

36558 MORAVIAN DRIVE, MT. CLEMENS, MICHIGAN 48043

CLINTON RIVER RIDERS

President.....Ed Swar
Vice-President..Sandra Cryderman
Treasurer.....Tim Woodby
Secretary.....Denise Cryderman

JANUARY 86

BICYCLING NEWS

To be assured of receiving a TOSRV application please send a SASE to TOSRV Communications, P.O. Box 23111, Columbus, Ohio 43223. Send in early to be sure to reserve your spot for this exciting weekend, on May 10, 11.

On Sunday, Feb. 2, the Downriver Cycling Club will sponsor a Freeze Ride at 1:00 p.m. For further information call Jerry Russell at 285-6937.

The World Championship Races will take place in Colorado this year from August 27 to September 7, 1986.



BELT BUCKLE ANYONE?

One of our club members, Bob Schwartz has put together a metal casting of a belt buckle with the club logo on it. An approximate cost of \$10.00 has been established but will fluctuate depending on the number of orders. Anyone interested in ordering a belt buckle may call Bob at 772-7139 or Pavlats Bike Store at 792-4040.

FEBRUARY MEETING HIGHLIGHTS

Please be sure to attend our February meeting for a real treat. We will be having a guest speaker, Curt Best, a physical therapist, who will be speaking on preventing and therapy of sports injuries. Bring all your questions with you and show your club support by attending.

Also in February we will be accepting more nominations for the new 1986 officers, and also we will be voting for our new officers. To qualify for a ballot, all club members must have their dues paid to date. If your dues are late you must pay up now. Please send a check payable to the Clinton River Riders.

CPR CLASS

A great opportunity is available to club members and their families and shouldn't be overlooked. Pat Gaskell has graciously offered to conduct an official CPR class, tentatively set for Sat. Feb. 22 in the evening. This three hour heart saver class will be taught through the use of slides, lecture and actual physical practice on manikins. If you complete this class, you will receive

an official CPR card stating you have successfully completed the course. Even if you already have completed a course in CPR, a once a year brush up class is recommended. CPR is vitally important to save a life and must be done correctly, otherwise more harm may be done if handled incorrectly. The first 40 people only will be taken. Please call Pat at 527-2075 for a reservation. This class will be held at our meeting spot, the Fraser Library.

CLUB JERSEYS

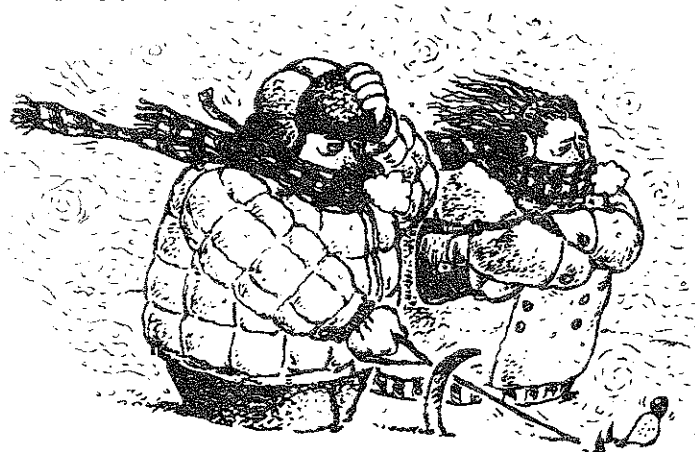
Pavlat's bike store has some club jerseys available for sale. Be sure to get yourself a jersey before bike season starts. Be proud to wear your club colors.

BWR MEETING

There will be a meeting at Rick Moorman's house on Thursday, January 16, at 7:00 p.m. We will be discussing disbursement of BWR funds, and will be presented and voted on at the February meeting. If you have any ideas or would like to voice your opinion in the matter, please attend this meeting. Rick lives at 36595 Eaton Dr. His phone number is 792-0119 if you need directions.

WALLEYBALL

Since the holiday season is behind us now, walleyball will be resuming. On Sat., Jan. 11 and Jan. 25, walleyball will be held at the Clinton Racquet Ball Court on Groesbeck just north of 15 mile. The time will be 6:00 to 7:30 p.m. and the cost is \$4.00. Don't be discouraged if you have never played, we will help everyone learn. Afterwards, join us for a bite to eat and good company at a nearby restaurant.



CROSS-COUNTRY SKIING

Starting Wednesday, Jan 8, and each consecutive Wednesday, there will be X-country skiing at MCC Center Campus off of Hall Rd. and Garfield. We will meet at 6:30 p.m. for some easy skiing. This night is ideal for beginners to get in some practice. The campus entrance is located off of Garfield between 19 mile and Hall Rd. Meet at the western edge of the campus by the

parked school buses, next to the woods and tennis courts.

January 12 - Sunday - Kensington Park

To ski with the club at Kensington, carpool at the Big Boy restaurant on 16 mile and Rochester Rd. at 8:30 a.m. Come earlier if you wish to breakfast together.

January 18 - Saturday - Downhill Skiing at Alpine Valley

Meet at the ground level by the information desk at 6:30 p.m. Ed Gostin will be there to give instruction to beginners. A note to beginners, please wear sturdy leather gloves. Rental

of skis and tow fee will run approximately \$20.00. Call Ed at 739-7553 for more information.

January 19 - Sunday - Stoney Creek

Meet Ray Dominick at 8:30 a.m. at the West Branch park area inside of Stoney Creek Park.

January 19 - Sunday - Pickney

Bob Crowley will lead those skiers who wish to drive to Pickney for some skiing. Meet at the Ram's Horn restaurant on Gratiot just north of 12 mile at 7:00 a.m. for breakfast. Departure after breakfast, will be not later than 8:00 a.m. Maps will be available to Pickney. There are no ski rentals at the Pickney Park, so you must have your own equipment.

January 26 - Sunday - Stoney Creek

Meet once again at the West Branch area at 8:30 a.m. Stoney Creek offers ski rentals but doesn't open until 9:00 a.m.

February 2 - Sunday - Pinery

Have breakfast at McDonalds at 7:15 a.m., located on 23 mile and I-94. Then meet at the park and ride lot, just east of the expressway, on 23 mile ($\frac{1}{2}$ mile away from McDonalds) Departure time from the park and ride will be at 8:00 a.m.

And just a reminder to all, Pavlats bike store offers ski rentals at reasonable prices if you don't own your own equipment. Get there early to be assured of a pair of skis for the weekend.

February's meeting will be on Monday, February 3 at 7:00 p.m. sharp, at the Fraser Public Library located on 14 mile rd. just west of Utica rd.