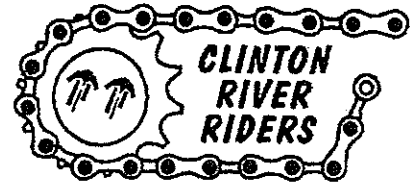


Rambler



February/March 1998

produced by: Deb Angst & Sue Pavlat

IT'S BEEN A BLAST,

but it's time to go. Rick Jones, Julie Windhorst, Greg Schultz, Sue Pavlat, and myself have enjoyed our time, and would like to extend a warm welcome to our new board members. In an age of "never enough time," we have club members that have stepped up and volunteered for service to keep our club running smoothly. A Big **THANK YOU** goes out to Gary Green, Will LaJack, Bob Latsko, Darlene Duskey, and Jan Trombley. Jan will be the newsletter editor and I encourage every club member to help keep her current with interesting info and rides.

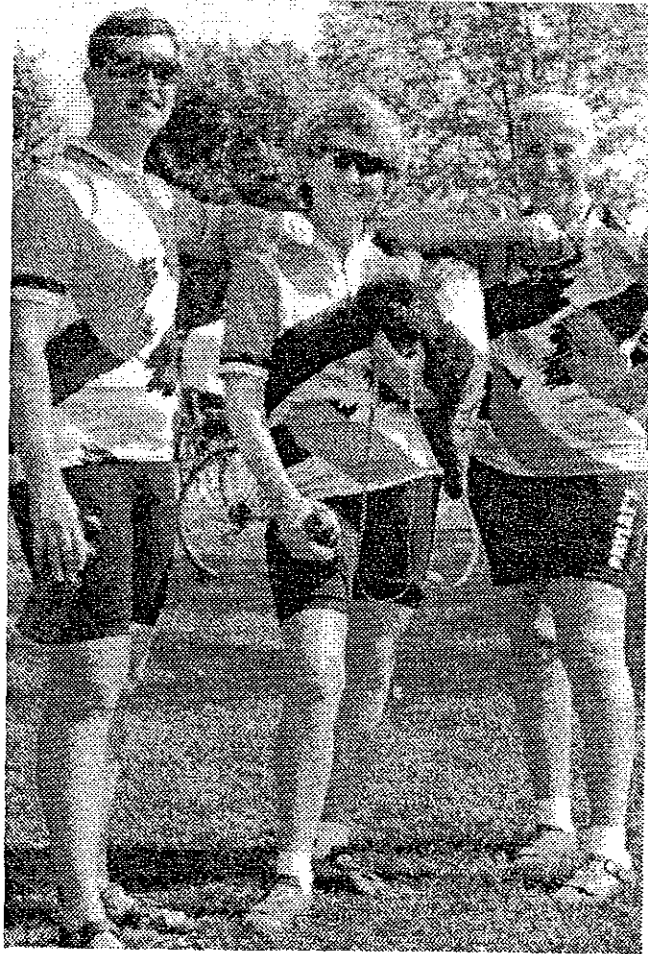
Congratulations to Dave Courter for winning the design contest! It's time to start thinking about BWR 1998. Anyone interested in being the Food Chair, please see Gary Haelewyn.

Let's have some fun in 1998 and share our adventures with one another.

Thanks for the memories, Deb Angst

Farewell

The club lost one of its members this past month. Cricket Jones was a regular on many of our weekend events, club meetings, and even Blue Water Ramble. We were accustomed to seeing her in her little basket, behaving good as gold. She even went into the restaurants in Sheila's bag. Condolences go out to Rick & Sheila Jones, but we will all miss Cricket.



Next Meeting
Monday
March 2, 1997
7 pm

Mt. Clemens Recreation Center
300 Groesbeck



792-4670

President

Gary Green 810-468-7351

Ride director

Will LaJack

Secretary

Darlene Duskey 810-263-5241

Treasurer

Bob Latsko 810-939-2788

Editor

Jan Trombley 810-795-4934

LMB Representative

Michael Sptoul
445-2868

Welcome New Members

The club would like to welcome Margaret Dekoyet Watson, Joann Mirasolo, & Janice Patlevic. We hope that you'll enjoy our club rides & events. Feel free to make suggestions, ask questions, & lead rides. We have lots of variety in our people & events.

Condolences

The club would like to extend their condolences to the Dyer and Schultz families. Rich Dyer and Greg Schultz both lost their dads this past month.

FYI

The hotline may have a new format in the near future. You may have a choice to listen to weekday or weekend listings. Stay tuned for updates.

Club Apparel

Polo shirts should be in at the next meeting. Also, there may be some samples of club jackets to try on. Louis Garneau has a new cut this year. Club jerseys are \$37.50 to club members. This includes tax.

Bike Show

There is a bike show in Chicago. See Rick Jones for details.

Race for the Cure Saturday April 25

Sheila Jones says, "Sign up before March 10th and get a purple t-shirt."

Pedal Pennsylvania

I encourage club members to check out this ride. Refer to the info on this page. I found their website to be very organized and informative. They list daily activities, mileage, trails to trails options, cost, and even a photo album of their trip that you can view. If you're not on the web, find someone that is and have them print you out the info.

Special Events & Rides

Monday & Wednesday

Meet at Prestige Cycles at 6:30pm for training sessions with members of the Prestige racing team. Mondays will concentrate on spinning & Wednesdays will be power & technique. Bring water, towels, bike, rollers & trainers. Prestige will have rollers available for you to use if you don't have any yet and are interested in trying some out. These sessions are free & will run through February.

Saturday

Meet Doug MacDermaid or Rick Jones at Schultz Funeral Home (8 1/2 & Gratiot) at 9am for a 30-35 mile ride at 14-16mph to Grosse Pointe. Enjoy breakfast or lunch after the ride.

Sunday 2/22

Meet Teddy at Romeo High School at 8:30am for the traditional pancake breakfast ride to Dryden. 45 mile round trip at a 16-18 pace.

Fri, Sat, & Sun 2/27, 2/28, & 3/1

Ski weekend in the Mio area. Call Doug MacDermaid if interested.

Saturday 2/7 & 2/21

Meet at Warren Raquet Center at 6pm for Walleyball. Play till 7:30 and go out to eat after.

Sunday 3/22

The annual Bike Feast will begin with a social hour commencing at 4pm. There will be members of many different bike clubs there to chat with. Dinner will follow at 5pm. There are usually some guest speakers after dinner. 2 years ago, Kevin spoke about his cross country trip on his custom made bicycle. Kevin has cerebral palsy and can only pedal with one leg. They give out a lot of door prizes donated from local bike stores. The cost is \$3 per person. You must bring a dish to pass and your own drink. If you are interested, see Gary Haelewyn. He has 48 tickets available.

Pedal Pennsylvania July 11-18, 1998

Pedal Pennsylvania, a Philadelphia-based bicycle touring company, was founded in 1995. To date, we have taken 500 riders — men and women from 25 States, on week-long, fully-supported tours across the Keystone State. Pennsylvania is a big, beautiful — and challenging — state. Pittsburgh is further from Philadelphia than Boston is. The Allegheny Mountains are for real. They're part of the appeal. We seek out the ridges and valleys, but climbs are inevitable. The Penn Central is for riders who enjoy a challenge. If you do some training and have good equipment — a triple or "Granny Gear" is recommended — you'll do fine and have a great time. And remember, this is not a race. You'll hook up with friends of like interests and abilities and ride at any pace that's comfortable. Our 1/2 Day Option program will also combine good riding with more time for sightseeing and relaxation. Our motto:

**"Pedal Pennsylvania For The Time
Of Your Life!"**

Pedal Pennsylvania tours have their own special personality and characteristics. We've seen road bikes, hybrids, mountain bikes, tandems, folding Bike Fridays, even recumbents! Yet a common theme seems to unit one and all — the sheer enjoyment of time spent with friends old and new.

While our numbers are increasing we will continue to stress the personal service and attention to detail that we believe define and differentiate a Pedal Pennsylvania tour. Maybe that's why so many of our friends are coming back again. We hope you'll Pedal Pennsylvania for the Time of your Life.

For more details, take a spin through our site (www.pedal-pa.com). You can email us at (Bob@pedal-pa.com) to get on our email directory for electronic updates. Our registration form can be printed right off the web.

MS 150 News

by Gacy Haelewyn

On Wednesday night January 21, I joined club president Gary Green, in a meeting with the MS 150 people. We were going to discuss our club's involvement with this ride. It had seemed to us that the MS people were more interested in making money than the safety of the riders and this was bothering many of the club members including myself. We found our way to their headquarters in Southfield, found the building, and walked in to a meeting room with 7 or 8 tables. A few people were already there including the rides chairperson, Gary Plank, Branch manager Karen Breen and her staff of two. Gradually more people came in and sat themselves at the different tables. Gary and I sat down at the Route committees table and started reading the rider surveys from last year which were handed out to all the participants.

"What would you like to see changed;" heavy responses on "Road Conditions;" and "Heavy traffic areas." "What impressed you most about the MS150." "Complete route support" and "Volunteers/staff" got the high marks. "Do you belong to a cycling club?" One in five belonged to a cycling club. "What is your age?" 30 to 45 got the most responses. "Approximate household income." \$35,000 to \$75,000 were the majority. Most were college graduates owning a home or renting an apartment.

At 7:00PM the meeting started. Karen and her staff of two were the only paid people here. The other 45 people in the room were volunteers. Each table was a separate committee and each gave a report on how their activities were going. The big news came from the Route Committee. The entire ride was moving. The ride will start in Davisburg, just north of Clarkston. Saturn will be the big sponsor this year and some of their racing team members will be there riding with the group. Their also donating the vehicles for the support. One of the members from

support stood up advising the need to instruct the support drivers on how to properly pass groups of cyclists. The National Guard will also be there again this year. Also new, the Wolverine 200 will now be run by the MS Society. The Wolverine Sports Club will be working with them this year so they can take it over. The name will remain the same.

Then the different committees got together and discussed their individual plans. Gary and I sat with the Rider Training group. They were trying to figure out how to get training rides going. I guess this area was not getting much success in the past with few if any riders showing up. So, Gary and I suggested they use the metro area clubs to do the training. The way it will work is each club will supply the MS 150 with the days, and starting times of their regular weekly rides. The MS Society will publish these in their mailing along with the clubs phone numbers. The clubs will assign one person at each ride to act as an MS Society emissary who will assist any MS 150 rider who shows up. They will stay with that rider should they not be able to keep up with the group. Everyone benefits from this arrangement. The MS gets a better rider. The rider gets good instruction on riding in traffic. The club gets a potential new member.

Finally at the end, with most of the people gone, Gary talked with Karen Breen concerning our club's involvement with the ride. She will waive the rider fees for 5 teams of two and provide free "ride leader" T-shirts for another 5 teams of two. Our responsibilities are to assist the riders during an emergency until other support arrives. We don't change flats or repair bike, they have support vehicles for this. We don't sweep the route, they have support vehicles for this. Our mission on this ride is to help support the fight against multiple sclerosis, and promote good bicycling. I think we can do this.

Club ID Cards

Identification cards are available for any club member at club meetings. See Bob Latsko. 10% discount will be given at participating stores.

Participating Bike stores:

- Prestige Cycles
36558 Motavian
Clinton Twp. (810) 792-4040
- Cycle & Fitness
1109 S. Washington
Royal Oak (810) 542-7182
- Pointe Cycle & Fitness
20343 Mack
Grosse Pte. Woods (313) 886-1968
- Mountains of Bikes
42201 Garfield
Clinton Twp. (810) 412-0500
- Antoons
42918 Schoenherr
Sterling Heights (810) 247-9240
- Sterling Schwinn
2169 Metro Pkwy
Sterling Heights (810) 979-7570
878 S. Rochester Rd.
Rochester (810) 652-1555
- Big Ralphs Schwinn
23521 Nine Mile
St. Clair Shores (810) 772-3258
- Macomb Schwinn
28441 Schoenherr
Warren (810) 756-5400
- Stoney Creek Schwinn
58236 Van Dyke
Washington (810) 781-4451
- Main Street Bicycles
112B South Main St.
Romeo (810) 336-1177
- Anchor Bay Bicycles & Fitness
35241 23 Mile Rd
New Baltimore (810) 725-2878
- Continental Bike Shop
23262 John R.
Hazel Park (810) 545-1225

HARLEWYN, GARY, JAN & FAMILY
41706 MERRIMAC
CLINTON TWP., MI 48038

