



March 1992

Rambler

Thanks to Paul Dusky.
Our newsletter finally
has a title!

The Rambler

"Next order of business; any suggestions for a title for our newsletter," asked Warren. As usual, active discussions and a lot of laughs have made another piece of Clinton River Riders history. Yes, we now have a title for this wonderfully informative publication, oddly known as "The Newsletter". With the winning submission coming from Paul Dusky, it is now the "Clinton River Rider Rambler".

Following a close chuckler second was Sue Hrit's "Link Letter" and probably the most uncomfortable title, "The Seat Post" came from Wolverine cross club member Kathy Pfent. A few of the other names voiced were: Chain Reaction, Chain of Events, Clinton River Reader, Outspoken Reporter, Spokesman, Clinton River Riders Chain Reaction Reader, Tail-winds, Missing Link (hmm?, Bill Cleland), CRR Cycling News, Pedal Press (another finalist), Frame of Reference, Chain Letter, Chain Mail and Crash Report.

Thank you to everyone for your ideas. Paul Dusky won dinner for two.

...you may also notice a few other changes in this issue. Your editors hope you like them. □

Environmental News

At the January club meeting a motion was passed to adopt a stretch of highway for clean up. Unfortunately the stretch of highway which we were to adopt has been given away to another organization. This works out well this year with two of the three scheduled clean-up weekends conflicting with our two largest club events, RAT and BWR. We would like to thank Bill Duemling for all the hard work attempting to put this project together.

Clinton River Clean-up

For those of us still environmentally concerned, Wes Nichols is coordinating the Clinton River Clean-up. The first clean-up to be held May 2-3. Here's a chance to make the world better not only for us but our children as well. Your help is needed. Call Wes at 979-1254. □

NEXT MEETING:

Monday April 6, 1992 at the Mount Clemens Recreation Center 300 Groesbeck at Lafayette.

| | |
|---------------------------------------|-----------------|
| President: Bill Duemling | 752-6310 |
| Ride Director: Doug MacDermaid | 774-0295 |
| Secretary: Dennis Audet | 777-0837 |
| Treasurer: Bob Goebel | 286-0384 |
| Editor: Vicki Malloch | 979-4076 |
| Assistant Editor: Mike Kiefer | 884-1052 |
| HOTLINE: | 792-4670 |

Ride Schedule

Call the hotline (313) 792-4670 for updates.

Recurring rides for March

Monday-Wednesday-Fridays for the month of March, Meet Gary Haelewyn at Pavlat's, 5:30 pm for an incremental ride to ease you into the season. Ride begins at an easy spin pace with a few sprints gradually increasing in difficulty as weeks pass. Please bring lights.

Sundays, 8:00am Sharp! Meet John Payne at Derby Jr. High (corner of Adams and Derby Rd. in Birmingham). Different ride each week to a restaurant. Pace 12-16, approx. 16mi.

Saturdays, 2:00pm. Meet Blake Bennett at Duck Pond in Rochester for a ride to lake Orion. Pace 13-15 out & 15-17 returning, 19mi.

Scheduled rides for March



Sunday March 15. Annual St. Patrick's Day Ride. Meet Patrick & Susan O'Moorman at Broadway Cafe in Downtown Mt. Clemens (39 N. Gratiot. Park in the parking lot by the Secretary of State office and New Street). Breakfast at 8:00am — First 15 mile loop at 9:00am — Second loop at 10:30am. Pace 14-16.

Sunday, March 22, 8:30am. Meet Rick & Sue Moorman and Duane & Elizabeth Nieman at Stoney Creek (Boat Launch) for a ride to Lake Orion for breakfast. Pace 14-16, 40mi. round trip.

Sunday, March 29, 8:00am. Meet John Edry at Romeo High School for a 35mi. ride to Dryden VFW for a pancake breakfast. The pace will be a moderate 14-16mph. This ride is scheduled to give you time to make it to the Bike Expo.

Recurring rides beginning first 2 weeks of April

Thursdays, April 2, Call Rich 949-0183. Meet Rich & Pam Dyer at Water Tower in New Baltimore. Pace 18-20, 35mi.

Friday, April 3, Call hotline for time. Meet Kirk & Katie Carolan at Jefferson & Marter (8 1/2 Mile) for a ride to Grosse Pointe and back. Pace 16-18, 20mi.

Sunday, April 5, 8:00am. Meet Dennis Audet at Dodge Park for a ride to Broadway Cafe in Mt. Clemens for breakfast. Pace 14-18, 20-25mi. round trip.

Sunday, April 5, Call hotline for time. Meet Bill Duemling at Romeo High School for a ride to Armada for breakfast. This is a get acquainted ride for both new and old members. Easy pace, approx. 30mi.

Tuesday, April 7, Call hotline. Meet Gary Haelewyn at Pavlat's for a Sprinkle Sprint ride. Pace 16-18, 25mi.

Saturday April 11, 8:00am. Meet Doug MacDermaid at Stoney Creek (Boat Launch) for a 45mi. ride stopping halfway in Armada for breakfast. Pace 16-18.

April To Be Announced, Call hotline for details. Jackie Kray will be leading an evening ride from Royal Oak.

Scheduled rides for April

Friday - Sunday, April 17, 18 & 19. Easter Bunny Tour at Doug invited to camp at Doug's back woods hostel. Caution, no running Motel accommodations can be had for \$28.00 with up to 4 per room. Sat. and a canoe trip on Sunday. Call Doug 774-0295.



MacDermaid's cabin You are water unless someone pumps. There is a 40mi. ride planned for

Birthdays

Pam Beaujean 3/1,
David Bowman 3/22,
Toni Cleland 3/18,
Karen Cooper 3/22, Bill Dueming 3/30,
William Guilbert 3/25, Jan Haelewyn
3/24, Jackie Kray 3/21, Cecelia
Maliszewski 3/22, Phyllis Mottershead
3/18, Claudia Newmann 3.31, Gene
Petrovich 3/2, Patrick Pollard 3/7, Ann
Pytel 3,20 Ken Rhoads 3/6 Thomas
Weber 3/20, Stephanie Wright 3/4,
Craig Wright 3/28



\$\$\$ Big Bucks \$\$\$

Congratulations club members: thanks to your efforts, we have just been awarded almost \$92,000,000.00. (Yes, count the zeros, that's 92 million smackers) which will be distributed over the next six years. Now all we have to do is decide how were going to spend it. This is not a joke. Please bring your ideas to the April meeting.

Club Jerseys

By popular demand, reorders for club jerseys are being taken by Bob Goebel. The total cost of the jersey is approximately \$48.50. The club will be subsidizing \$16.00 of that. A minimum of 20 jersey must be ordered and a \$20.00 deposit is required. Along with your deposit include a size. Mens and womens are available from small to XXL. Make checks payable to the Clinton River Riders and send to Clinton River Riders, Club Jersey 36558 Moravian, Mt. Clemens, Mi. 48043. Any questions contact Bob Goebel 286-0384

Jackets

The club jackets will be ordered by Mike Malloch. He would like to get at least 6 orders before putting the order in. If anyone is interested please contact Mike at 979-4076.

Bike Expo

Sunday March 29, 1992 at Macomb Community College South Campus (12 Mile and Hayes). 12-4pm. P.E. Center. The Expo features criterium races and bicycle dealers and manufactures showing the latest equipment. The Clinton River Riders will have a booth at the show to promote the club and cycling. Contact Mike Gemus (313) 752-8226 if you can help with ideas and working the booth. \$3.00 at the door. Pavlat's have coupons \$1.00 off. Free tickets for volunteers.

Tandem Rides

Sue Pavlat is working with Tim O'Brien who works with special education kids age 16-24 in the Utica/Shelby school district to give these kids the opportunity to experience a bicycle ride. There will be a picnic and 2 mile rides. Helmets and pedal fixes provided. Tentatively scheduled for May 23, 12 - 1:30pm. More info to come.

Bikers Clinic

Saturday, March 28 9:00 to 12:00
Rehab. East 30713 Schoen-herr,
Warren, Mich. 48093. Bring your
bike to learn stretching and condi-
tioning exercises to prevent injury.
Bike maintenance skills are taught.
Fee \$10.00 More info. 751-5670.

BWR

Andy Neumann has volunteered to once again chair Blue Water Ramble. He asks club members to put sugges- tions for improvements in writing and wants to get some new people in- volved in the various committees. Newer members need to learn the ropes by working with experienced committee heads so that the Blue Water Ramble can enter it's second decade maintaining all its past excellence. Denise Cryderman and Rick Moorman have done an excellent job for several years on the food stops and registration committees.

Andy also wants your input for the BWR wish list. Suggestions? Bring your ideas to the April meeting.

Christmas Party

I know it's a long time away, but at the meeting we asked for a volunteer to be Chair-Person. We FOUND that person after the meeting. It will be Laurie Brickner, Penny Morauski, Rose Goebel and Vicki Malloch. We Could still use a couple more volunteers. Think about it.

LMB Bicycling Calendars

Were still waiting. Dennis Audet has made a list of the most popular rides and sign up sheets are posted at the meetings. A few members have found LMB '92 calendars and may be willing to make copies. Ask at the meetings.

DALMAC

Labor Day weekend, get those applications in soon. It may already be to late!

RAT Tour

The Ride Around Touch lake tour in Traverse City is the week- end of July 19th, same time as General Motors 2 week shut down. If you want hotel reservation make them NOW. The Berthelsens have reserved dorm rooms at North- western University in Traverse city for July 18 &19. Rooms are \$20/single/night, \$30/double/night, \$45/suite (2 rooms 4 beds and bath)/night. Call Kari Kahler soon for reservations (616) 922-1405.

GOOMBA GOOMBA GOOMBA, HA HA HA HA HA

by Gary Haelewyn

Bill Cleland called us Trolls, and he may be right. After all what sort of person would leave their better half Valentines day evening holding 10 carnations, (it was a dozen but two died on the way home), and head for a ski trip up North with seven other Ski Slugs. Bob Skis-by-Himself Latsko, Fast Eddy Rogers the pool shark, and I met at Bobbing Ed Gostin's for the ride up North. A quick stop to pick up two ski bunnies, Working Woman Laurie Brickner and her giggling I'm-not-a-blonde sidekick Denise Weipert and we were on our way to meet GQ's Dennis Audet and his trusty companion Donna Stickyfeetski.

On the way up they asked me what sort of place we were staying at. I think they had visions of Water Tower Inn type accommodations. I had to answer this one tactfully, so I replied. "Close your eyes and picture the bunk house from a black and white 1950's grade-B cowboy movie". It wasn't far off. Three bunk beds and a closet size bathroom in a pine panelled 15x15 room with 2 inch mattresses probably left over from those 1950 movies. Dennis and Donna were already in la-la-land when we arrived but a quiet knock on their door from the local police quickly woke them. They stayed pretty much awake the rest of the night because right next to their room was the game room occupied by a group of young adult downriver partiers with a keg of cheap beer and a boom box of loud music.

Breakfast was in the great room

where we met the other guests of the lodge. A group from Toledo, a large religious group headed by the reverend Jim Fish who have been coming up here at this time for the last 8 years, and a few familiar faces including Paul I-better-not-call-him-anything Dusky and a group of AYH'ers.

Following our pancake and spicy sausage breakfast we headed for Boyne Mountain for Saturdays X/C skiing. It was cloudy, warm and snowing which caused the snow to stick to the kick areas of our skis. It was easier going up the hills and harder going down. We left Donna and Dennis as they headed back to the ski center for better wax and Bob Latsko who skis so fast he stays ahead of the trail grooming machine. Seeing how Laurie and Ed Rogers were novices we decided to use the easier black diamond trails. They're no longer novices. After a few hours of skiing we stopped at the warming hut where we met the keeper of the fire. Hilda was an 80yr old ski bunny who has been coming up here for the last 40 years. She insisted on keeping an outside fire going and told us to come back around 2:00 for some hot wine made from grapes crushed by her own feet. We didn't make it, instead we took Laurie who had never been on a chair-lift up the Hemlock lift. "I don't think I should do this" she exclaimed, "Oh, you'll be alright" we responded. Fortunately there was an easy downhill on the backside of the mountain where the falls wouldn't hurt as much. Back at the X/C Center Denise found Bob, not Latsko, but PSIA Bob. It was obvious more

than skiing was going on here. We then headed back to the "Lodge" for some outdoor swimming before dinner. It was here that the rest of the troops discovered swimming was not my forte, as I clung to the side of the pool. One by one they tried to show me how easy it was to float. Finally I found a way to shut them up. I dropped the room keys to the bottom of the 10' deep pool. Laurie couldn't open her eyes under water, and Ed the-Cork Gostin couldn't get more than 3 feet down without bobbing right back up. I let go of the wall, dropped to the bottom, picked up the key and shot back up to the top grabbing onto the pool edge.

Following our vegetable lasagna and hotdog dinner Bob, the 2 Eds and I sauntered back to our room for a little nap. The girls stayed out in the great room to watch the Olympics. I woke up around 8:15PM alone. Went out and found the gang sitting on the couches eyes glued to the TV. Was this how we were to spend Saturday night? A little persuasion and reminder of a promise we made the previous night and we were all in the van headed for Sportsmen's lounge in Boyne City. You can always tell a good bar by the parking lot. This one was packed. We went in the back door and made our way to the front where the big screen Michigan Michigan St. game covered the band area. We found a place to stand, ordered up and waited for end of the game and start of the music. At 10:00 the screen came up and Jelly Roll Blues Band began to play. The place was jumping. They played old favorites, including a

Bylaws of the Fraternal Order of Clinton River Riders

ARTICLE I

Name and Address

The name of this organization shall be the Fraternal Order of Clinton River Riders. The address shall be 36558 Moravian Drive, Mount Clemens, Michigan 48043. The mailing address shall be P.O. Box 1435 Sterling Heights, Michigan 48311-1435

ARTICLE II

Colors

The official colors shall be gray and red.

ARTICLE III

Fiscal Year

The fiscal year of this organization shall be from September 1st to August 31st of the following year.

ARTICLE IV

Members

Section 1: Qualifications of Membership

Anyone to or over the age of 18 years shall be entitled to an individual membership in this organization upon receipt of the annual dues.

Section 2:

Any family of two or more members shall be entitled to a family membership in this organization. Those who are under the age of 18 years within the family must be accompanied by an adult member of that family at all activities, unless a signed, written release is received.

Section 3: Rights of Membership

All current dues paying members at or over the age of 18 years are entitled to full voting rights. Members must be present to vote.

Section 4: Membership Dues

The amount of the annual membership dues shall be determined by the elected officers and shall be due before the expiration of the calendar year. Should any dues remain unpaid for a period of 60 days or more beyond the start of the new calendar year, membership expires.

Section 5: Duties of Members

Duties of members can be determined by the Executive Board or their representatives, pending, general acceptance by the membership.

ARTICLE V

Meetings

Section 1: Regular Meetings

Regular meetings shall be held once a month at a place designated by the executive board.

Section 2: Special Meetings

Special meetings, when needed, may be called by the president, or by a petition representing no less than 1/3 rd of the membership

Section 3: Conduct of Meetings

Meetings shall be conducted according to Roberts Rules Of Order.

Section 4: Voting at Meetings

A vote of the membership at meetings shall be required for: All expenditures outside of routine operating expenses; All amendments and additions to the Bylaws; Election of the Executive Board.

ARTICLE V1

Election and Duties of the Executive Board

Section 1: Executive Board

The executive board of this organization shall be elected by the general membership and will be responsible for the proper governing of the organization. These elected officials are to be the President, Ride Director, Secretary, Treasurer and Newsletter Editor. No one may be elected to more than one official position.

Section 2: Nomination of Executive Board

At the first meeting of the new calendar year, an election committee of two members shall be approved by the membership to oversee the election proceedings. These members will be ineligible for any seat on the Executive Board.

Section 3: Eligibility for Election

To be eligible for election, the following criteria must be met: Current dues paying member; Minimum one years membership; 18 years of age or older.

Section 4: Election of Executive Board

At the meeting following the nominations, the election of the executive board will take place. The term of office will begin at the next meeting after elections are run until the next election. Should any member of the Executive Board be unable to fulfill his or her duties, a special meeting of the Executive Board will be called to address the issue.

Section 5: Duties of the Executive Board

The President has the responsibility to preside over all meetings and to regulate all club activities unless such responsibility is delegated to another member. He is to appoint all committee chairmen necessary to fulfill the goals of the organization.

The Ride Director has the responsibility of assisting the president in the execution of his duties and assume those duties, if the president is unable to perform them. He also has the responsibility of administering the activities schedule.

The Secretary is responsible for maintaining the minutes of every meeting and an up to date schedule of all activities, dates, times and such information pertinent to the matters of this organization

The Treasurer has the responsibility for maintaining an accurate roll of the members and to collect dues that result from such membership. He is also responsible for paying the monthly costs that this organization shall incur as a part of it's normal operation and to maintain a ledger of such, as well as all necessary tax reporting.

piece I used to title this article. It never loosened up and we closed the place with the same packed parking lot. We talked of a possible trip in the future just so we could come back to this bar.

Sunday morning we got up a little fuzzy ate breakfast, and started loading the van. In the great room, reverend Jim Fish was conducting his Sunday service. Unknown to the reverend, above him was the television showing a vivacious blonde on one of those MTV segments. His audience was captivated. He probably thought it was the best sermon he ever gave.

We decided to spend Sunday skiing at Forbush Corners. Paul Dusky and his AYH's were going there too. The sky was cloudless blue, the temperature was warming, and the trails, 2nd only to the Sault. We put on our skis and ventured out. Seeing how Laurie and Ed Rogers handled the black diamonds at Boyne without any real problems we opted for the "Rollercoaster" hills. They were screamers. Some of the drops you had to inch your way to the edge to see if the person ahead of you made it down. They left our stomachs at the top as we swooshed down at neck breaking speeds. When we finished, we sat on the outside deck of the lodge soaking up sun rays, eating cheese, sausage, crackers, and drinking wine compliments of Paul and his AYH's. As we got ready to leave we noticed four people trying to unlock their car with a coat hanger. All Bronze and no brains I jokingly said to Bob as we walked past them. There was no mistaking the red and white jerseys. They probably did it on purpose looking for an excuse to ski back to Detroit. We completed the trip with a dinner stop in Frankenmouth taking a new short cut that circles the town. This trip will probably be repeated next year especially since we won't be competing with the Olympics on Saturday night. □

Velodrome On-going

The Dorias Velodrome (Mound and Outer Drive) Lets bring back the excitement. Who knows what other world champions it could unleash. Please, if you have a donation, fund raising idea, or can help, let me know. Kathy Pfent (313) 288-1331.

Walleyball

Has been cancelled, due to nice weather. Time to get back on those bikes.

Good Luck Jerry & Sue

Pavlat's are hoping to open there second store later in March



They would like to say thanks to Mike Bowden who laid their carpeting, David Heck for his the computer knowledge and everyone else who have helped them out.

Super Sale

Pavlat's are requesting help for their Super Sale on March 27-29th. Call Sue Pavlat 792-4040 to schedule a time if you would like to help. You won't get rich, but you will have a lot of fun seeing what it's like on the 'OTHER SIDE' of the counter.

Newsletter Deadline

The deadline for the next newsletter is Sunday April 12. Please bring items for the next newsletter to the meeting or contact the editors.

To schedule rides for the ride calendar, please call the ride director.

FOR SALE:

Trek 2300 composite frame bicycle, 60 cm seat tube. Complete Shimano 600 componet group. Shimano. Looke Dura Ace pedals. All accessories included: Cat Eye micro computer, 2 bottle cages, Silca Frame pump with Campy head, Rhoad Gear seat Bab. Victoria folding clincher tires. Less than 1000 miles ridden, never crashed or mistreated, like new \$700. O.B.O.

Call Andy Neumann 756-3369.

Rossignol " Silver 44 "" diagonal cross county skis, carbon fiber 210mm, Soloman bindings, waxed. \$100. Racer Mate Pro wind-trainer with stand. Fan above wheel \$50.00.

Call Dave Gaskell (313) 527-2075.

Raleigh Competition. Call Jeff 885-1759.

Schwinn Paramount, 50th anniversary edition with Campagnolo 50th anniversary

group. Like new \$3000.00.

Call Bob Crowley (313) 549-2912

Nashbar wind trainer, 1 year old \$40.00.

Call Larry Leksutin (313) 573-3032

Custom Tandem: Gran Lund 18 spd. 23 1/2 x 22 F&R Racks, 4 bottle; Black \$1,400.00.

Call Mark 750-6079.

Biemmezeta (Royal Blue) 57 cm Chrome Fork and rear Triangle. Full Campy S.R. \$850.00. Call Mark 750-6079

Woodrup Touring Frame w/Campy Headset. 61cm (24inches) New Condition—rode 5 miles "too small" Asking \$250.00 (\$500.00 value) will assemble for a fee. If interested please.

Call Dave Beauchemin 293-3594

The Clinton River Riders



RIDE DECORUM Rules of the Road

RIDING RECOMMENDATIONS

I. General

- A. Riders must obey all traffic laws just as a motor vehicle
- B. The use of a "hard shell" helmet is recommended strongly
- C. No headphones are allowed

II. Riding in an organized group:

A. Ride leader responsibilities:

- 1. Explain the rules of the ride, pace, and distance
- 2. Collect signatures from all riders on the release form
- 3. Maintain the advertised pace
- 4. Appoint a co-leader or get volunteers to help
- 5. Stop the ride for any breakdown
- 6. Ask disruptive riders to leave the ride

B. Rider's Responsibilities:

- 1. Obey and cooperate with the ride leader
- 2. Notify the ride leader if leaving the ride
- 3. Notify the ride leader if having difficulty (this can be done by relaying a message)
- 4. Obey the rules and courtesies of group riding
- 5. Ride in a safe and responsible manner
- 6. Leave rest stops with the group
- 7. Know his/her riding capabilities

C. Group Responsibilities:

- 1. Ride as far to the right as possible
- 2. Use no more than one half the lane
- 3. A maximum of two abreast is allowed on clear roads
- 4. Make changes in speed and direction in a predictable manner

D. Warnings:

- 1. Use warnings only when following riders need to take evasive action
- 2. Never use "Clear" at an intersection and never assume that an intersection is clear.
- 3. Over used warnings are generally ignored and, therefore, of little use

E. Dealing with Motor Vehicle Traffic:

- 1. When "Car Back" is heard, merge to the right
- 2. Do not signal a motor vehicle to pass
- 3. Watch for opening doors when passing parked vehicles
- 4. Do not make obscene or unfriendly gestures towards motorists

1. Group Riding Techniques:

- A. The single pace line consists of cyclists riding directly behind one another in order to take advantage of a draft
- B. Each rider should take a turn at the lead (pull). Slower riders take shorter pulls, stronger riders longer pulls
- C. When finished with the pull, check for overtaking traffic, signal to the rider directly behind you, move out to the left and drop back to the rear of the group. Stronger riders may choose to drop into a hole in the middle then at the back.

D. The double pace line consists of 2 single pacelines side by side

- 1. At the end of a pull, the rider on the left moves to the left to fall back. The rider on the right drops back to the right. The pace line will pass between the two leaders as they drop back at the same time. This should be done quickly so as to avoid motor traffic
- 2. When merging to a single file line, the rider to the left will merge in front of the rider immediately to his/her right.
- 3. The double pace line should not be used on rough or heavily travelled roads. A single pace line is recommended in these situations.

E. Hazard Warnings—What to call and when:

- 1. "Bump," "hole," "gravel," "glass," etc. should be used only when there is a clear danger to the rider following you. When numerous holes, bumps, etc. exist on the road, then "rough road" is sufficient.
- 2. Any rider calling a hazard must identify the hazard and where it is located

F. Motion Warnings:

- 1. "Slowing," "Braking," "right or left turn," etc. should be used when the change in motion is substantial.
- 2. Snapping the brake levers may be used in place of "slowing" or "braking" in non emergency situations.

G. Other Warnings:

- 1. "Car back," "dog right or left," etc. should be used only when the object represents a clear hazard to other riders.
- 2. "Car back" should only be used when a motor vehicle approaching from the rear will have difficulty passing. The purpose is to warn the riders in the front to merge. On heavily traveled roads a single line should be used, and each rider should assume the cars will be passing.

