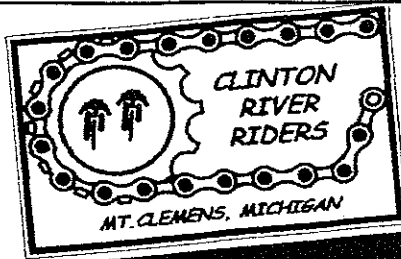


Renew Now! Renew Now!
 If you haven't renewed, this will be your last
 issue. The application is on the last page.
 Send to S. Overway 7270 Wellington
 Washington, MI 48094



January 2000

RAMBLER

Road Hazards

From ADVENTURE CYCLING

Magazine

Following are some of the hazards you may encounter on your commute. **Sand and Gravel;** on pavement, sand and gravel can cause loss of control.

Glass and Debris; they can cause a flat tire and/or loss of control.

Puddles; you never know the depth of a puddle or what is hidden in it.

Sewer Grates; your wheel can get caught in them.

Cracks in the Road; the edge of the pavement and sharp bumps can throw your bicycle out of control.

Railroad Tracks; always cross railroad tracks perpendicular to the rails (straight on). If tracks are poorly maintained, walk your bike across them.

Parked Cars; always stay a car door's

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Mileage Awards

Top Miles-Sandy Overway 10,112 Mi.

1st place-Will Lajack 6296 miles

2nd place-Jan Bernard 6504 miles

2nd place-Don Dalke 5296 miles

3rd place-Jim McKinnie 4555 miles

3rd place-Doris Mulligan 2995 miles

4th place Rick Okerjhelm 4500 miles

4th place Bev Clark 2384 miles

5th place John Tarantino 4402 miles

5th place Ed Gostin 4400 miles

5th place Linda Dahlke 2136 miles

Children's Mileage Awards

Age 11-14

1st place-Andy Mastay (age 11)

200 miles

Under 10 Age Group

1st place Matt Mastay (age 9)

74 miles

2nd place-Breanna Schultz (age 4)

70 miles

New Member/

Rookie of the Year

Bev Clark 2384 miles

Duane Larkin 2206 miles

Steve Roberts 2200 miles

Commuter Miles

Duane Nieman 45 days

Participation Awards

(These are based on points)

Members of the Year

Sandy Overway and Will Lajack

2nd place Jane Bernard

2nd place Bill Baker

3rd place Bill Duemling

3rd place Diane Baker

4th place Doris Mulligan

4th place Jim McKinnie

5th place Art Meerhaege

5th place Sheila Jones

First Century Ever Ridden

Steve Roberts (rode back to back centuries on two days in the MS 150)

Dave Selbach (in the MS 150)

Ride Leaders of the Year

(each led 4 or more rides)

Art Anderson, Bill Baker, Diane Baker,

Jane Bernard, Bruce Carlson, Don

Dahlke, Linda Dahlke, Bill Duemling,

Nancy Duemling, Rich Dyer, Mike

Freeman, Ted Gondert, Gary

Haelewyn, Rick Jones, Dave

Komendera, Gail Komendera, Will La-

jack, Patrick Moorman, Susan Moor-

man, Rick Okerhjelm, Sandy Over-

way, John Tarantino, Bill Windhorst,

Julie Windhorst.

Certificates of Appreciation

BWR Sponsors

Prestige Cycles, Motor City Collision,

Bruegger's Bagels, Boyne USA Re-

(Continued on page 2)

(Continued from page 1)

sorts, St. Clair Inn, Balance Bar, Winter Sausage, Garland Lodge, American Speedy Printing Centers, Alternative Healing Massage Therapy, Motor City Searchlight Rentals, Anchor Bay Bicycle and Fitness, Clif Bar, Gatorade, Purell.



Editor Email (NEW)
martusbach@home.com

CRR Website
www.lmb.org/crr/

LMB Website
www.lmb.org

LAB Website
www.bikeleague.org

M.U.T.S and Midwest Tandem Rally

www.accn.org/kvanden/muts/mtr/

NON-RIDE EVENTS

January 9th is the date that interested CRR members can go to the new museum near Greenfield Village which is called The Spirit Of Ford. It is a highly interactive type of museum along with lots of regular displays. Their web site is <http://www.spiritofford.com>

We will be meeting at the NW corner of the Oakland Mall parking lot which is at 14 Mile & John R. We will car pool from there. Probable time is about 12:30 but please confirm with Bill Windhorst. It may turn out to be earlier. Please call by 1/4/2000 if you are interested. Those who want to go

out to eat afterwards when we get back. We will probably go to the Applebee's restaurant in the mall parking lot.

February 6th will be a trip to the Motown museum down town. It is a guided 45-60 minute tour seeing sites such as Berry Gordy's apartment, the echo chamber they used Studio A and the control room. It is at the original site of Motown Records. Please call Bill Windhorst. ASAP because they can only handle so many at a time in a group.

Group rates are \$5.00 for 20 or more or we may tour with another group. For \$6.00 the tour includes Studio A,

Barry Gordy's apartment, the control room and the echo chamber. Their web site will be found at HITSVILLEUSA.COM when it is complete. It is under construction now.

March 5th will probably be the date for the tour to the new Walter P Chrysler Museum. Information and confirmation will be announced at the January Clinton River Riders meeting or call Bill Windhorst at (810) 939-6073 for more information.

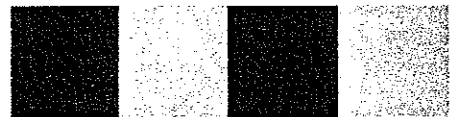
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width away from parallel parked cars. Assume that a car door may open into your path even though you cannot see anyone in the car.

Snow and Slush; it is hard to steer and pedal in excessive snow or slush and requires a great deal of energy. Under these conditions, bicycle transportation is not the best choice.

Ice; ice is sometimes hidden, particularly black ice and ice under new snow. It is hazardous to cyclists as well as motorists. If it is icy, don't ride in traffic, even if you are outfitted with studded snow tires. You may be able to maintain control, but the motorists may not. If you have to ride in icy conditions, reduce your tire pressure and

(Continued on page 4)



Monthly Meetings

1st Monday of the month
Meeting time is 7 PM

Dates

February 7

March 6

April 3

Mt. Clemens Recreation Center, 300 Groesbeck Mt. Clemens, MI (next to ice arena) Call John Tarantino (810) 677-0482 or Will Lajack (810) 758-1144 for more info or club applications. Volunteers needed to bring treats. (Club subsidizes cost)

CLUB RIDES



Call the Hotline for Updates
(810) 819-0222

Recurring Rides

(More details on each ride can be obtained by calling the ride leaders below)

Note: Bring lights and reflective clothing to rides.

Tuesdays or Wednesday

Ride your mountain bike with Gary Haelwyn from the Stony Creek boat launch at 5:30 P.M. Call Gary at (248) 643-5408 (work) or Sandy Overway at (810) 781-8315 for starting times and location. Good lights mandatory.

Thursdays

6 P.M. Ride

Ride with Bill Duemling from Prestige Cycles for 25-35 miles at 15-18 MPH pace. Route will vary. Need head and tail lights. Call Bill at (810) 468-2947.

Saturdays

Grosse Pointe Ride

9 AM meet Jane Bernard at Schultz Funeral Home, 8 1/2 mile and Gratiot for approx. 30-35 mile ride at 14-16 MPH pace. Breakfast (or lunch) after the ride. This ride will continue through the winter, although it will be cancelled on days where pavement is icy or snow-covered.

Ride Events

(Also Check Hotline)

Sunday January 30. Ride to Dryden for breakfast with Ted Gondert. Meet at Romeo High School at 8:30 AM (32 Mile Rd. west of Van Dyke). 30 Miles on mountain bikes, 14-16 MPH or 16-18 MPH. Menu choice is sausage.

Wallyball

Open wallyball at Maple Courts every Friday from 6-8 PM. Cost is \$7.00, which includes towel, locker and key. Maple Courts is on 15 Mile Rd. (Maple) between Livernois and Crooks. Dinner afterwards. For more info, call Ken or Cindy Rosiek (248) 541-0861.

FYI
or

IFY (If you're interested)

Visit the Bicycle Museum of America if you are travelling I75 north of Dayton, Ohio. The museum is located at 7 West Monroe Street, New Bremen, Ohio. Hours: M-F 11-5, Sat. 11-2 (419) 629-9249

CLUB ELECTIONS

Club elections will be held on February 7. Secretary, Darlene Duskey and Ride Director Will Lajack are not standing for re-election. Please consider running for these or other club offices for the year 2000.

Rochester Velodrome

There is a new web page for the Mike Walden Velodrome. The web page is <http://www.lmb.org/wsc/velodrome> This is where the latest information will be able to be found. Thank you letters were sent by the Greater Rochester Group for our club donations. On March 30th a ground clearing will be held and riders are expected by late June or early July.

ADVENTURE CYCLING ASSOCIATION
BIKE BITS

DURING A 15 DAY PERIOD BETWEEN MARCH 17 AND APRIL 2, 1977, M. LOTITO OF EVRET, FRANCE, ATE A BICYCLE. HE WAS ABLE TO ACCOMPLISH THIS FEAT BY REDUCING THE MACHINE TO METAL FILINGS.

Write for free touring information catalog:
Adventure Cycling, Box 8308-NE, Msl., MT 59807

relax, allowing the bicycle to find its way.

High Winds; high winds can blow cyclists off the road or threaten them with blowing objects. Being passed by large trucks becomes more of a hazard because the intermittent blocking of the wind makes it harder to control your bicycle. If caught in a windstorm, it may be necessary to get off your bicycle and find an alternate form of transportation.

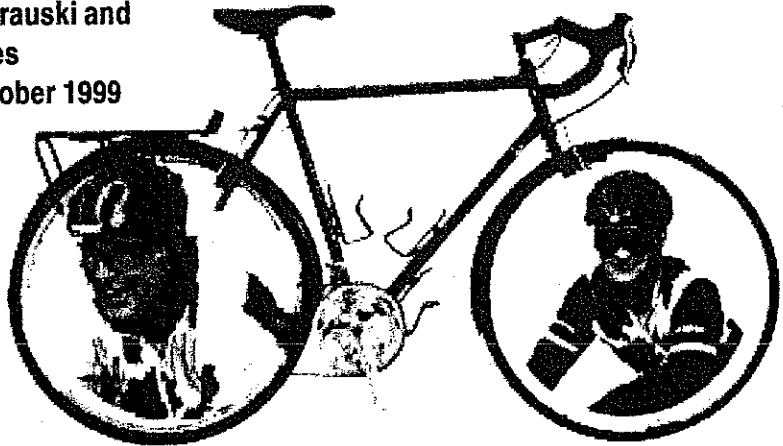
Lightning; cyclists make good lightning rods! DO NOT stand under a tree. Find a ditch or depression to crouch in while remaining on your feet - do not sit or lie down.

Irate Dogs; most dogs can be deterred by eye contact, a commanding tone of voice or a squirt from your water bottle. If those techniques don't work, get off your bike and use it as a shield while you walk away. The best insurance against a canine encounter of the worst kind is to carry dog repellent. Spray repellents are available in canisters, which secure to your bicycle for easy access. Dog repellents also make good people repellents, so carry one for personal protection.

Irate Motorists; when you encounter motorists having a bad day or a bad attitude, be cordial even if they are in error. This can defuse a potentially hostile situation and prevent motorists from finding a reason to run you or the next cyclist down. Under no circumstances is the use of an obscene gesture appropriate or safe. Besides, you don't want to give them the satisfaction of knowing they irritated you!

Adventure Cycling Association P.O. Box 8308, Missoula, MT 59807 (406) 721-1776

**Steve Morauski and
Eric Noyes
BWR October 1999**



Santana Tandem for sale: 1994 Santana Visa, Med. Frame, seafoam green w/ white trim. Shimano XT components, Syntec mustache front bar w/ bar end shifting, Sun Chinoak rims w/ Wheelsmith spokes & Continental tires, Rear V brake, Dual Avocet computers, four bottle cages, Blackburn rear rack, Leather gel front seat, Tailbones gel rear seat, Zefal HPX pump, Stoker handlebar mirror. Asking \$1800. Call Doug McDermid (248) 593-9113

Trek 400 Road Bike, red 19" steel frame, very good condition. \$150.00 Call Jay at (248) 360-4792

Trek 850 Mountain Bike, gray 18 steel frame, very good condition, \$150.00 Call Doug or Laurie at (810) 939-4670



Vision VR42 Recumbent (1997 Model). Above seat steering. Very low miles, like new. \$1600.00

Night Rider Classic 12/20/32 watt dual beam system. New in box. \$155.00

Terry Men's Liberator Saddle. Just two rides. \$25.00

Wanted!!! Cinelli Volare SLX Saddle. (Came on bikes in the mid '80's with Nuovo Record and Superbe Pro Class components.)

For above call Bruce Carlson (810) 254-9322 or email bicarlson@juno.com

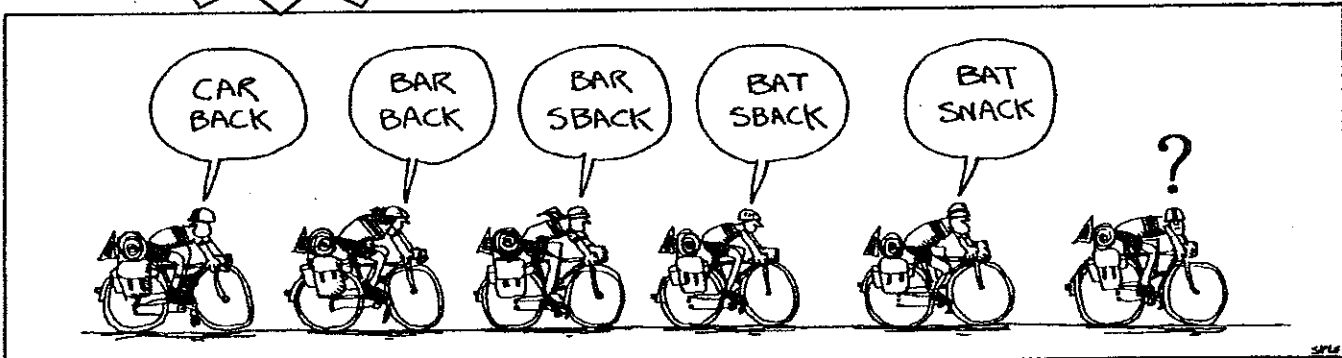
Stupid Comments

Why do they put Braille dots on the keypad of the drive-up ATM?

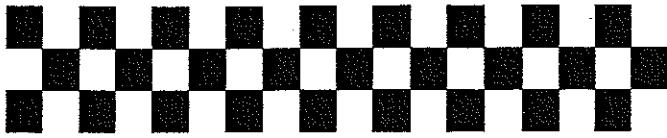
I considered atheism but there weren't enough holidays.

Real men don't use straws.

Don't eat chili fast. Todd Siedell on "How to be happy..."



-ADVENTURE CYCLING



The Pres 'sez...

Election time is just around the corner. In January & February, you can be nominated to be on the Executive Board. At the February meeting we will vote. Presently I know that we need both a Ride Director & Secretary.

The Awards Banquet was a complete success. I want to thank Darlene and everyone involved with organizing this event.

Just a quick update on the Macomb Orchard Trail.....the Macomb County Board of Commissioners passed a resolution for the idea of the trail. This is a very important step in making this trail a reality. We are always looking for volunteers & new members.

Thank you, **John Tarantino**, President

Correction

Antoon Huyghe. Owner of Antoon's bike shop, had two other medals in addition to those listed last month. He won silvers in the 20 K and 40K. (I hope that I have this correct this month!)

**Four Time
National Champion!**



Doris Travani

Mulligan was honored at the 1999 CRR Christmas banquet for her lifetime achievement of being the only woman to have won four consecutive National Championships in cycling. She won championships in 1948, 1949, 1950 and 1951. Our Clinton River Riders Club presented Doris with her National Championship jersey, matted and framed with pictures of Doris and her brother who was also a bicycle racer.

My dear cycling friends:

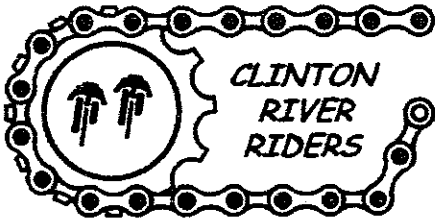
As you well know I was given a commemorative presentation at our '99 Christmas Banquet that took me back 50 years to my early cycling competitive days. Still stunned and not back down to earth, yet the New Year began in a similar manner. A letter from the Community Foundation of the greater Rochester Velodrome fund stated that a donation had been made in my honor from the Clinton River Riders Club. The inscription reads:

"FROM THE BICYCLING FRIENDS OF DORIS TRAVANI MULLIGAN"

I'm overwhelmed and humbled by this honor. It seems the more involvement I have in this club--the more pay-back. My friends, you've all out-stretched yourselves. This is like a dream and I'm still not fully awake. A simple "Thank You" cannot do justice to all your kindness.

The magic never ends,
Doris Mulligan





36558 Moravian
Clinton Twp MI 48035

APPLICATION FORM
CLINTON RIVER RIDERS BICYCLE CLUB

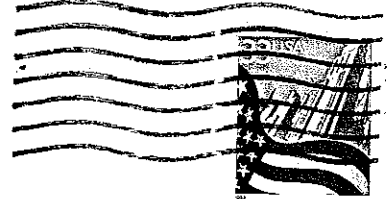
_____ \$12.50 Individual (over 18)
_____ \$15.00 Family

Name _____
Address _____
City _____
State _____ Zip _____
Home Phone (____) _____
email address _____

Family Names _____ Birthdate _____
Name _____

New Member
 Renewal

Please make check payable to:
Clinton River Riders
36558 Moravian
Clinton Twp., MI 48035



TIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISK"); (b) these risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at the time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.

3. HEARBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAW, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATION.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature _____ Date _____
Signature _____ Date _____
Signature _____ Date _____
(All riding members must sign)

LEAGUE OF AMERICAN WHEELMAN ("LAW")
RELEASE AND WAIVER OF LIABILITY,
ASSUMPTION OF RISK,
AND INDEMNITY AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in The Clinton River Riders Bicycle Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING AC-

Gary Haelewyn
Jan Haelewyn
41706 Merrimac
Clinton Twp MI 48038