith	5/16	Sandy Studebaker
4/22	Sandy Mastay	5/16	Mark Whitmore
		5/19	Rosemary Johnson
		5/21	JoAnne Miller
		5/25	Lee Rumohr





## The Pres 'sez...

Since it is the beginning of riding season, here are a few reminders:

- Rider must obey all traffic laws
- Helmets & no headphones mandatory
- Ride single file in congested areas, never more than two abreast
- Ride as far to the right as possible
- Keep other riders informed of hazards such as holes, glass, cars etc.

### RIDE LEADERS:

- Explain rules of ride, pace, and distance
- Keep group together
- Maintain advertised pace
- Stop ride for breakdown
- Make sure riders follow rules above

These simple reminders should help us have a safe & enjoyable year!

Thank you, **John Tarantino**, President



This photo was taken at the Midwest Tandem Rally in Midland MI last Labor Day weekend...captain Duane and stoker Bev had a complete blast for the whole 3 days on their 1998 Rans Screamer, and with no breakdowns or flats.

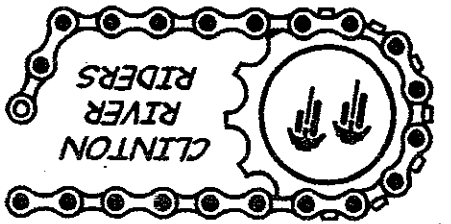
## Surprise!

Duane Larkin wrote:

I went to the Rans web site today and found a nice surprise...a picture of stoker-wife Bev and I, on our beloved Screamer "Eeek!", is the featured photo for January 2000. As the 'young people' would say, "Kewell!"

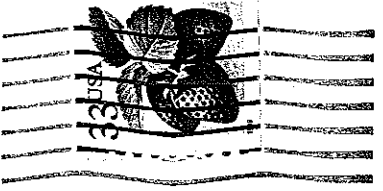
See it at

<http://www.rans.com/Bikes/Gallery/Larkin.htm>



36558 Moravian  
Clinton Twp MI 48035

Gary Haelewyn  
Jan Haelewyn  
41706 Merrimac  
Clinton Twp MI 48038



**APPLICATION FORM**  
CLINTON RIVER RIDERS BICYCLE CLUB

\_\_\_\_\_  
\$12.50 Individual (over 18)  
\_\_\_\_\_  
\$15.00 Family

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_  
email address \_\_\_\_\_

Family Names \_\_\_\_\_  
Name \_\_\_\_\_ Birthdate \_\_\_\_\_

**New Member**  
 **Renewal**

*Please make check payable to:*

Clinton River Riders  
36558 Moravian  
Clinton Twp, MI 48035

LEAGUE OF AMERICAN WHEELMAN ("LAW")  
RELEASE AND WAIVER OF LIABILITY,  
ASSUMPTION OF RISK,  
AND INDEMNITY AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in The Clinton River Riders Bicycle Club ("Club") sponsored Bicycling Activities ("Activity"), I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING AC-

TIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISK"). (b) These risks and dangers may be caused by my own actions, or inactions, or the actions or inactions of others participating in the Activity, the condition in which the Activity takes place or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES other not known to me or not readily foreseeable at the time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.

3. HEARBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAW, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATION.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_  
*(All riding members must sign)*