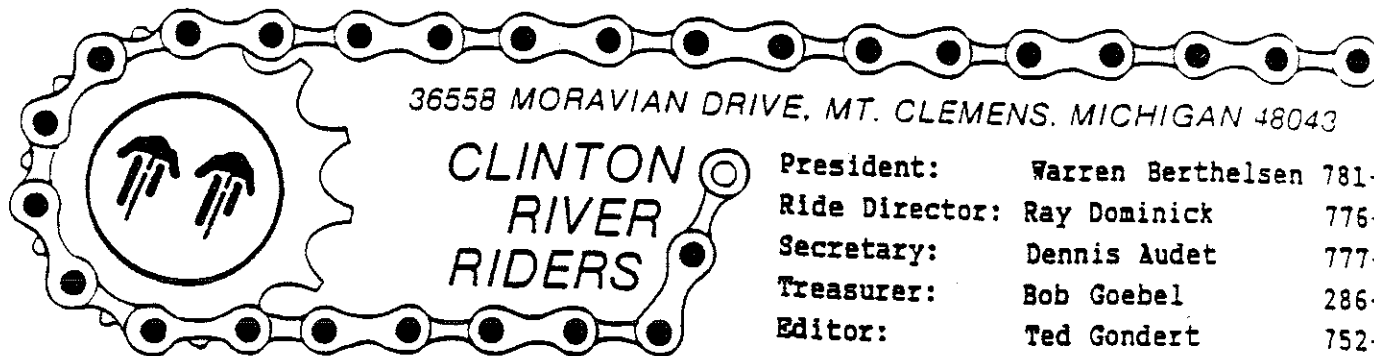


February 1992

2/15/92



President: Warren Berthelsen 781-6706
 Ride Director: Ray Dominick 776-2793
 Secretary: Dennis Audet 777-0837
 Treasurer: Bob Goebel 286-0384
 Editor: Ted Gondert 752-9466
 Hot-line: 792-4670

Next Meeting: Monday, March 2, 7:00 pm
 at the Mt. Clemens Rec Center 300
 Groesbeck at Lafayette.

New Members: The Clinton River Riders would like to welcome the following new members: Dennis Badaczewski, John & Louise Maravich & family, Nick & Teri Prentis & family, Cullen & Pat Wattkins. Hope you can enjoy many activities with the club in the new season.

DUES: Club membership is renewed on January 1st. **THIS FEBRUARY NEWSLETTER WILL BE YOUR LAST IF YOU DON'T RENEW.** Membership is \$12.50 per year for individual and \$15.00 for family. Send renewal forms and checks payable to: The Clinton River Riders, 36558 Moravian, Mt. Clemens, MI 48043-2645

Elections: The club officers were elected at the Feb 3 meeting. Jerry Pavlat was the election official and printed up the ballots and counted them with the help of Matthew Moorman. The new executive board will start at the March 2 meeting.

President: Bill Duemling
 Ride Director: Doug MacDermaid
 Secretary: Dennis Audet
 Treasurer: Bob Goebel
 Editor: Vicki Malloch with Mike Kiefer assisting
 The Clinton River Riders are thankful to

the officers who have served the club for the last year including Warren Berthelsen who has served on the executive board for 5 years as treasurer and then as president, Ray Dominick as ride director and Ted Gondert as editor. We also thank the officers who remained for another year including Bob Goebel as treasurer and Dennis Audet as secretary.

Bill Duemling as president wants the club to serve you-the members-in the coming year but your input is needed to have the club do what you want. Doug MacDermaid as ride director hopes to schedule many rides and activities with the club this year but he needs you to help with ideas and leading the rides. Vicki Malloch as editor with assistance by Mike Kiefer want the newsletter to be informative and entertaining to the members. They need your help with articles and information written down about ride schedules etc. to be put in newsletter.

Jackets: Baseball style with club name will be ordered next month. contact Mike Malloch to order 979-4076

Ride Leaders meeting: Saturday, Feb 29, 5:00 pm: at Doug MacDermaid's house, 24623 Berry, Warren (near 10 mile & Hayes) (313) 774-0295. Discuss rides for the new season etc. Any one interested in leading a ride welcome.

Bike Feast: Saturday, March 7, 1992 7:00 p.m. at the Melvin G. Bailey Rec center, 36651 Ford Road, in Westland MI (a few miles east of I-275). The Bike Feast is a get-together of several metro-Detroit area bicycle clubs for food and entertainment with a fashion show and slides to start the bicycle riding season. Bill Cleland is CRR club representative and all of the tickets have been sold for \$2.00. You may contact him if you won't need your ticket so that some tickets become available (313) 775-5125. Bring a dish to pass. Meat, coffee, tea, ice, table service provided. Bring your own soda or beer and wine only, please. Wear your favorite bicycle jersey or shirt.

Bike Expo: March 29, 1992 at Macomb Community College south campus (12 mile and Hayes). The Expo has criterium races and bicycle dealers and manufacturers showing the latest equipment. The Clinton River Riders will have a booth at the show to promote the club and cycling. Contact Mike Gemus (313) 752-8226 if you can help with ideas and working the booth.

Rat Tour: The Ride Around Torch lake tour in Traverse city on weekend of July 18-19. General Motors is having a 2 week shut down the same time so if you want hotel reservations make them quick before they are booked. The Berthelsens have reserved 15 dorm rooms in the name of the Clinton River Riders at Northwestern University in Traverse city for the July 18-19 weekend. Rooms are \$20/single/night, \$30/double/night, \$45/suite (2 rooms 4 beds and bath)/night. Call Kari Kahler (Kay-ler) for reservations (616) 922-1405. Rooms are also available in August for the Shoreline Tour.

Adopt-A-Highway: Bill Duemling contacted the Michigan Department of Transportation about "adopting" a highway. The CRR have "adopted" 2 miles of the new M-53 bypass around Romeo from 31 mile to 33 mile. The Clinton River Riders will pick up litter along this stretch of road 3 times in 1992 and in 1993. The dates for 1992 are April 30-May 2, July 16-19 and October 1-4. We will be provided with literature, and a safety video and we have to hold a safety seminar. MDOT will provide trash bags and safety vests. We will have a sign up sheet for each pick-up. The Adopt-A-Highway program sign will be put up AFTER we complete the first pickup. The sign will say "CLINTON RIVER RIDERS BICYCLE CLUB". Additional details will be announced at the March meeting.

Club Song: The club song written by Andy Neumann will be printed up with the words so that we can practice it. The tune is "I've been working on the railroad"

Parade: Monday, May 25 memorial day. The Clinton River Riders have been invited to participate in the Sterling Heights parade starting in Dodge Park and going down Dodge Park Rd to 16 mile. Contact Andy Neumann (313) 756-3369 for more info.

Tandem Rides: Sue Pavlat has talked to Tim O'Brien who works with special education students in the Utica/Shelby district ages 16-24. He has taken them for rides on the back of his tandem, since many have never learned to ride a bicycle by themselves. The Clinton River Riders could volunteer to have a bicycle day with some of the tandems in the club so these people could "stoke" on the back for an experience. Sue Pavlat 792-4040 more info.

MS-150: Scheduled for June 27-28 from Livonia to Lansing and back, 75 miles each day. This fund raiser for the Multiple Sclerosis Society of Michigan has been supported by the Clinton River Riders for the past several years. 1500 riders from beginners to seasoned riders with thousands of miles participated last year. The CRR provide ride leaders who help the 1500 with encouragement and repairs. There will be CPR classes for the tour leaders. This is a good ride with lot's of food and overnight stay in the dorms at Michigan State in Lansing. Contact Andy Neumann (313) 756-3369 for more information if you want to volunteer.

Clinton River cleanup: I don't think our club should be named after a dirty river, and I propose that with your help, we change it as soon as we possibly can. No, NOT the name of the club! The condition of the river! Hi! I'm Wes Nichols, a proud CRR member, and an area coordinator for the Clinton River Cleanup Committee.

One of my reasons for being involved in bicycling is that it's environmentally sound. If you have a green streak too, our namesake, the Clinton River needs you. The Clinton River Cleanup Committee, also known as the Clinton River Authority, is an all volunteer group committed not only to the welfare of the river, but to a wide variety of environmental concerns, including environmental education. The Cleanup Committee can use help from folks with or without just about any skill you can think of. We can use people who can pull tires and old boots out of the muck. We can use lawyers (for what, fill? ed.), chain saw operators, airplane pilots, public relation people, media

contacts, etc, etc. Without a doubt, you can help the Clinton River Authority preserve one of our most important natural resources. If you're interested, there are ample opportunities to help clean the river, or better yet, to provide leadership and make things happen. For more information, or to put your skills to work for a cleaner environment, call CRR and CRA member Wes Nichols at 979-1254.

Bicycle School: The Walden School of Cycling, This is a bicycle training camp in Florida which Dale Hughes and Mike Walden have run for several years. Level 1 teaches basic bicycle positioning, pedaling techniques, bike handling etc. Level 2 is advanced training for racing techniques such as drafting, race strategy, sprinting etc. Level 1 must have been completed before Level 2. The day begins with drills on techniques then longer riding sessions. Riders are grouped according to ability, experience and on the bike evaluation. One week sessions begin Feb 2 thru April 19, 1992. Cost is \$345 per week includes 6 nights lodging, 17 meals, coaching, video analysis, riding, sunshine and fun. Discounts for groups of 4 or more, save \$50 per person. Contact: Walden School of Cycling-145 South Livernois, Suite 199-Rochester, MI 48307 (313) 652-0511.

Stair Climbing: Tired of going no where on that same old in-home trainer or stair-master? Here's a heart pounding idea that will send you vertical. Try the stair climb at the Renaissance Center Sundays 9:00 a.m. at the Westin Health Club on the 5th floor. Club facilities are open to climbers free. contact Doug MacDermaid for more information. (313) 774-0295.

Velodrome: Hey, don't sell your track bikes! We have gotten together to fix the track. I know that the Dorais Velodrome was unsafe to ride last year. If we get together, we can make it rideable for the 1992 season. Maybe I should back up and tell what a velodrome is. This is an oval track for bike riding and it has 28 degree sloped banks. The fun part is that the bikes have no derailleurs or brakes. (Now that's crazy!) Our velodrome is located at Mound and Outer Drive and is one of 19 tracks in the country. Maybe some of you remember the evening a year and a half ago when William Guilbert held a race there. It was quite a picnic! This particular velodrome has quite a 'track' record. Off of this track have come three world champions and uncounted national champions. The tradition continues with at least two current riders Brandon Lyon (Lansing) and Michael Roland (Dearborn), by making the National Team. What this means is that they are in the top 20 or 30 riders in the country. Quite an accomplishment. Lets keep in mind the 1992 Olympics in Barcelona, Spain! If you have a donation, fund raising ideas, or can help in other ways, let me know. Kathy Pfent, Dorais Velodrome, 502 Normandy, Royal Oak, MI 48073. ph 288-1331

Ride Schedule: call the hot-line (313) 792-4670 for updates.

Sunday, Feb 23 9:00 a.m.: meet John Edry at Romeo High School on 32 mile for a 30 mile dirt road ride to Dryden for a pancake breakfast at the VFW hall, easy pace.

Wally Ball: Saturday 2/22 6:00-7:30 p.m. at the Gateway Racquet club, 14.5 mile and Van Dyke behind the Premier center.

Other Clubs Events: Sundays, 10:00 a.m.: meet the Wolverines at Stoney Creek, West Branch parking lot B for mountain bike riding or cross country skiing. Pace is medium fast .

For Sale: Trek 2300 composite frame bicycle, 60 cm seat tube. Complete Shimano 600 component groupo. Shimano/Look Dura Ace pedals. All accessories included: Cat Eye micro computer, 2 bottle cages, Silca frame pump with Campy head, Rhoad Gear seat bag. Victoria folding clincher tires. Less than 1000 miles ridden, never crashed or mistreated, like new. \$700 O.B.O. Andy Neuman (313) 756-3369

Rossignol "Silver 44" diagonal cross country skis, carbon fiber 210 mm, Soloman bindings, waxed. \$100.00

Racer Mate Pro wind-trainer with stand, fan above wheel \$50.00
Dave Gaskell (313) 527-2075

Schwinn Paramount, 25" frame, 50th anniversary edition with Campagnolo 50th anniversary groupo. Like new \$3000.00
Bob Crowley (313) 549-2912

Nashbar wind trainer, 1 year old \$40.00
Larry Leksutin (313) 573-3032

Graber roof rack, gutter mount 4 bikes \$30
Doug MacDermaid (313) 774-0295

Raleigh Competition, 24" frame refinished in black. Added braze-ons by F.M. Assenmacher. Dura-Ace crank, headset, brakes & derailleurs. Cinelli buffalo hide saddle with extras. \$300-must see!
Jeff (313) 885-1759 evenings

Editors Corner: It's been interesting editing the Clinton River Riders newsletter for the past 2 years. Vicki Malloch and Mike Kiefer will be editing the newsletter now and give it a new look. They need your help to make the newsletter what you-the members- want. Write articles about rides and events and other bicycling news to submit to the editors so they can put them in the newsletter. The newsletter has a new title which you can find out in the March edition when Vicki Malloch and Mike Kiefer edit the newsletter. We mail out over 225 copies of this newsletter every month to members and other bicycle clubs. This year we have over 125 members in the club renewed or joined by February 1992 already. The newsletter usually stays at 5 sheets or less because the postage goes up \$.23 if over one ounce, so we can't print everything but we seldom have too much. Happy Cycling! Ted Gondert



In February (date): Lisa Patterson (03)
Carol Trombley (05) Barb Bethelsen (06)
Andy Neumann (15) Margaret Sanchez (20)
Rick Stebbins (21) Larry Robb (22)
Richard VanBuren (26) Doug Macdermaid (27)
Ken Koch (27).

In March (date): Gene Petrovich (02)
Toni Cleland (18) John Gentilia, Jr (19)
Lynne Stebbins(21)Cecilia Maliszewski (22)
Janice Haelewyn (24) William Guilbert (25)
Pennie Morauski (26) Patricia Brehler (27)
Claudia Neumann (31)

The Clinton River Rider Mileage chart in the back of this newsletter was made by Mike Kiefer and is available printed on heavy stock from the ride director Doug MacDermaid.

Coming Events: TOSRV the Tour of the Scioto River Valley, May 9-10 in Columbus, OH. 100 miles down to Portsmouth on Saturday and back on Sunday.

Metro Grand Spring Tour: May 3 at Willow Metro Park in New Boston, hosted by the Down River Cycling Club. Routes from 13 to 100 miles.

Wolverine 200: May 15-17 on Bell Isle. 24 hour endurance event, ride as far as you like on a five mile loop on the island. Camping allowed this weekend only.

Calendar: The Bicycle Touring Michigan calendar of events for 1992 published by the League of Michigan Bicycling is printed. The club will try to have copies by the March meeting.

Jerseys: The Clinton River Riders jerseys arrived from Louis Garneau. Contact Bob Goebel if you haven't picked up a jersey you ordered yet. More jerseys will be ordered when enough \$20 deposits are collected. The cost of the jersey to club members is \$32.50.

1992 Clinton River Riders Mileage Chart

	M	T	W	T	F	S	S	Weekly Total	Cumulative Total
January	6	7	8	9	10	11	12	5	
	13	14	15	16	17	18	19		
	20	21	22	23	24	25	26		
	27	28	29	30	31	1	2		
February	3	4	5	6	7	8	9		
	10	11	12	13	14	15	16		
	17	18	19	20	21	22	23		
	24	25	26	27	28	29	1		
March	2	3	4	5	6	7	8		
	9	10	11	12	13	14	15		
	16	17	18	19	20	21	22		
	23	24	25	26	27	28	29		
April	30	31	1	2	3	4	5		
	6	7	8	9	10	11	12		
	13	14	15	16	17	18	19		
	20	21	22	23	24	25	26		
May	27	28	29	30	1	2	3		
	4	5	6	7	8	9	10		
	11	12	13	14	15	16	17		
	18	19	20	21	22	23	24		
June	25	26	27	28	29	30	31		
	1	2	3	4	5	6	7		
	8	9	10	11	12	13	14		
	15	16	17	18	19	20	21		
	22	23	24	25	26	27	28		
	29	30							6 Month Total

	M	T	W	T	F	S	S	Weekly Total	Cumulative Total
July	6	7	8	9	10	11	12		
	13	14	15	16	17	18	19		
	20	21	22	23	24	25	26		
	27	28	29	30	31	1	2		
August	3	4	5	6	7	8	9		
	10	11	12	13	14	15	16		
	17	18	19	20	21	22	23		
	24	25	26	27	28	29	30		
September	31	1	2	3	4	5	6		
	7	8	9	10	11	12	13		
	14	15	16	17	18	19	20		
	21	22	23	24	25	26	27		
October	28	29	30	1	2	3	4		
	5	6	7	8	9	10	11		
	12	13	14	15	16	17	18		
	19	20	21	22	23	24	25		
November	26	27	28	29	30	31	1		
	2	3	4	5	6	7	8		
	9	10	11	12	13	14	15		
	16	17	18	19	20	21	22		
December	23	24	25	26	27	28	29		
	30	1	2	3	4	5	6		
	7	8	9	10	11	12	13		
	14	15	16	17	18	19	20		
	21	22	23	24	25	26	27		
	28	29	30	31				Yearly Total	

APPLICATION FORM

**CLINTON RIVER RIDERS
BICYCLE CLUB**

_____ \$12.50 Individual (over 18)

_____ \$15.00 Family

Name _____
 Address _____
 City _____
 State _____ Zip _____
 Home Phone _____

Family Name	Birthdate
_____	_____
_____	_____
_____	_____
_____	_____

RENEWAL

Please make check payable to:
Clinton River Riders
 36558 Moravian
 Mt. Clemens, MI 48043

WHEELS & AGUIRE
BIKECENTENNIAL LEADER

THE FIRST GROUP MEETING

... WILL TAKE SOME EFFORT ON EVERYONE'S PART. LET'S GO OVER SOME GROUND RULES.

EVERYONE SHOULD GIVE THEIR BIKES A SAFETY CHECK EACH DAY - ESPECIALLY BRAKES AND TIRES.

... ON BUSIER ROADS, LET'S RIDE SINGLE FILE, AND GIVE TRUCKS ALL THE ROOM THEY NEED...

... IN THE BUDDY SYSTEM, EACH PERSON RIDES WITH SOMEONE ELSE. I'LL BRING UP THE REAR MOST DAYS...

THAT ABOUT COVERS THE IMPORTANT STUFF. ARE THERE ANY OTHER TOPICS YOU'D LIKE TO BRING UP?

WHEN ARE MEAL TIMES?

ANYONE ELSE HERE VEGETARIAN?

MOM WANTS ME TO GAIN WEIGHT.

CAN ANYONE HERE COOK?

SOMEONE SAID YOU LIKE LIVER WURST SANDWICHES?

I LOVE HAMBURGERS.

I LOATHED HAMBURGERS.

ASK FOR FREE INFORMATION ABOUT BIKECENTENNIAL! We'll send you our catalog of cycling maps, books and accessories plus information about membership and organized tours. BIKECENTENNIAL, P.O. Box 8308-NE, Missoula, MT 59807. (406) 721-1776.

BIKECENTENNIAL

