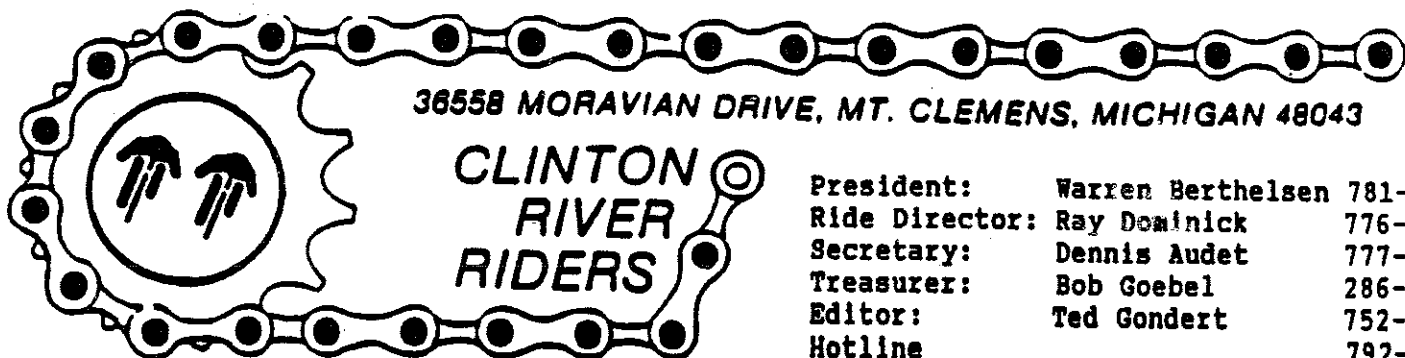


March 1991



President: Warren Berthelsen 781-6706
Ride Director: Ray Dominick 776-2793
Secretary: Dennis Audet 777-0837
Treasurer: Bob Goebel 286-0384
Editor: Ted Gondert 752-9466
Hotline 792-4670

Next Meeting: Monday, April 1, 7:00 p.m.: at the Mt. Clemens Recreation Center, 300 Groesbeck at Lafayette.

New Members: The club would like to welcome the following new members: Mark Goehere, Daniel & Beverly Feucht & fam, Scott Hansen, Michael Kussner, Lucille & Alayne Hoste, Chris Haines, Debbie Magness, Robert Bellia, John Abraham Jr, Rick & Lynn Rademaker. We hope you enjoy many club rides and events this season.

Bike Feast: The Bike Feast was a big success again this year with everyone having a good time and food. The Clinton River Riders had the largest group there with all 40 of our tickets used. Thanks to Bill & Toni Cleland who were the Clinton River Rider club liaisons and helped to set up the Bike Feast.

Ride Schedule: Call the hot-line for any updates 792-4670

Sunday, March 10, 9:30 a.m.: meet Doug Macdermaid at the shopping center on Jefferson and Marter (8 1/2 mi) for a 25 mile ride at an easy pace around Grosse Pointe.

Sunday, March 17 8:00 a.m.: Meet Patrick O'Moorman at the "Broadway Cafe" 39 N. Gratiot in Mt. Clemens for breakfast. Park in the parking lot by the Secretary

of State office and New Street in downtown Mt. Clemens. The first 15 mile loop starts at 9:00 and the other 15 mile loop starts at 10:30, pace will be 14-16 Mph.

Sunday, ~~March 24~~³¹, 8:00 a.m.: Meet Duane Nieman at Romeo High School for a 35 mile ride to Dryden VFW hall for a pancake breakfast. The pace will be moderate over the hills on Rochester Rd to Dryden.

Sunday, March 24, 8:15 a.m.: Meet Rich Dyer at the bank on 21 mile and Sugar Loaf for a 42 mile ride to Algonac at a moderate pace, the riders will meet the others 9:00 a.m.: meet Bob Goebel at the park by the water in New Baltimore for a 30 mile ride at an easy pace to "Kays" restaurant in Algonac.

Sunday, March 31, Easter Sunday: call the hot-line at 792-4670 for any ride scheduled.

Sunday, April 7: Bike Expo at Macomb Community College South Campus on 12 mile and Hayes. The Clinton River Riders will have a booth at the expo to promote cycling and the club. Call Gary Haelewyn or Jerry Pavlat for more information. call the hot-line for a ride schedule to the expo.

Other Club Events: Sunday, May 5:
Metro Grand Spring Tour: Routes of 13 to 105 miles sponsored by Down River Cycling Club. Ride starts at Willow Metro Park in New Boston near I- 275.

May 11-12: TOSRV, the Tour of the Scioto River Valley. Start in Columbus, OH. 105 miles to Portsmouth on Saturday and sleep on the gym floor then ride back to Columbus on Sunday. 6000+ riders, trucks pack your gear.

DALMAC: Labor Day weekend, you had better of sent in your application already to get on this ride.

Bike Expo: Sunday, April 7: at Macomb Community College S campus 12 mile and Hayes. The CRR will have a booth, contact Jerry Pavlat or Gary Haelewyn to volunteer to help.

Bikers Clinic: Saturday April 20, 9:00 a.m. to 12:00: RehabEast, 30713 Schoenherr, Warren, MI 48093. Bring your bike to learn stretching and conditioning exercises and bike maintenance. fee of \$10.00

MS-150: Bike-a-Thon June 22-23: Fund raiser for the Multiple Sclerosis Society. Starts at School Craft College (7 mile and Haggerty), 75 miles to Lansing for overnight in the dorms then back to Schoolcraft College in Livonia on Sunday. The Clinton River Riders will be "tour leaders" on this ride. Call Andy Neumann for more information and to volunteer to help.

Fat Tire Biathlon: June 16, July 14, Aug 25. Run-bike-run at Addison Oaks. 1.75

mile run, 7 mile mountain bike ride, and 1.75 mile run. Event put on by TT sports management, the CRR have volunteered to help with course marshalling, clean up, registration etc. Contact Sue Pavlat 792-4040 for more information and to volunteer

Magic Ride warm up: Saturday, May 11 in Canton MI routes from 4 miles to 56 miles. Pledge ride for the prevention of child abuse. Minimum of \$15.00 for registration donation.

Magic Ride: Saturday, June 8: in Holt, MI 5 to 100 mile routes.

Time Trial Challenge: 5/19, 6/2, 6/30, 7/28, 8/11, 9/15 at Stoney Creek park. See more information in this newsletter.

Club Jackets: Club jackets will cost \$29.00, call Mike Malloch to order one.

Super Sale: Pavlat's will be need extra help for the Super Sale on March 22,23,24. Call Sue Pavlat 792-4040 if you want to earn some money and to try the "other side" of the sales counter.

AWARDS: The club awards will be given at the end of the year for mileage and for club member of the year. There will be a plaque on display at Pavlat's bike shop with the top mileage award for the year and the club member of the year, men and women, engraved on it. The mileage award will be given to the top male and female riders with the most mileage. There is a mileage chart in this newsletter. Mileage for the previous month must be written and brought to the meeting and given to the

Awards cont: ride director, Ray Dominick, or mailed in by the end of the month. If the mileage is not given to Ray that month it will not be awarded. People must be club members and attend at least 10 club events such as meetings, rides, BWR envelope stuffing etc. and also must lead at least one ride. The Member of the Year awards will be based on the number of points a member acquires for club activities. Club officers get 5 points, Ride leaders with a new ride get 4 points, Ride leaders 3 points, Committee heads i.e. BWR mapping, rest-stops etc get 3 points. Workers for the BWR (Blue Water Ramble) get 2 points and participants at club rides and events get 1 point.

Bike Advocate: The Clinton River Riders have decided to be more active in writing to our government officials for support of bicycling issues. Come to the next meeting for more information.

IF THEY DON'T HEAR US,... THEY WON'T LISTEN TO US

Fill out your taxes yet? Getting any change back? How many hours did you work to pay those taxes? Do you like giving your money away no questions asked? Isn't it nice how they spend our money? Wouldn't you like to give them YOUR ideas on where to spend it? How about maybe filling some pot holes or putting paved shoulders on any street that gets repaved?

Trouble is people spending our tax dollars don't know how we as bicyclists want them to spend it. They can't read our minds!! But they do listen to some people. They listen to the people that TELL them where to spend the money. They listen with one ear to committee reports and organizations like League of American Wheelmen. But they listen with BOTH ears

to the individual voters that put them in office. Come to the next meeting and learn how EASILY we as individuals can tell the people spending our tax dollars where we want those dollars spent. If they don't HEAR us they won't even listen.

Stair Climbing: by Patti Brehler

It's getting pretty scary! Just when I thought I couldn't come up with anything crazier than last year's IDITABIKE(-push) I had an idea to attempt a 24 hour stair climb!

Well I survived this one, too! But not without a ton of support from a lot of my friends. Through the superb organization of Sue Pavlat, I couldn't have asked for a better crew. I never lacked a climber in the stairs with me, even during the wee hours of the morning! It was always a surprise and a delight to find new faces wishing me good luck. Whoever thought a stairwell would get boring did not get to enjoy the various posters I found on the walls under the "sun that never sets" in the Westin; or the wild routines of that stairwell act-----Jerry and Gisele!

Hats off to my "core" crew of Sue and Jerry Pavlat, Mike Dobies, Gisele Collins, Linda Boston, and Joan Kajor (my massage therapist!) and my officials: David Heck, Bob Linden, Tim Phillips and Marty Johnson. And thanks to all those who walked with me or just came down to show your support or help with the other races. Extra-special thanks (!) to Mike Holzhauer and Karen Jackson, who were instrumental in making this wild idea possible!

THANKS!

happy riding-- Patti

Time Trial: "THE CHALLENGE with Greg LeMond" Similar to a popular series of standardized ski races, THE CHALLENGE is grass roots competition tied to a national handicap format. The difference is that this is for bicycle time-trials.

In twenty regions across the country, **Host Bicycle Shops** (Pavlat's in MI) will organize and promote a series of six CHALLENGES. Each Challenge is an individual race against the clock- a time trial (TT)- along a course ten to fifteen kilometers long. Participants compete against members of their own gender and age group.

The strength of the format lies in it's handicap system: Greg LeMond races a series of four time trials against three national caliber racers (National Pacesetters) late this winter. With LeMond's Zero Handicap as a reference, handicaps are then awarded each of the National Pacesetters. At a later date, a similar race-off between the National Pacesetters and the Regional Pacesetters from all over America establishes a second generation of handicaps relative to LeMond.

Before each local Challenge, a **Regional Pacesetter** races the course. From his results, LeMond's projected time is arrived at. That simple calculation calibrates the course to a national standard-Lemond's Zero Handicap-and thus compensates for courses of varying lengths and difficulties.

Knowing where you rank, regionally and nationally, is the essence of THE CHALLENGE. Armed with that information, there are any number of ways to measure your progress: gross time, regional rank, a rival on the other side of the country with a similar handicap. Or against Lemond

Above all, THE CHALLENGE is designed to be participant friendly. Anyone can sign up. No racing licence, prior experience or special equipment is necessary. To register, call a toll free 800 number to find the nearest **Host Shop** (Pavlat's) and go there to fill in an entry blank. The entry fee is \$10.00 for each Challenge. Local results from each Challenge will be posted at the **Host Shop** (Pavlat's) within ten days of the event. A pay 900 number will also have results for those who can't wait.

Any one who participates in three Challenges qualifies for a national ranking and is eligible for the NATIONAL CHALLENGE CHAMPIONSHIPS. One or more of the national bicycle magazines will print the list in it's entirety in December 1991.

Yellow, red and blue Challenge water bottles are awarded men and women of all five age groups based on their performance relative to published handicaps. At the conclusion of the six-race series, the lowest handicapper from each of the ten age & gender categories qualifies for an all-expense-paid trip to the NATIONAL CHALLENGE CHAMPIONSHIP in San Diego in January 1992. LeMond will serve as the pacesetter for the showdown and present overall leaders jersey's to the champions.

Pavlat's Prestige Cycles, (36558 Moravian, Mt. Clemens, MI 48043-2645, phone (313) 792-4040) will be the **Host Shop** in this Michigan region. The time-trials will be at Stoney Creek Park on 5/19, 6/2, 6/30, 7/28, 8/11, 9/15.

The Clinton River Riders time-trials may be on 4/21, 6/30 and 9/15. More information will be in the next newsletter.

Up Close and Personal: Starting with the March newsletter Sue Pavlat will do an interview, profile and picture of a club member. This month's profile is Ken Koch.

Q: What year did you join the club?

KEN: "1981"

Q: Since you've been a member, what has been your most memorable experience?

KEN: "Riding the QUAD CENTURY on DALMAC in 1983, 4 days of sunshine, tailwinds, and good friends with eight other club members. And beating Sue Pavlat up the hills! I think it was the last time I beat her up a hill! "

Q: Have you ever been an officer?

KEN: "Yes, I was President in 1983 and 1984."

Q: Why do you enjoy riding a bicycle?

KEN: "Because of the challenge and I know I am doing something that is good for me. I can get lost in my thoughts and forget any of my problems. I also have met many nice people on the bike."

Q: What has been your longest ride?

KEN: "In 1984 I rode the clubs first DLR (Damn Long Ride). Riding those 200 miles is the longest ride I have ever done."

Q: What has been your toughest ride?

KEN: "Riding the 'ASSAULT ON MT. MITCHELL' with Rich Dyer, Ray Dominick, William Guilbert, and Frank LoPiccolo drove sag."

ADDITIONAL COMMENTS FROM KEN: "There have been many instances over the past several years where I have almost given up cycling because of neck or back pains. By being a member of the Clinton River Riders I have

acquired so many wonderful friends who have gone out of their way to give me support and encouraged me to continue riding."

COMMENTS FROM SUE: Ken was one of the originators of the BLUE WATER RAMBLE. He helped map out and paint the routes as well as design the artwork for the BWR brochure in the beginning. His design was also chosen for the t-shirt the second year. His wife Jane, was a BWR worker in the early years as well as their two daughters, Jennifer and Lisa. Ken has put a lot of time, energy and effort into helping make the Clinton River Riders the type of club it is today.



Thank you: to Donna Sobocinski for bringing the bagels, pop, coffee and cookies to the meeting, this will be continued. Thanks to Dennis Audet for the DALMAC video and describing DALMAC. Please call Dennis if you have any ideas for education at the club meetings. Thanks to Bill & Toni Cleland for working on the Bike Feast.

Feather Bowling: Hoot Per Duna,.....

by Gary Haelewyn

I took two steps, slowly releasing the 2-lb wheel from the palm of my hand and set it rotating down the concave alley. Up one side, the wheel turned, slid down and ran up the opposite side. Turning again it narrowly missed the two blockers positioned earlier by my skillful opponent. Finally, nearing the end of its course, the wheel looking like a drunken sailor on a weekend binge, made a couple of quick spins and fell flat on its side next to the battered seagull feather poking up at the other end of the alley. "Three points Green", my partner, Doug MacDermaid Jr yelled from the other end. We blew them away 10-2.

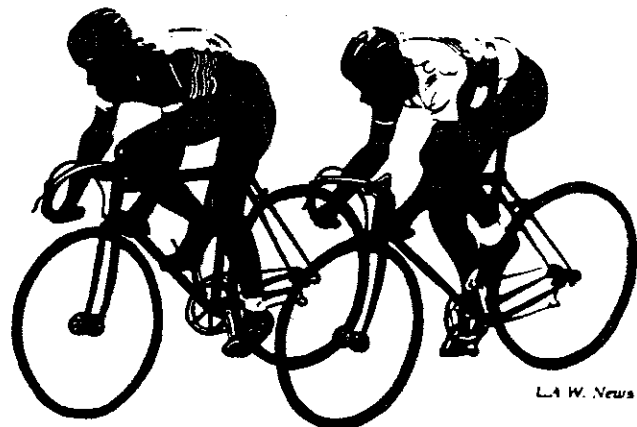
It's called "FEATHER BOWLING", a Belgian sport performed at the Cadiuex Cafe on Cadiuex between Mack and East Warren. A first for the CRR thanks to the efforts of Karen Mousseau the event organizer. The bowling is performed in a room next to the bar and restaurant that dates back 40 or 50 years. There are two concave, clay and sawdust lanes about 50 feet long with what looks like an old seagull feather poking up 3 feet from both ends of each alley. Two teams with members at each end of the alley throw wooden wheels colored green or red from one end to the other trying to get closest to the feather. The wheel can fall right on top of the feather but no extra points are awarded. Points are earned for the team with the closest wheels to the feather, one for each wheel closer than the opponents. The wheels are about 8 inches in diameter and 5 inches thick. There are six to a team. Between the alleys is a 4 foot strip of raised floor with tables and

chairs so that spectators can drink, laugh, and harass the players on both alleys at the same time.

There were more gasps of disbelief however, than harassment from the bystanders as they cheered the players on. Some of the shots seemed to defy the laws of physics as the wheels turn past the feather, stopped and backed up before laying down in front of the opponents closest wheel.

The two hours of play ended before we could decide which team would win the coveted top trophy. The standings would have to be discussed quietly over dinner in the restaurant. We dined on Belgian favorites of mussels, rabbit, and buffalo burgers while quietly discussing the shots, standings, and handicaps. After hours of quiet negotiation we decided a replay sometime in the near future would be needed to determine which team would take the big "Dropping-From-The-Sky" Feather award.

Many thanks go to Karen Mousseau for breaking away from her busy schedule of work, school and studying to bring this event to the club. A future repeat is in the works. Please call Karen if you can co-lead.



LA W. News